

YOGA SUTRAS OF PATANJALI



"COMPLETE INSTRUCTIONS ON
ENLIGHTENMENT" - THE
ENERGY ENHANCEMENT WAY BY-
SATCHIDANAND

DEDICATION

With all Thanks, Love and Gratitude to Swami Devi Dhyani and all the helpers like Franco Masellis who make these books and DVDs possible.

With all Thanks, Love and Gratitude to my Mother and Father and to all my other Teachers, Theos Bernard, Sri Yogendra, Eric Berne, Gurdjieff, Father Bede Griffiths, Osho, Zen Master Hogen, Swami Sivananda, Swami Satchitananda, and all the other giants upon whose shoulders I stand - who made me able to be what... I AM – Swami Satchidanand

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Swami Satchidanand**

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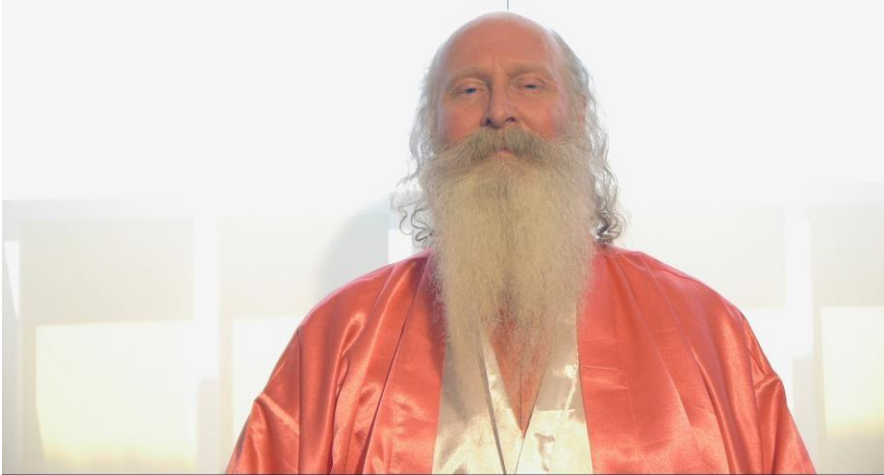


SATCHIDANAND, STUDENT OF SWAMI SATCHIDANANDA, IS ONE OF THE GREATEST KUNDALINI YOGIS IN THE WEST.

LINEAGE IS ONE OF THE GREATEST ASSETS OF SPIRITUAL TEACHERS. ANYONE CAN CREATE A COURSE WHICH

DOES NOT WORK. ENERGY ENHANCEMENT IS BASED ON A 5000 YEAR OLD SPIRITUAL TECHNOLOGY STARTING WITH TAMIL SIDDAR BHOGAR, THROUGH BABAJI IN THE HIMALAYAS AND PATANJALI IN SOUTH INDIA.

ENERGY ENHANCEMENT WORKS!!



"Energy is Inexhaustable. Like a fire it is passed from Master to Disciple. It jumps the Gap, the Abyss. It Energises all."

- Swami Satchidanand

About Swami Satchidanand

To many people across the globe, the name Swami Satchidanand is synonymous with Meditation. He is a legendary figure in the world of Personal Development. His insights, inspiration, ideas, systems, and strategies are the techniques on which countless lives have spun — the sparks that have ignited career transformations, personal epiphanies, inner awakenings, and the creation of Happiness and Enlightenment the world over.

Swami Satchidanand is the heir to the legacy of Gurdjieff, Sri Yogendra, Theos Bernard and Patanjali

Upon discovering Yoga at the age of 14, Swami Satchidanand's life changed in an instant, leading him on his own quest for the fulfillment of Enlightenment - "Seek ye first the Kingdom of God - then all else will be added unto ye!!" That quest led him to Zen Master Hogen and Swami Satchidananda who soon became

Swami Satchidanand's colleagues and mentors. With visits to Osho, Sri Yogendra, Sri Sathya Sai Baba and renegade Benedictine Monk Father Bede Griffiths, today, Swami Satchidanand continues to build upon and spread the remarkable teachings of these giants.

As a speaker, author, consultant, coach, and mentor, Swami Satchidanand works with individuals around the world, instilling within them not only the Ancient, Time Tested, Effective, Spiritual Techniques which every Enlightened Master for 10,000 years has used to become Enlightened but also the Secrets removed from popular ephemeral double plus good modern confections of - Courses which Do Not Work - to create not only the spiritual soul mental foundations of success and the motivation to achieve, but also the actionable strategies that will empower them to grow, improve, and thrive in today's ever-changing world.

Through the Energy Enhancement Foundation, Swami Satchidanand, Swami Devi Dhyani and their team create the Video and Live Buddhafield to burn away limiting Energy Blockages and teach the Ancient techniques, principles, strategies and fundamentals that help people and organizations create the soul results they want in life.

Satchidanand has been learning and teaching Yoga and Enlightenment for 50 years.

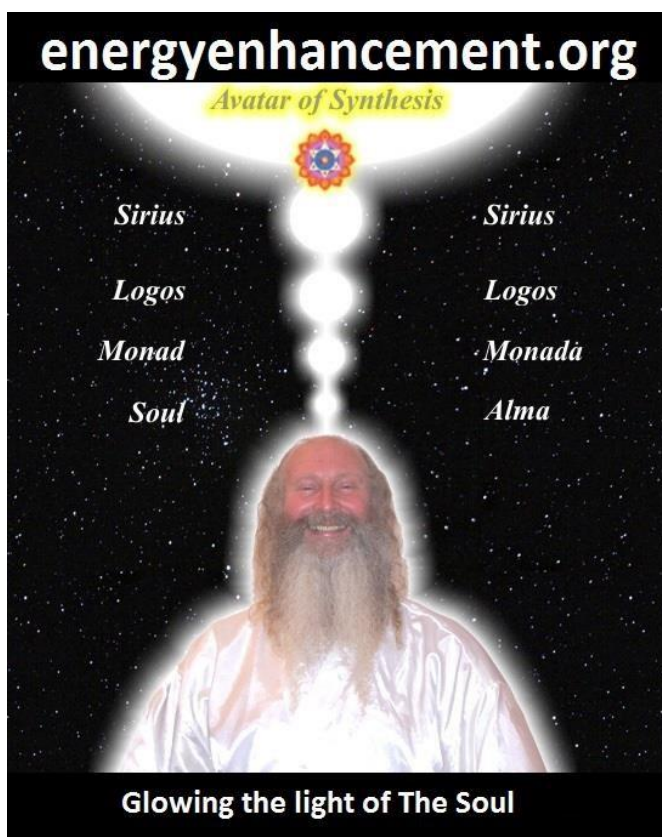
His teachers were Yogiraj Swami Satchidananda and Zen Master Hogen Daido Yamahata encompassing Yoga, Meditation and Zen whose lineages go back to Patanjali and Tamil Siddhar Bhogar the best and most Enlightened Masters of all time.

He has taught Directors of Fortune 500 Companies, McKinsey Graduates, and Movie Stars.

Now, he can teach you not only the most advanced secret Kundalini Key techniques found on no other Meditation Courses which make Enlightenment inevitable, but also those techniques to remove All Energy Blockages, which work fast, which work implacably, taught on no other course which can speed up the Enlightenment process - FAST!!

Become Enlightened Now!!

With Satchidanand.



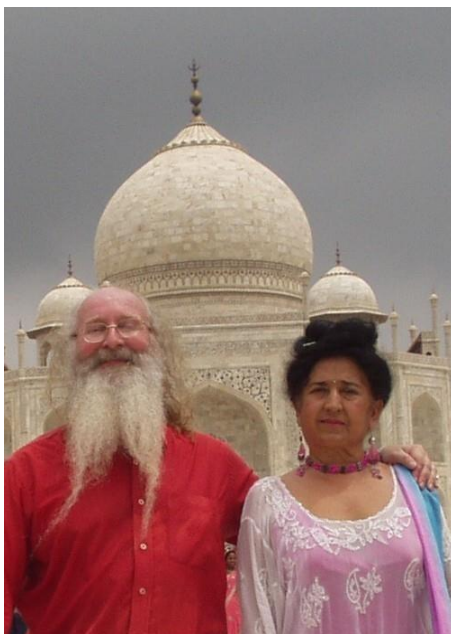
Siva Samhitā, iii, 10-19: "Now I shall tell you how easily to attain success in Yoga, by knowing which the Yogis never fail in the practice of Yoga. Only the knowledge imparted by a Competent Teacher through his lips is powerful and

useful; otherwise it becomes fruitless, weak and very painful.

SATCHIDANAND IS A SERIOUS STUDENT OF ENLIGHTENMENT HAVING BEEN TAUGHT BY ZEN MASTER HOGEN OF JAPAN AND SWAMI SATCHIDANANDA OF VIRGINIA - YOGIRAJ AND STUDENT OF SWAMI SIVANANDA OF RISHIKESH. STUDENT OF SRI YOGENDRA, THEOS BERNARD, OSHO, SATHYA SAI BABA, FATHER BEDE GRIFFITHS, - NOW UNFORTUNATELY ALMOST ALL GONE!!

SATCHIDANAND REMAINS!!

ENERGY ENHANCEMENT KUNDALINI KRIYAS.. IN INDIA 2010





All the students experienced Psychic Vision as they Powered Up their Energy Bodies through connection with the chakras in the Center of the Earth and in the Center of the Universe. All of them saw their psychic bodies and the Energy Blockages which inhabited them. Every student had the experience of removing said Energy Blockages - removing and discharging their Negative Karmic Mass and integrating the purified remains with the Soul Chakra, coating the Higher Being Bodies and creating the Body Kesdjian.

Older Students had the experience of working with the Life Sabotaging Slave Ego Blockages. All students reading this missive are the Outpatients. Those who come are the Inpatients for the Operation of the Egoectomy!!

As we characterise our Life Sabotaging Sub-Personalities of the Ego - ever wonder why you are so poor in this lifetime? - It is that vast Mass of Energy Blockages which

comprise the Selfish Competitive Ego - so we can ground even the deepest blockage, purify our Egoistic Self Destructors who rule our madness from Lifetime to Lifetime, create the Vajra Diamond Body (EE LEVEL 5) which alone can legitimately survive the Death process - become immortal, as an Ascended Master..



THE SOCIETY PROPPED UP EGO EGG SHELL - LIKE THE COCONUT - IS BROKEN. YET LITTLE MAN TURNS HIS BACK ON THE LIGHT OF THE SOUL WHICH SHINES FORTH FROM THE ENLIGHTENED!! - SATCHIDANAND INTERPRETS SALVADOR DALI

ESTABLISHED

Established in the connection with God is Enlightenment. Each Incarnation is Unique and dependant on the Quality and Quantity of the connection. Of the size and function of the Spiritual Body and the components of the Spiritual Body of the Enlightened Person. Established in the soul, sanskrit-Stithyapragnyam.



SATCHIDANAND

THE TEACHERS OF SATCHIDANAND

Energy Enhancement has been able to teach most people to remove their own energy blockages with the backup of Energy Enhancement teachers, Satchidanand and Devi Dhyani who were taught by Zen Master Hogen, who has a Zen Temple on the slopes of Mount Fuji in Japan, and also in Australia, and Swami Satchidananda, a student of Swami Sivananda of Rishikesh, and who attained his Mahasamadhi at the age of 89 in 2002.

SATSANG ON THE BEATITUDES by SWAMI
SATCHIDANANDA - TAPAS, ONE OF THE YAMAS OF THE
YOGA SUTRAS OF PATANJALI, IS THE ACCEPTANCE OF
SUFFERING - REMOVING OTHER PEOPLES BLOCKAGES - IN
ORDER TO EVOLVE, IN ORDER TO HELP ANOTHER
PERSON, IN ORDER TO HELP THE WORLD



Previously only Hindu Gurus and Zen Masters had the ability to remove energy blockages by means of their psychic powers gained through a lifetime of meditation and other miracles. People who have known Roshi Hogen and

Swami Satchidananda know that through them, enlightenment exists and is living today, as in all the ages of this planet when virtue is in abeyance.

Hogen's Haiku, "Can you feel my breeze blowing, Even from 10,000 miles." Yes, we felt his energy even at the other ends of the earth. The secret of Zen and the Guru is that they remove the blockages of the student, but only when the student is ready, when the student has learnt how to ask. How to be a good student.

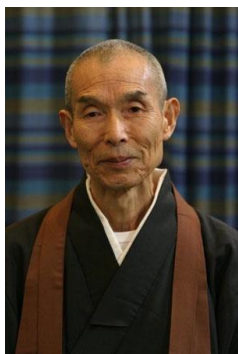
That is why all the enlightened including Swami Satchidananda, Tange Harada Roshi, Yasutani Roshi and Zen Master Hogen have been so successful in producing their HIGHLY EVOLVED and enlightened students.

Although Satchidananda and Devi Dhyani will teach you Energy Enhancement techniques Online, by Video and on Retreat to remove your own blockages, if the blockage is too tough and too deep for you, the Buddhafield of Energy Enhancement and Satchidananda

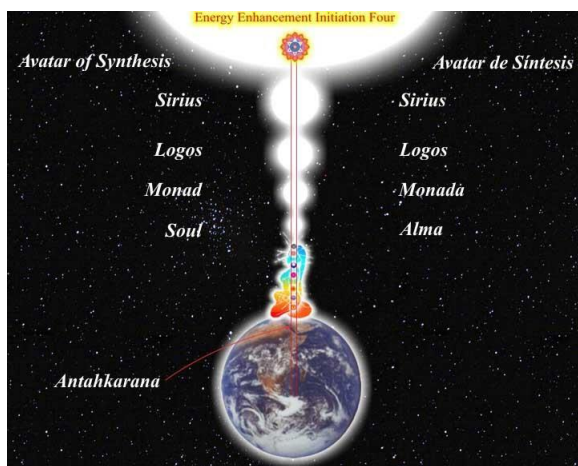
and Devi Dhyani, is waiting to help you on the Costa Brava in Spain, Argentina, Iguazu Falls, and India.

"Each of these blockages is a potential time bomb in that toxins are deposited in these blockages. Eventually the organ in which the blockage resides fails producing sometimes cancer and heart disease. So understand that even from a simple physical point of view, how necessary it is to learn and practice Energy Enhancement Techniques" JULIA HERRERA - RADIO PERSONALITY 2003

SATCHIDANAND, ZEN MASTER ROSHI HOGEN AND HINDU GURU SWAMI SATCHIDANANDA



As my Master Roshi Hogen says THE ANTAKARANA - "The spring at the top of the Mountain." - Which stretches from the Kundalini Chakra in the Center of the Earth through our bodies with all of its seven chakras out towards the Center of the Universe, the chakras of the Soul, the Monad, the Logos, Sirius, through an infinity of chakras towards God.



Illness is caused by a lack of energy. We can only heal ourselves when we learn to fill ourselves with energy by these methods.

SATCHIDANAND - When I was 6 years old I had the experience of seeing one of my past lives in dream. I saw my own death as a soldier in lines of soldiers wearing red and blue. I knew that this was a genuine experience because it was so profound. When I woke up I had the feeling that my mind was twice the size. That it had expanded in some way that I had never experienced before. I did not talk to anyone about this experience.

"Keep it secret. Keep it safe!!"

When I was fourteen I had another experience in dream. I saw my own death. I saw the process of my own life as a very boring experience without meaning and purpose. Getting my "O" Levels and "A" Level examinations. Going to University and getting my Degree. getting married and getting 2.4 happy children. Meaningless happy work and then on my 85th birthday going to hospital with tubes coming out of me and seeing my blood drain away out of these holes and then feeling my own death.

I was feeling my death profoundly for 3 days after the experience and I had the feeling that it was time to Speed Up!!

I began the process of Hatha Yoga from books. I was persuaded by an article by Sir Alec Rose I saw in a Sunday Newspaper.

The same experience happened when I was Twenty-One years old and the profound feeling of seeing my own Death again and again the feeling that I needed to

Speed Up!! I had the knowledge that year that, "I was the Captain of my Ship" and I began the very real dialogue with my Soul.

I began the Process of Pranayama when I was 21 and took to reading Gurdjieff, Robert S de Ropp, Theos Bernard and Eric Berne.

When I was Twenty Eight I decided it was time to meditate and after One Year of meditating every day by myself and becoming a Yoga teacher and Aikido Student I encountered my Zen Master.

I was very happy with Zen Master Hogen. Every Day as soon as I got out of bed, for many years, I would meditate. But strangely I found more and more that I was getting thrown out of bed every morning by him so I could meditate. And he was connected to me, "Can you feel my breeze blowing? Even from Ten Thousand Miles!" I had the vision several times of him polishing my base chakra whilst I was sitting in meditation.

Because "Through Luck" "And to be Spiritual, you have to be lucky" I was using Energy Enhancement Grounding and connection with the chakras above the head in my Zazen meditation - something I never mentioned to anyone, even to Hogen, "Keep it secret. Keep it safe!!" - I progressed very rapidly in meditation.

In my first Sessein where we meditated 6 hours a day for a week, I was in pain but still did not require much sleep on the course. On my second sessein I managed to exist in a state of Samadhi in the chakras above the head. The only way to stop the pain is to exist in the "Highest Heart" Prajna Paramita, out of the body - "All sages and saints for thousands of years live in Prajna Paramita" - Gautama Buddha from the Heart Sutra Translation

Hogen took one look and said to my friend and yoga teacher, Granville Cousins, "Look how much he has grown!"

I went to a Greek Island with Hogen back around 1987 where he was giving a course with Yoga Teachers Angela Farmer and Victor Van Kooten. I was there with Hogen because I was to act as his general factotum and helper so we stayed in the same house for a couple of weeks. I cooked the food, washed the dishes and one day was asked to cut his hair with shears. To partake of his crown chakra energy. Thank you Zen Master Hogen!!

During that time one night when I slept I had a very vivid dream and I dreamt that I was lying on a slab of stone dressed as an ancient king in armour and with a sword - an image very much like but predating by several years the image of the dead Aragorn in the Lord of the Rings Movie.





Hogen came towards me in his robes and he bent over me slowly from the waist and brought his mouth to my right eye and sucked it out from my eye socket! He slowly returned to vertical with my eye in his mouth, took it out with his fingers and then polished it up, put the eye back in his mouth, bent over me again and then blew back my eye, back in my eye socket again with his mouth!

Swami Satchitananda said that, "Yoga is the creation of Psychic Vision" He also said that Hogen and I are like a train. Hogen is the engine pushing from the back and Satchidananda is the engine pulling from the front. From this I gathered that HOGEN WAS LOOKING AFTER MY BASE CHAKRA AND SATCHIDANANDA WAS LOOKING AFTER MY CROWN CHAKRA AND ALL THE CHAKRAS ABOVE THE CROWN CHAKRA.

The next day Hogen had done something really stupid. He had put some olbas oil, a strong oil containing oil of wintergreen, on his finger and by accident put it into his right eye and was in pain. The students rushed to help him wash out the oil but I have pictures of Hogen wearing a piratical black eyepatch, "eye, eye, me hearties!" for a week afterwards.

I came to understand later that Hogen had indeed cleared up my psychic vision through many experiences I received later.

"Yoga is the increase in psychic vision" Swami Satchidananda

Indeed, every true student will have similar experiences of when the Spiritual Master took on some of their Karma, with great effort and pain sometimes, in order to help their evolution.

Its what Masters have been created to do. And without my dream knowledge, like all the other students, I would have thought Hogen had done something stupid too. We can not know what they are really doing.

Enlightened Masters work in mysterious ways.

Taking "The Path of Blame" they even do stupid things to test out the hearts of their students.

The Initiation of Illumination is something precious, only to be given away to the worthy. The student must know that, "They have to be there before they can stay there" thus many students are "Blown Out" before they can do any harm.

And then, after many years of work, zazen, meditation, with Zen master Hogen I meditated on the Koan of Ramana Maharshi, "Who am I" They call the Koan, "The Vichara" based upon the work of Ramana Maharshi which occurred when he became Enlightened.

At the age of sixteen, Ramana Maharshi was full of the Bhakti, the love of God, after visiting the statues of the 63 Nayanar Saints of Tamil Nadu at the Meenakshi

Temple Madurai who all achieved Enlightenment upon their deaths invariably because they kept a promise at the cost of their lives. He decided to lie on the floor and see what death was like. Such was his determination to see his own death, when he returned from his experience he was Enlightened.

The best way he could describe his experience was the Vichara - using, "Who Am I" as a mantra in meditation, which when followed gives you the experience of your Soul or Enlightenment.

Later in life Ramana said that to become Enlightened you need to have the help of an Enlightened Master. And indeed Ramana Maharshi was a genuine Master. All of his real students had the experience of seeing him on the astral plane helping; removing their blockages, energising their causal bodies causing them to weep.

But when he was asked, "Who was your Master" he had no reply but hinted that an Ascended Master had taken an interest in his Enlightenment.

Ekhard Tolle essentially had the same experience after much misery and the feeling of wanting to die he woke up enlightened one day and since has tried to describe to others how he did it through a description of the "Normal" Mind and its associated "Pain Body"

The Pain Body essentially is the Selfish Competitive Ego made up of a mass of Selfish Desire Blockages which are coated with the Pain of Trauma Formed Negative Karmic Mass.

The Technique of the Energy Enhancement Seven Step Process is the only Enlightenment process outside of Scientology which can dissolve Energy Blockages. Without it Buddhism, Hinduism, Ramana Maharshism,

Ekhard Tollism, Sri Niscardattaism, any other Enlightenment process depends on the Master to remove the energy blockages.

In Energy Enhancement, we help but we give full instructions to our students on how to Eliminate the Energy Blockages of the Angry, Painful, Selfish, Competitive, Fearful, Desire filled Ego and all of our students report on their personal success in eliminating their own Energy Blockages by themselves.

IN THIS WAY, WITH ENERGY ENHANCEMENT, NEW MASTERS ARE VERY EASILY FORMED

When does the Teacher become the student? When does true integration become the realization?

I asked Zen Master Hogen differently.

I asked, "How do you know when you are enlightened, self realised?"

He answered, "When the time is ready you will know"

"The Master always has to know.

Otherwise he is not Master"

The rate of evolution of humanity needs to increase. The old ways of the Master doing all the work of removing the energy blockages of the ego are now too slow. The recommendation is for students to serve their Masters for at least 12 years. Many have been there for 20 years with no appreciable movement forwards. The new technique of The Energy Enhancement Seven Step process can now augment the processes of every Enlightened master and thus Speed Up the process of Enlightenment Worldwide.

NOW IS THE OPPORTUNITY FOR FULFILLMENT AND NEW BEGINNINGS FOR THE WHOLE WORLD"

ENERGY ENHANCEMENT IS A NEW REVELATION OF GOD TO HUMANITY

When I meditated on the Ramana Maharshi - Whose Ashram I have visited and meditated in many times - Vichara, "Who Am I" Immediately I had the enlightenment experience of travelling along the Antahkarana out of the body to a place where was all my past lives hanging in space thousands of them in a neat matrix. I decided to enter into one of them and saw that past life gaining much experience. I knew I could spend more time there investigating my past lives and my mad personalities, because not enlightened, in charge of those lives, but I knew that essentially apart from having enlightenment, it was useless.

I then decided to go higher. There too I gained much experience from meeting Ascended Masters.

"Drop Body, Drop Mind" - Zen Master Dogen after his Illumination Experience

When I went to Zen Master Hogen in Dokusan with this experience, after I told him about the past lives he said, "We can explore this area of the Astral Plane for 10,000 years and get nowhere!"

Then I told him about going higher along the Antahkarana and meeting the Ascended Masters and he smiled! And in another space with my psychic vision I saw his aura expanding, gold, and enfolding me in the energy of his love...

After this I was allowed to find another Master... Swami Satchidananda!!

SATCHIDANAND - ENERGY ENHANCEMENT TALES OF ENLIGHTENMENT



SAMADHI WITH WHITE LIGHT AND THE INTENSITY OF THE MUSIC AND THE KUNDALINI ENERGY

I remember back in India whilst I was living in Madras in 1989, after that time when I was meditating three hours every day and getting all the insights into Energy Enhancement meditation from experiences in my meditation from the ascended masters and then later finding the same techniques in all the ancient myths and religions.

It was after Swami Satchidananda came to me in my meditation and stayed there in white light for an hour and he did this for three days on the trot. And then this friend came in with a leaflet and said, "Hey, you know Swami Satchidananda don't you?" And there was Swami

Satchidananda on the leaflet giving a feast and Dance to all the people in Madras, three days earlier.

And on the leaflet was no address, just the Name of a Dr N Mahalingam who was funding all this. So I went to the Telephone directory, but there were five pages of Mahalingams. India, one thousand million people and you want to find Dr N Mahalingam? So I turned to the guy who loaned me the Telephone Directory and he said, " I know Dr N Mahalingam, he is my best friend!" And he gave me the telephone number in Madras!!

So I telephoned the number and the answer in very high tones, perfect english accent, "This is the residence of Dr N Mahalingam, can I help you?" Apparently Dr N Mahalingam, as well as being a director of the Theosophical Society in Madras was also a sugar magnate and a billionaire. So they gave us his address and telephone no. in Coimbatore and that's how we got to see Swami Satchidananda in India. And we stayed with Swami Satchidananda for a month and went to Bombay with him as he flew out.

Well in Coimbatore we got the invite to the Ashram of a brother yogi to Swami Satchidananda, one who had been with Swami Satchidananda's guru - Swami Sivananda of Rishikesh. And this Guru was known as a music guru, also named Swami Shivananda. We went on the occasion of a Karnatic Music Concert with very good musicians. L Shankar who plays with John McLaughlin in the Group Shakti and is one of the greatest violin players in the world comes from that tradition of Karnatic Music of South India and the tradition of the music of Saint Thyagaraja who spiritualised India with his sequence of the Pancharatna Kritis, two hundred years earlier.

In the middle of the city of Coimbatore we enter into a restaurant where students of the Guru are preparing Indian Delicacies and up to the music Hall on the top floor and we sit on the floor, no seats, in the lotus posture at the feet of the music guru, Swami Sivananda - the same name as his guru! - who is sitting in a very nice chair.

The music starts and after an hour the rest of the people are moving and a little uncomfortable. But Devi and I are sitting firm, and music, very intense and beautiful Classical Indian Carnatic Music with a great lady violinist and our spines are going crack, crack, crack! with the intensity of the kundalini energy coming from the music guru. "When the energy is flowing correctly, there is no movement" - Saadi of Shiraz. And we shift into Samadhi with white light and the intensity of the music and the kundalini energy.

All great art, art which has been touched by God, whether it is Music, Movies, or Paintings have the ability to evoke Kundalini Energy through energy. And when this energy is being evoked in the presence of a Guru, the energy is intensified as the Guru adds his energy to the occasion.

Which brings me to the point..

Last night we decided to play the movie, "The Green Mile" by Frank Darabont starring the Forrest Gump actor, Tom Hanks, for our students. Firstly because its a great movie with many spiritual teachings. But secondly because this is a movie which has been touched by God.

And as the movie was playing my body spontaneously went into Pranayama as I focused and concentrated the energy. My antahkarana opened and I was conscious of channeling the energy of the soul. Everything seems so

much more intense and meaningful when this happens and it happens a lot to me. It seems that life only has meaning and significance when this energy is being channeled. Thus, when it happens I know I am on a path with heart, my Soul Path, The path of my Dharma. More, at certain points in the movie my abdomen contracted and I was able to feel the ball of white light which was fulminating there and then I released it from the appropriate chakra sometimes with waves of tears. I knew what I was doing because it always happens. Spontaneously, with no will on my part, I become a channel for the energy of the movie.

At the end I asked some participants what they had felt.

One said that it had been a too intense experience for him to talk about it.

A few days later he said he felt a fat pipe of the antahkarana wider than normal as the Kundalini energy flowed and shock of kundalini energy which made him burst into tears. The meaning of the movie had penetrated deep within him and he was aware of the experience.

Another said she had seen the movie previously but had taken it as a fantasy and had not connected to it. During our performance she had been in the movie every step of the way and had realised its essential truth.

Sometimes its difficult to put into words our intense feeling but everyone recognised the nature of the experience and everyone responded to the energy.

Only if you have been prepared to receive the energy by past life training or the removal of energy blockages on the Energy Enhancement Course can the energy be received correctly.

All the symptoms of energy blockages come up in an intense buddhafield for those who have many energy blockages and these symptoms are normally called the symptoms of Kundalini Energy. Pain, Heat, Cold, Moving, Sleep, Awe, Fear, Anger, and more.. We get these with everyone at the start of every course.

Thus the work of the critics who cannot feel the energy of Star wars or the Lord of the Rings Movies - they sleep normally and call it boring, childish, they do not know..

Yet here on the Energy Enhancement Course we are removing the blockages of pain, of movement, of fear of Anger. Preparing people to receive the vast energies of existence, of Kundalini, of Illumination, Of Enlightenment...

"Get your asses over here Now and Speed Up your process of Enlightenment on the Energy Enhancement one month course!!" - Donal Minihane

SATCHIDANAND

Kundalini Energy and Satchidanand

SATCHIDANAND, STUDENT OF SWAMI SATCHIDANANDA, IS ONE OF THE GREATEST KUNDALINI YOGIS IN THE WEST

Siva Samhitā, iii, 10-19: "Now I shall tell you how easily to attain success in Yoga, by knowing which the Yogis never fail in the practice of Yoga. Only the knowledge imparted by a Competent Teacher through his lips is powerful and useful; otherwise it becomes fruitless, weak and



very painful" And this is why - by coming into the Buddhafield of Energy surrounding Energy Enhancement Satchidanand and from the Videos - obtained through many years of meditation with many enlightened masters, you obtain Shaktipat- an infusion of energy to help you get into a permanent state of meditation and the removal of Energy Blockages to help in your search for Illumination.

"To the sinful and vicious I appear to be evil. But to the good, beneficent am I" Mirza Khan, Ansari, Sufi.

"We Meditate in Pieces to make One Piece" (Peace) Satchidanand

"Meditation is a Fast for the Mind", Satchidanand

Satchidanand, Director of Energy Enhancement Synthesis of Light, is one of the Worlds leading teachers of Meditation. Student of Zen Master, Roshi, Hogen Daido Yamahata and Swami Satchidananda of Integral Yoga and student of Sivananda of Rishikesh who named him, "Yogiraj".

With 37 years experience in Yoga he has catapulted people years ahead in their meditational experience in weeks. Some 5 years, some jump 10 times further!

"Jay has gone back to findhorn in Scotland to see if he can fit in somewhere and get some work so I have myself to myself and I'm looking forward to the winter this year for some reason. Strange that, must be my age. Ha ha ha

He just messaged me saying, unfortunately I won't be meeting anyone like you up here Donji.

It was very interesting for me to view the damage first hand, that a short and furious life of drug taking and selling said shit does to ones soul energy. It retreats deep inside and hides away from it all. So many damaged souls indeed.

Taking your advice and seven stepping him myself was a huge learning for me. He could sit without me for two hours and more without any discomfort. I sit with him and seven step him and he is out of the room within the hour because his body is in such pain. He can't stand the pain and gets up and leaves the room. I even tried to see if I could fall down and did not sit for over a week then asked him to sit again with me.

Even though he had been sitting all week for hours at a time, once I sat with him and seven stepped him, his body went quickly into pain and he would get up and leave the room in just fifty minutes. Deep pain inside him.

Very little pain in me at all I'm pleased to say except in that left hip a bit still. That gave me huge trouble when I was with you years ago." - Donji

I was thinking on the Nature of the Buddhafield, the transmission of the Light, the 7step process on pressuring energy blockages to leave, burning energy blockages up.

Of course, as you remove energy blockages, so you begin to vertically channel from the chakras above the head more and higher vibrations of energy. This creates the buddhafield as the horizontal bar of the cross.

The last 5% of energy blockages, deep dense energy blockages encrusted with negative karmic mass take time to be grounded and removed. As we remove the blockages by ourselves, using the Energy Enhancement seven step process, we build up the energy density and intensity around the blockages, so they get hot and painful.

My dialogues with Hogen were when I asked him why, after an hour of sitting, for the last five minutes before he called time, that was the time of pain, of wanting to move from the lotus, of squirming.

He answered, "Oh, that is when I exert my power!!"

I asked him if I could test myself by sitting alone with him for a while and he agreed.

After 30 minutes of torture I moved, he stood up and walked out.

So, I knew I had to improve.

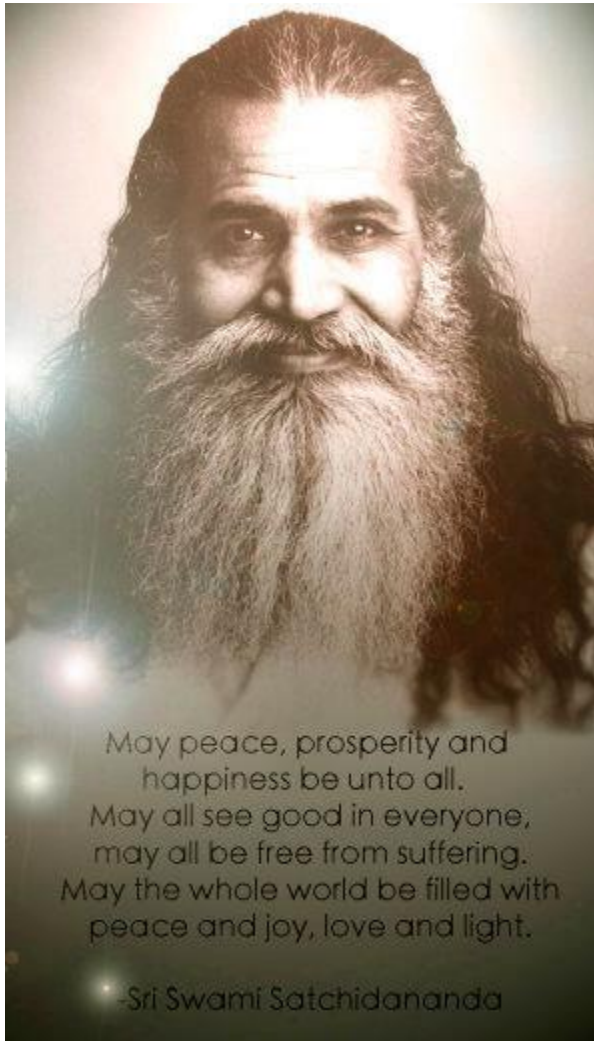
Same with Satchidananda, he was walking down a line of people answering questions and one person away from me I felt this ache in my heart.

I went back to my room and burst into tears for 30 minutes.

Later, 50 ft away from me he cocked a pretend gun and shot me. Again I burst into floods of tears - Opening my Heart!!

SATCHIDANAND MEETS SWAMI

SATCHIDANANDA FOR THE FIRST TIME



So when a friend asked me if I wanted to go to London to meet Swami Satchidananda I was hesitant. But they persuaded me to go. So there I was in this big hall containing 4000 yoga teachers of the British Wheel of Yoga - Swami Satchidananda was the Honourary President of this organisation. Arriving late and there was no space for me to sit. So I went and sat on the

floor in meditation posture at the front, just in front of him. And I was not impressed really by what he was talking about because I was arrogant.

The first time I met Swami Satchidananda was in London at a meeting of the British Wheel of Yoga of which he was the honorary President. He was talking to thousands of Yoga Teachers - I was late so I walked up and sat on the floor as there were no chairs. Satchidananda said it was time for a little meditation at the end of one of his talks about yoga, "They asked me to talk, but surely they can allow me to give a meditation too?"

Whoom!! he took me a hundred meters up my antahkarana in meditation. Looking down I saw myself sitting below and then he made me look up to see him, Satchidananda, above me beckoning with his hands, "Come on up!!" he said.

Anybody who can do that can't be all bad!!

Later in his ashram where Devi and I stayed for 3 months, every day in meditation I went up the antahkarana and to the right into a temple where a Master, "He is like Jesus Christ" was the reply when I asked, was slowly, like slow motion video, was walking right to left in front of me behind a sacred fire. He turned to look at me and a beam of light came from his eyes into mine and went down into the center of the earth. I suppose all that took three hours over many days because when I stopped for the day, the meditation picked up from where I had left it the next day..

Over the last few months we have emailed and when you asked questions I gave good replies.. 7step Jay. Teach

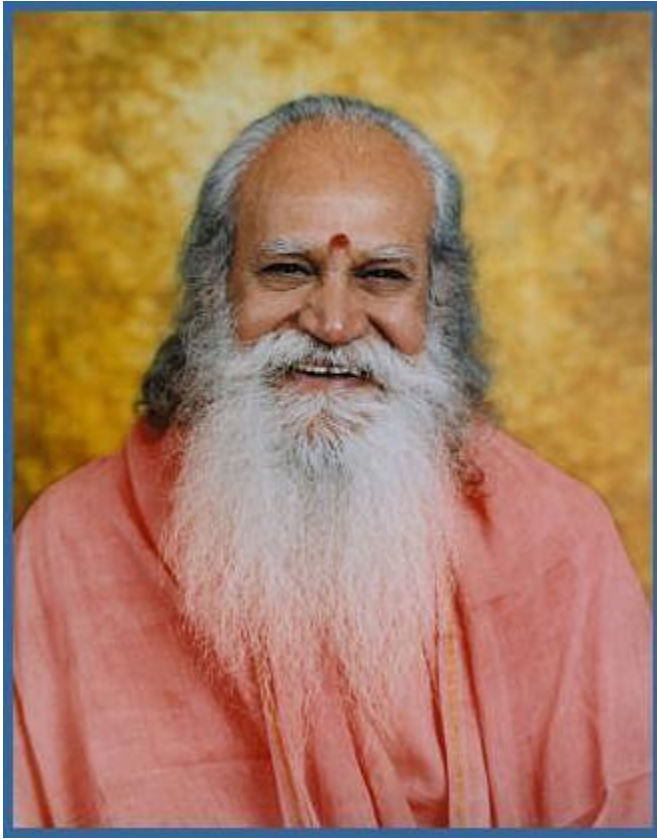
Kurukinti EE techniques. And all the teaching for you which came from that.

When Gita came to Iguazu for 6 weeks after 4 streaming video levels in the comfort of her own home she increased her time of sitting from 20 minutes to two hours, We did this by the focussed removal of blockages from the base chakra. The last chakra before enlightenment.

The energy blockages do not like this.

SWAMI SATCHIDANANDA THE LOTUS TEMPLE AND THE SYNTHESIS OF RELIGION





But then at the end of the talk he said lets meditate. And he chanted Om Shanthi and I found myself a hundred meters up in the air looking down at my body sitting in meditation below!!

And I looked up and way above me was Swami Satchidananda and he was moving his hands saying, "Come on Up! Come on Up!!"

So I thought it might be a good idea to learn from him.

And although I read his books now and recommend them to everyone, Integral Yoga, The Yoga Sutras of Patanjali and The Living Gita, Commentary on the Bhagavad Gita, although the information in these books

are a great gift to humanity, they are poor fare in comparison to what initially attracted me to him.

And what I got in abundance every time I met him was Energy and Psychic experience. Visions, telepathy, Initiations on the Astral Plane all came to me every time I met him.

When I went to stay at the Satchidananda Ashram, 1000 acres in Virginia in America, for three months, the experiences accelerated every time I meditated. The knowledge that we cannot die, we are all connected. Satori and the lower levels of Enlightenment.

It took me a few years after these experiences with Swami Satchidananda to get fully cooked... and I am still deep in the crucible!

Deep rooted issues would surface and as soon as they were dealt with, even deeper issues would emerge that we would have to deal with. It was like peeling layers of an onion to go deeper and deeper into our core being to understand who we are and what kind of personality traits we have adopted, consciously and sub-consciously to deal with the issues of this world. I understood clearly how these beliefs, conditioning and past life impressions were affecting all areas of our life.

In addition, I also learned how to use the Energy Enhancement techniques to help me ground these negative blockages so they would never affect me again. Of course complete freedom can only come after a maintenance program has been followed.

Satchidanand comes from England and was Born in the Ancient Chinese year of the DRAGON. Originally with degrees in Physics, Mathematics and Electronics, and working in International Companies in Management, Computing, Electronics, Hardware and Software.

Starting from practising Yoga from 1967, through working and contact and exchanging Energy with many masters including Swami Satchidananda of South India and of the USA, Yogaville, Virginia and Zen Master Roshi Hogen (Master of the Tao) of Japan, Osho and Ascended Masters, he works towards the ideal of one spiritual truth on many paths using Energy Enhancement and healing.

His Sun, conjunct with Neptune, Mercury, Saturn, and Venus in the 8th house in the Draconian Soul Progressed chart in Scorpio and WITH Pluto conjunct the Moons Node gives him tremendous Power to break down World Karma through the Energy Enhancement Techniques, drive out YOUR blockages and raise your Kundalini Energy. Come and see him whilst he is still visiting this Planet!!

"Energy is Inexhaustable. Like a fire it is passed from Master to Disciple. It jumps the Gap, the Abyss. It Energises all." - Satchidanand

energyenhancement.org

Avatar of Synthesis



Sirius

Sirius

Logos

Logos

Monad

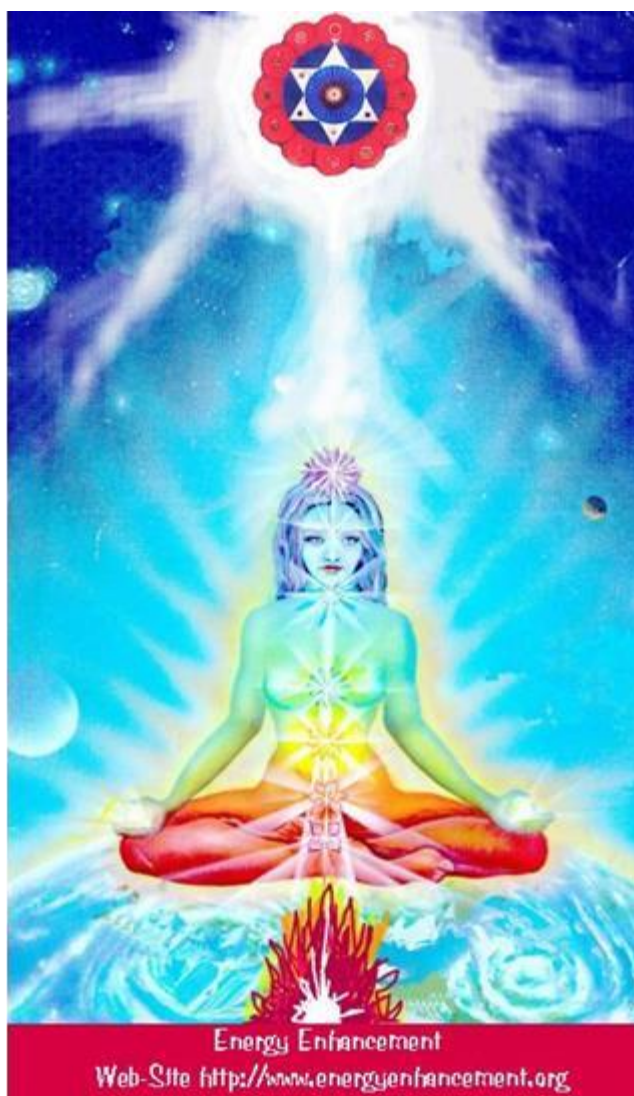
Monadà

Soul

Alma



Glowing the light of The Soul



I was looking for a change and also for a way of protecting and maintaining my energy. Then I saw a poster of a lady sitting in meditation with the light of the soul shining down upon her head and somewhere inside my voice told me, “Follow this Light” and this is how I met Satchi and Devi. CARLA STUDENT 2004



STUDENT ANA VEILLA, SATCHIDANAND, AND DEVI
DHYANI AT THE ENERGY ENHANCEMENT CENTER IN
ARGENTINA

Olympia Panza.

Here is a Testimonial from written by Satchi from a report given him by Olympia Panza.

When I came to see Satchi at the airport for the first time I was struck by his energy but it was the second time, when he was talking to another student when meeting us off the train at Figueres that I really started to feel the Buddhafield of Energy Surrounding him

Suddenly I started yawning like the big healer guy in "The Green Mile" and then tears started from my eyes and I felt I was getting rid of a lot of Painful memories from the past.

Satchi taught us meditation and the Circulation of the

Energies in order, as he said, "To improve our psychic vision" During these initiations I saw all my Energy Blockages in colour!! I saw my abdomen filled with blackness and thought back to my first periods, filled with pain, my inability to breathe properly and the problems I have with digesting food.

I saw all the brown clouds of pain filling my lumbar region and the problems with the throat chakra making me understand my problems with communication and the Peter Principle, we always do that which we most need to learn, which caused me to become a journalist and an arabian belly dancer teacher.

Satchi saw/felt them too and asked if I would like some healing because he explained that normally he liked to teach the Removal of Blockages Techniques of Energy Enhancement Level 2 and let the students heal themselves, but because I was going before he could teach that, he thought that a little band aid would be helpful because he felt that the abdominal blockages were not made in this lifetime but had come to me from my previous lifetimes.

I lay on my back and Satchi placed his hands over my abdomen and I drifted off to a place of peace. I imagined myself lying on the grass in the sunshine. I saw Satchi as an energy there too, blowing through me like the wind. In this space I was a man, and not a woman as I am in this lifetime, and very focussed and filled with anger. Many images of women relationships passed in front of me some of them pregnant and I saw that I had no respect for the women in my life. I was wounded in the right side of my belly and I was dying.

As Satchi healed my belly I felt the pain of the wound I was dying from and people watching me said that this pain was reflected in my face. Finally the pain was gone

and Satchi said that was enough for now. The previous lifetime had been healed and I had been brought face to face with attitudes in a previous lifetime, anger and a lack of respect, being mirrored in this. I saw how my irritation and anger was taking me away from my infinite peace and how these attitudes were reflected back at me in my relationship with my husband.

It was interesting that the relationship chakra, the abdomen, the place I was wounded was reflecting my previous attitudes and the Karma of those previous lifetimes was being given back to me so that I would be taught never have those attitudes again. I want to learn from my mistakes.

Satchi says you only get visions if you need to learn something.

Satchi explained that the intellectual level thought that it could solve everything just like this.. "I should not get angry!!" but that the intellectual level did not have the power to make that promise because its links with the emotions were broken, blocked and faulty.

He explained that the intellectual level similarly says, "The whole world should be filled with peace." Yet for 10,000 years there have been many wars every year.

The Techniques of Energy Enhancement allow the mind to have the power to implement its decisions through the Removal of Negative Emotions. The removal of Energy Blockages, which create physical disease in the body and negative emotions in the mind.

THE POWER OF TOTAL CONTROL

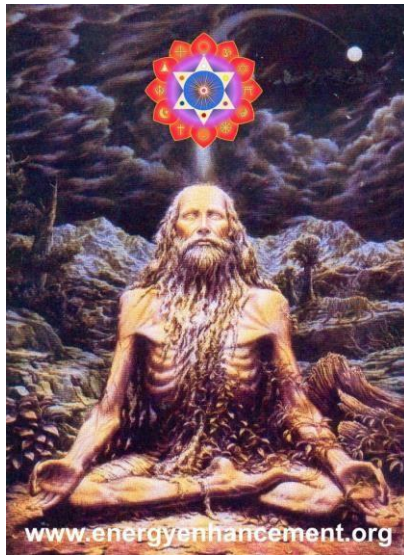
KUNDALINI TANTRA AND THE TRANSMISSION OF
ENERGY FROM MASTER TO DISCIPLE



"Energy is Inexhaustable. Like a fire it is passed from Master to Disciple. It jumps the Gap, the Abyss. It Energises all."

- Swami Satchidanand

"Energy is Inexhaustable. Like a fire it is passed from Master to Disciple. It jumps the Gap, the Abyss. It Energises all." - Satchidanand



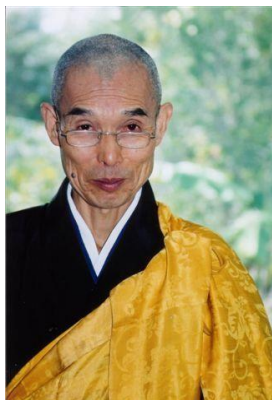
"EASY AND SMOOTH ENERGY ENHANCEMENT PUTS YOU IN CONTACT WITH KUNDALINI ENERGY WHICH SPEEDS

UP THE PROCESS OF ENLIGHTENMENT AND INTELLIGENCE"

Masters... and the flowers showered, the energy of existence flows.

Satchi explained that if we had the power to heal our own blockages, we also had the power to heal the blockages of others. The power to do this comes from an integration of the body, emotions, mind and spirit created through the Core Energy Techniques of Energy Enhancement within the Energy Enhancement Buddhafield.

Satchi explained that the higher levels of Energy which create the Energy Enhancement Buddhafield and the Energy momentum to heal the students and raise their Energy Levels so that they can do likewise came from His connection with his teachers, Zen Master Hogen from Japan, Swami Satchidananda from Yogaville in the USA but previously a disciple, a Yogiraj, of Swami Sivananda of Rishikesh.

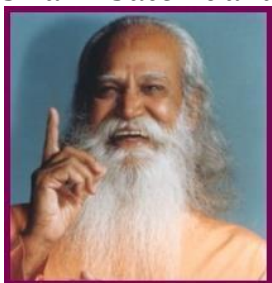


There is a transmission of Energy from Master to Disciple which occurs in silence. The preparation for this is the student's responsibility but the Energy always finds its place. It is the Energy of Initiation, which confirms the student in his enlightenment, but before this Initiation, "you need to be there before you can stay there." Indeed, many people go searching for Integration and Enlightenment from technique to technique and teacher to teacher whereas a true student can learn anywhere. We need to increase that studentness within ourselves. We need to learn to

be a true student. The ability to learn. The ability to ask.
The ability to receive.

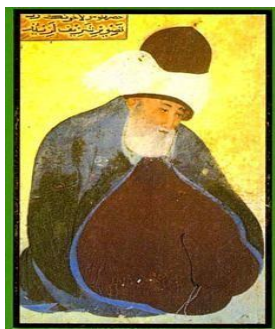
One lack of respect for the teachings. One negative word, ONE BLOCKAGE, and heaven and earth are set infinitely apart. One negative word can destroy the silence of a moment.

Swami Satchidananda talked of the time when Swami Sivananda died and of the Energy Initiation, which came to him at that time even though he was in Celon and Sivananda was dying in Rishikesh. He felt that some of Sivananda's fire had been given to him at that time.



Each Spiritual Master is a gift from existence, working in his own personal individual way to express his gift, his way, his energy channelled from the universe itself. They are individuals with strong personalities, "Personages!!" unselfishly aiming their lives at the benefit of humanity, the world and the Universe.

Even the intellect gets confused because the intelligent energy of existence, above the intellect, chit shakti, is the guiding force and initiator. Each spiritual master is as different from the others as a rose is different from a lily.



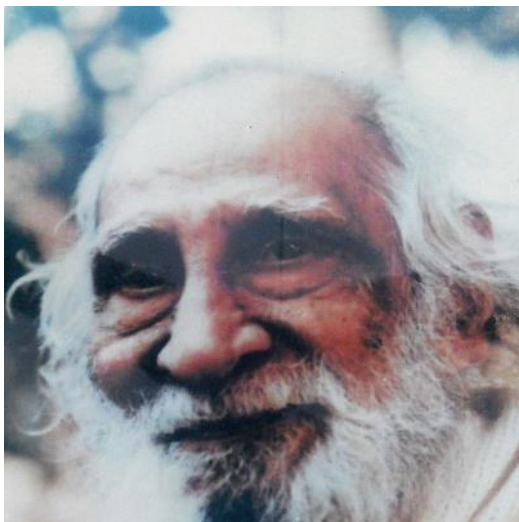
Just smell the perfume. Are they not the flowers of the Universe itself?

As Jallaluddin Rumi said around 1200AD, "Take what is in my hand!
If you have lost heart in the Path of Love
Flee to me without delay

I am a fortress; invincible - Rumi

Satchi explained that after working with Zen Master Hogen and Swami Satchidananda for many years, these energy initiations had come to him also.

SRI YOGENDRA TEACHER OF SATCHIDANAND



Satchi had the last and his only interview with Sri Yogendra of Bombay. Sri Yogendra died that same night saying that at the age of 96, it was difficult for him to hold in his energy. And this from a man who in his prime they used to put in darkened rooms where people used to go to see the prana, bioenergy, rushing blue over the surface of his body.

In the interview, Satchi said he could only sit at the masters feet and say nothing.

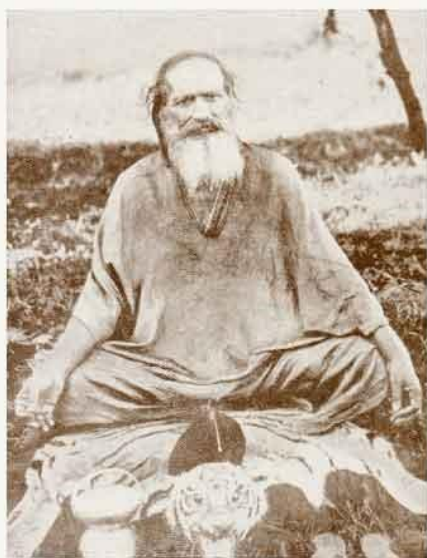
Yogendra glanced at him and he was drawn to sit. Rooted to the spot. Yogendra talked of the time he was in New York, healing the children of millionaires. It was

there in the 1930s where he gained the money to build his ashram in Bombay, "They used to appreciate me there and gave me a black stallion to ride around on in Central park."

Satchi heard him say at the end of the interview that the people of England had good hearts, and this from a Master who in his early years had had the reputation of beating up students who took liberties, showed a lack of respect!! He knew that by these words Shri Yogendra had judged his heart and found him worthy...

And then afterwards the energy.. Sent to him by Yogendra, which he was given during the interview.

WHOOM! WHOOM! Up and Down. Down and Up. From Heaven to Earth and Earth to Heaven. ENERGY!! with great noise for 24 hours!!



Paramahansa Madhavadasaji the apostle of yoga technology and the guru of the Founder, at the age of one hundred and twenty-two years.

Usually gurus are given the energy of Transmission by their Masters and here is the Master of Shri Yogendra, Paramahansa Madhavadasaji at the age of 122 years. After that last interview with Shri Yogendra the great Master died the day after. Apparently he was talking to his son, Shri Jayadeva, the present head of the ashram in Bombay, and he said that it was getting difficult for him to hold onto his energy, it was time for him to move on to the other plane, he was going.

Sri Yogendra was born on 18th November 1897. When he met Guru Pujya Shri Paramahansa Madhavadasaji, a 119-year-old yogi from Bengal, he was still in college. The meeting with Paramahansa Madhavadasaji made Yogendra a devoted believer of Yoga. He joined Paramahansa Madhavadasaji's ashram in Malsar city of Gujrat and started studying Yoga sincerely. He was a non-conformist and a very close bond developed between the Master and the student. The Guru taught him many things by direct experience. After completing his training, he decided to leave the ashram, in order to propagate the benefits of Yoga amongst the masses. Thus Shri Yogendra became known as the Father of Modern Yoga Renaissance. A firm believer of yoga, Sri Yogendra founded the institute to promote the science of Yoga throughout the world. He was also credited with the revival of the classical yoga ideals. He was also one of the teachers of Theos Bernard, another of Satchidanand's teachers.

Shri Yogendra was also a brilliant poet. An influential person from Mumbai, Mr. Masani, once came across his poetry. Impressed with Shri Yogendra, he invited him to his home in Versova, Mumbai. Mr. Masani offered him his own house as an ashram. This laid the foundation of The Yoga Institute of Mumbai. The Yoga Institute is one of the oldest organized Yoga centers in the world. The Yoga Institute of Mumbai is a non-profit organization. It aims at helping people in physical, moral and psychic development, with yoga as an aid. Shri Yogendra left the world in 1989, passing on his legacy to his son, Dr. Jayadev.

In 1918, Shri Yogendra established the Yoga Institute at Versova, Mumbai. A year later, he went to USA where he founded one more Yoga Institute in New York. The following year, his ailing father summoned Shri Yogendra back to India. He did the most unusual thing for a yogi -

he got married to Sitadevi. Come to think of it, he was following the footsteps of ancient seers like Vasishta and Yagnavalkya. His wife, Sitadevi was introduced to yoga soon after her marriage in 1927. After two years of rigorous study, she became the Secretary of the Institute, and later, in charge of the Ladies' section. She contributed articles to the Journal of Yoga and also authored a book entitled 'Yoga Simplified for Women'. This book is ground breaking because it is the first authoritative book on yoga for women written by a woman. It paved the way for women to practise yoga, something that was prohibited until then.

Sitadevi faced immense criticism not only because she was a woman doing yoga, but also because she was a wife of a yogi. This yogi couple was challenging old traditions with their novel ideas. For instance, until then, yoga was confined only to yogis who practised it in the forests. But Shri Yogendraji made it accessible to all. No longer was it an exclusive domain of a Sanyasi.

Shri Yogendraji believed that yoga is the art of living. He wanted the common man to be able to follow it. So, he developed the breathing rhythm that accompany yogic postures and simplified yoga kriyas without diminishing their benefits. He wanted humanity to give as much importance to happiness and peace of mind as they did to material comforts. Yoga shows us how to find a balance between both and enrich our lives.

Shri Yogendraji propounded the virtues of yoga, especially its holistic approach that explored the bodymind connection. He told his students that all those who have the urge to study yoga must come with an open mind. Only then can it change their lives.

Shri Yogendraji passed way in the year 1989. But when he was in his early fifties, he handed over his legacy to his son Dr. Jayadev.

Satchidanand: I remember seeing a photograph of Jayadev floating a few feet in the air, horizontal, arms crossed over his chest. I asked him, "what is that?" He said, "Oh that's a trick!" So I said, "What is the trick then?" and he said, "Well, all you do is lie down on the ground, put your arms over your chest and then concentrate your Prana inside. Then you float off. Its a Trick!!"

Together with his wife Hansaji, Dr. Jayadev has introduced several group learning programmes that generate self-awareness. Indeed, they are a unique couple, united in their way of thinking and in their dedication to yoga. Today, Dr Jayadev (PhD Philosophy, University of Bombay) is the Head of the Institute, an editor as well as a teacher. His main concern is the teaching of classical yoga ideals, its historic context and its possibilities in modern life. Hansaji has a huge fan following. After all, she is the charismatic yoga expert of the popular television series 'Yoga for Better Living'.

The couple has made yoga simple, meaningful yet experimental. It is a way of life for them. Unlike many teachers, who provide a lopsided view of yoga by overemphasising either the physical aspects or the relaxation techniques, Dr. Jayadev and Hansaji have developed a conceptual framework that is really outstanding. First introduced by Dr. Jayadeva, Bhavas play a very important role on the path of Yoga. Regular and repeated practice of these techniques slowly enhances the accompanying Bhava into one's personality. Bhavas literally translated, the word 'Bhava' stands for a feeling or attitude. In context of Yogic studies, Bhava indicates an accompanying attitude for a

given technique or concept. All meditative asanas belong to this Bhava. In Yogic practices, there are four basic elements that one needs to understand in yoga: Dharma (sense of duty), Jnana (awareness), Vairagya (objectivity) and Aishwarya (attainment):

Dharma: Unlike the commonly believed connotation of 'religion', the word Dharma means "Duty" - your Soul Path!! At every point in life, one needs to understand what one's duty is in that given situation, prioritise the tasks and then move ahead. It is believed that one who is always on the path of Dharma, is saved from all sorts of pains and sufferings, etc. In fact, Yoga even outlines a hierarchy of duties, one's first duty is to self, then family and friends, place of work, society and finally, humanity in general. Often we tend to neglect this hierarchy, for example over-working without eating in time or eating wrong food, not resting sufficiently, or indulging into social work without looking after the family, etc. Neglecting this hierarchy, leads to several conflicts and problems at the intra and inter-personal level.

Jnana: In Yoga, Jnana refers to "Awareness and Knowledge". According to ancient Indian philosophy, all that one needs to know and understand for a meaningful life is actually present within. However, Maya or illusion keeps pulling us into the external world. We keep busy in the world outside looking for a purpose, some meaning. This leaves us confused and frustrated. Jnana in Yoga begins with awareness about self, at all levels – physical, mental, emotional and spiritual. The components of this Bhava are concentration, co-ordination, training of senses, breath awareness and control, balance, etc. Asanas involving upward and sideward stretches, asanas for extremities of the body and pranayamas belong to Jnana Bhava.

Vairagya: Commonly understood as renunciation, this Bhava actually refers to detachment. For a householder, fulfilling his duties to family is very important and renunciation doesn't necessarily take one to detachment. Vairagya actually leads a householder to a state of being 'in the world but not of the world'. The components of this Bhava are humility, objectivity, reducing the ego, 'let-go' attitude, surrender, etc. All the relaxation asanas, forward bending asanas, head-low postures and asanas involving twist of the spinal cord have been classified under Vairagya.

Aiswarya: When one is truly on the path of the first three Bhavas, viz Dharma, Jnana and Vairagya, the feeling of achievement, satisfaction, the knowledge yet being humble refers to as the Bhava of Aiswarya. All this adds great of confidence in one's personality. In fact, the confidence that one may experience without the first three Bhavas, when analysed carefully, is usually a superficial one which one puts up only as a show-off for others. This Bhava is difficult to understand theoretically, but is easier to experience through perseverance and faith. The components of Aiswarya are confidence, self-reliance, sense of achievement, etc. The Kriyas and all asanas involving backward bending of the spine belong to this bhava.

At the Yoga Institute, Santa Cruz, Mumbai, yoga is taught in such a way that the asanas are not mere mechanical exercises, but means to achieve higher mental states. The couple believes that though yoga sets high goals, they are attainable.

OSHO

Satchi attended his only and The last Satsang with OSHO on January 16th 1990.

Satchi attended his only and The last Satsang with OSHO on January 16th 1990.



It is very difficult to get to see genuine Gurus. My one and only chance to see Osho was being stopped by a guard at the Gate. He said I had a ticket so I could go in, but Devi did not, so she could not go in!! So we said where are the tickets but the place was closed - therefore no tickets. So I stood in front of him and stared at him. Soon the sweat was dripping down his face. He was really grateful to be relieved of duty by another guard. As soon as he went, the guard said, "You can both go in!!"

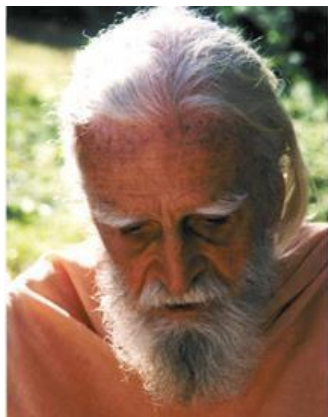
During the Satsang, Satchi had the experience of seeing Osho's aura. Satchi's mind just stopped, during the satsang when Nivedano hit the drum. As it stopped he saw the physical aura of Osho, Yellow, Black and horrible just one inch away from his skin. I suppose this is my vision of the poison which killed him, Satchi said.

But then the spiritual aura came out, white and filled with light up to 10 feet away from Osho and then Whoof!! It spread out over the whole of the Buddha hall and filled it with white light.

Satchi said he just sat there, tears falling down his face for what seemed forever.

Osho died 2 days later.

Father Bede Griffiths



And then at the "Satchidananda" Ashram of the Benedictine Father Bede Griffiths on the banks of the River Cauvery in Tamil Nadu in Southern India. More energy phenomena. Father Augustine was giving mass and as usual Satchidanand, not a Catholic, with a Ho Hum lack of respect was there.

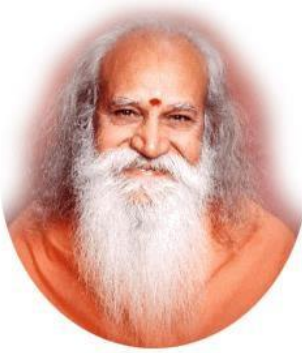
As Augustine raised the Chalice to heaven, Satchidanand saw a ray of lightning hit the chalice, bounce off and deflect into his heart center. This had the effect of making him burst into tears.



Father Bede, a famous monk who wrote many books exemplified the urge of the Benedictines to Ecuminise, to explore the Energies of the Hindu Religion, where he took Sannyas, taught from the Bible, Upanishads and the

Gita, "its all in the explanation!" had his first heart attack 2 days later at the age of 96 and died 3 months later.

Swami Satchidananda

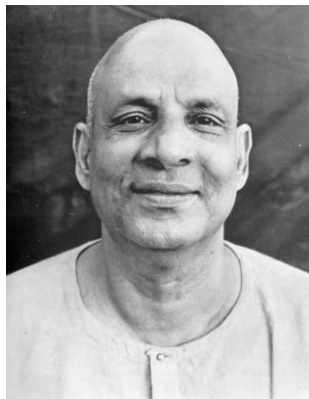


And then 2 days before Satchi's Master, Swami Satchidananda, died at the untimely age of 89, Satchi felt the transmission of Energy from his Master. Filled with white light for 3 days in a row, in the middle of the night for hours, unable to sleep.

Masters get given energy on the death of other Masters. Masters get given and store up energy, the energy of enlightenment, the energy of transmission, the high level atomic energy given by the scepter of Initiation by Sanat Kumara.

They store energy all their lives to do their work and to give to other people all of their lives. Upon their death, that energy needs to pass onto their successors. And that Energy transmission is what helps to create the next generation of Masters.

Swami Satchidananda said the same thing happened to him when his Master, Swami Sivananda Died.



Satchidananda was in Celon at the time and the Dying Sivananda was in the Himalayas, but the energy still passed to him.

Masters take no heed of which religion they are born into. They become channels for the light despite, or rather because of, the general low energy level of the world and its corruption and mixedness. It is their job to raise the energy of their students and of the world in the few short days before they leave this planet. To leave it a better place than when they came.



SATCHIDANAND IS A SERIOUS STUDENT OF ENLIGHTENMENT HAVING BEEN TAUGHT BY ZEN MASTER HOGEN OF JAPAN AND SWAMI SATCHIDANANDA OF VIRGINIA - YOGIRAJ AND STUDENT OF SWAMI SIVANANDA OF RISHIKESH

In the presence of his Buddhafield, people naturally become better.

He has visited India many times for up to a year at a time with his partner, Devi Dhyanī taking India Tours to many spiritual energy points.

He helps people worldwide reach further than they EVER thought possible....FASTER!!!

"Having been on a 10 day Goenka Vipassana silent retreat where I meditated for 8 hours a day I can say that coming to stay with Satchi and Devi is so much more grounded in everyday life. The difficulty in spiritual life is balancing the material and spiritual worlds effectively.

Energy Enhancement does not promote a spirituality that grows only in the mountains, apart from the cities and the hustle and bustle of everyday life. It shows you how to integrate the peace of retreat with the activity of life - work, relationships, enjoyment, and spirituality - there should be no separation!

Satchi and Devi are both inspiring, wonderful examples of how to achieve this integration. No ascetic renunciation here! Only energy; how to get more of it, how to connect." PAUL - STUDENT 2004

At the age of 14 Satchidanand went into a state of Altered consciousness when he experienced his own death. After that Satchidanand started practising yoga from the age of 15 in 1967 and was taught meditation by Zen Master Hogen in 1980. He was given many typical spiritual experiences which you can read about below on this page by his Master Swami Satchidananda, Yogiraj and Disciple of Swami Sivananda of Rishikesh.

And then more experiences in the presence of Sri Yogendra of Bombay, Father Bede Griffiths, Osho and

Sathya Sai Baba, before receiving his own Initiation and finding his own spiritual experience in Enlightenment - "Although I am just a normal person I feel a deep reverence for the energy which has been given to me to help the Spiritual Growth of all beings. I feel a tremendous responsibility for its correct action in the world. This Spiritual Energy and Kundalini is worthy of the deepest respect!" Satchidanand.



SATCHIDANAND TEACHING ON THE SEPTEMBER ENERGY
ENHANCEMENT COURSE AT THE SOL CENTER IN SPAIN

THE BUDDHAFIELD AND KUNDALINI

The Buddhafield of Satchidanand spreads its potent energy by means of powerful spiritual vibrations from the highest sources from chakras above the Crown Chakra: The Soul, The group Soul AND higher than the Avatar of Synthesis.

This Buddhafield energy spreads from the Aura of Satchidanand to imprint His Psychic Charge in his Energy Enhancement Online Book, his Audio Talks, his Video Talks and also the Sacred Dances of Devi Dhyani, Indeed the whole Energy Enhancement Video Course is imprinted with the Buddhafield as taught by Satchidanand.

Your access to the higher energies of the Buddhafield makes more possible during your meditations. The Buddhafield creates the possibility of Kundalini experiences. It, as well as the Advanced Techniques of Energy Enhancement give you more energy to Speed Up the Meditative Process.

Meditation Courses The Energy Enhancement Meditation Course Symbol from the Synthesis of Light- Satchidanand does not believe he is special in any way, just lucky. He says, "I am just a another guy who has been added unto. I am just a custodian of the energies which have been given to me by the many Enlightened masters I have encountered, Roshi Hogen Daido Yamahata, Swami Satchidananda of Yogaville, Sri Yogendra of Bombay, Sri Sathya Sai Baba, Osho and Father Bede Griffiths, and also into which I have been Initiated by the highest Ascended Masters of Enlightenment.

Before being given energy, first you must prove yourself. Be tested and found to be true. I am just a Channel for the higher energies which expand my aura as a Buddhafield of Energy whose integrative effect is now quickening and speeding up all the spiritual practises it touches in all my students and throughout the world."

The Buddhafield is just an expression of what is already happening here on this small planet.

Indigo and Crystal Children like Devi and I have always been sent to this planet over thousands of years and are being sent in Greater and Greater numbers to this Planet. Indigo and Crystal Children will need an advanced training like that which is available on the Energy Enhancement Course if they are to fulfill their potential.

This is an amazingly auspicious time for every soul who wishes to evolve, here, now!! Incredible opportunities are available for speedy evolution. If you have ever wanted to enter into the spiritual path, to make this change in yourself, NOW is the time. Vast Spiritual energies are, for the first time in eons, being sent to this planet and more enlightened people are necessary to be trained how to handle them.

Side effects are an increase in IQ, more emotional stability, more energy, more GO!! Satchidanand has been equipped to give this training with the Energy Enhancement Course in Four Levels.

In this one encounter much can happen. All my students know this from their own psychic and spiritual experiences in the Buddhafield. The Speeding up of their Meditative processes towards Enlightenment. The spreading of the Light of Synthesis through the creation of New Nodes of Light. Growing ever stronger with the passage of time, the gaining of strength, energy and Light.

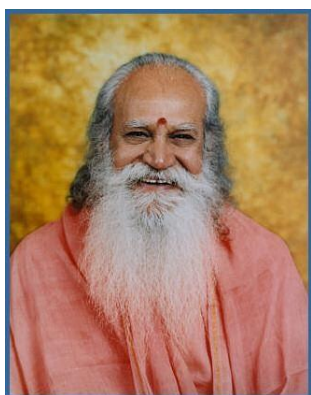
We have to be inwardly rich to give away everything. We need a large spiritual bank account given to us by Masters, Ascended Masters and Existence itself.. The Buddhafield is the expression of that Generosity.

SATCHIDANAND- My background is that I started learning and practising yoga and meditation alone from

the age of 16. I practised under enlightened masters Roshi Hogen Daido Yamahata a Zen Master who cleaned my energy system and then Swami Satchidananda who gave me the energy to get Initiated astrally by Ascended Masters at his ashram.

I then visited enlightened Masters in India who gave me energy before they died. Once even on the day I met them.

Then, after teaching meditation for 10 years with many other energy Initiations from Ascended Masters, Swami Satchidananda passed on some of his energy to me before he died at the age of 89 in 2002.



Now Swami Satchidananda is an Ascended Master. After becoming Enlightened on this planet he gained sufficient Initiations to be able to maintain his consciousness through the death process.

This is the only way we can legitimately achieve Immortality, and it is this which we teach with Energy Enhancement.

In order to do energy work, to become Enlightened, one must prove trustworthy and show a will to be useful.

The three servants in the bible. One buried his portion in the ground, One wasted it, one multiplied it 100 fold.... So, like any executive in a Galactic organisation, you must be Industrious. Then, if you are lucky, and to be spiritual, you must be lucky, you get promoted, initiated, energy is given to do the work. Enlightenment is not enough.

Satchidanand's ENERGY ENHANCEMENT Stories:-

After practising Zazen Meditation with Roshi Hogen Daido Yamahata for a time I began to feel him cleaning my Base Chakra every time I meditated. I was also doing Energy Enhancement techniques at that time which speeded up the meditative process. He used to wake me up early every morning and say "Get out of bed, Meditate Now!!"

Then by accident or by Luck. And to be Spiritual, you have to be lucky. I came across Swami Satchidananda of Yogaville.

I went to one of his talks and at the end of the talk he said "Lets Meditate for a couple of minutes."

So, we chanted Ha Ri OM and started to meditate.

I found myself one hundred feet in the air looking down at my body meditating below.

I looked up and there was Swami Satchidananda one hundred feet higher, saying "Come on up!! Come on up!!"

So I thought that perhaps it would be a good thing to learn from him.....

In my interview with him I said what happened and said that I only had one problem in that I had heard that you were only supposed to have one Guru and Roshi Hogen was doing a really good job with me.

Satchidananda asked if I had any problems between the teachings of Hinduism and Zen. I said "NO, no problems!!" because I understood that the terminology of Meditation in Hinduism meant "The flow of Energy

towards a Point of concentration" and Meditation or Zen in Japan meant Nirbija Samadhi or Enlightenment.

So he told me that I should think of Hogen and him as two engines on a train. Hogen was the one pushing FROM THE BASE CHAKRA. He was the one pulling FROM THE CROWN CHAKRA.

Hogen was the one looking after the base chakra. Satchidananda was the one looking after the Crown Chakra.

And this was proved to me later in his ashram and indeed everywhere I met him with incredible experiences of the higher planes, of Initiation, of telepathy indeed all the tales of Masters of the past came true when I was with him!!

And when I went on my "Grand Tour" of India I met up "Luckily" with many great Yogis and meditators. And with each one I had a wonderful Spiritual experience.

Sri Yogendra of Bombay had the reputation of not suffering fools gladly. If anyone was disrespectful he used to beat them up and throw them out!!

When he was young they used to put him in darkened rooms so that people could see the Prana, blue, rushing like electricity around his body.

He was 96 years old when I had my Interview with him. All I could do was to sit at his feet and remain quiet whilst he told me of his experiences. Spread out across the Whole Universe. In New York in the Thirties. Healing the children of Millionaires he earned enough to create his Ashram.

For the next day all I could feel was the energy rushing through my body Up and DOWN!! With a great Noise!!

That night, Yogendra told his son. "I can't seem to retain my Prana as well as I should. I think it is time to go!" That night he died.

Same but different experiences with Hogen, Ramana Maharshi, Sri Sathya Sai Baba, Swami Satchidananda, Father Bede Griffiths and last but not least, Osho.

The purpose of Meditation practise is to get you into a state of meditation 24 hours a day. You need ENERGY to do this. You need ENERGY to get you into a state where you can receive more ENERGY!!

As Rumi said. You need to learn how to become a perfect thief!! You need to get quiet enough so that you can steal the energy of the Enlightened.

But the real perfect thief is exemplified in Prometheus. Like all Enlightened Masters, he steals the fire from heaven and is condemned to have his liver eaten each day by another student thief like an eagle and every night for it to be grown back.

This Fire comes from that Fire. But Fire still remains. - Mandukya Upanishad

To Catch Light yourself. To Become Prometheus.

This is why Energy Enhancement Techniques are needed to Speed up the Meditative Process.

Swami Satchidananda - E GO!! Techniques, like those of Energy Enhancement are also needed.

As Hogen said to me, "Meditate a little every day!"

As Swami Satchidananda said to me, "Meditate regularly for a while and with EnTheosiasm"

As Vivekananda said, "If one person can become Enlightened. If you can recognise that even one person has ever become Enlightened!! Then know. That YOU TOO, can become Enlightened.

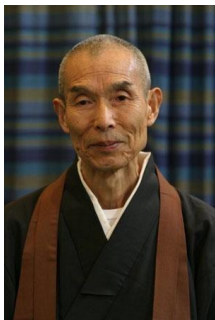
IT IS YOUR DESTINY!!"

ENERGY ENHANCEMENT ADVANCED TECHNIQUES TO INCREASE YOUR SPIRITUAL ENERGY AND SPEED YOUR EVOLUTION TOWARDS YOUR ULTIMATE PEACE AND HAPPINESS!!

The Dragon or the Kundalini Snake are normal visual expressions of Kundalini Energy.

In meditation we can also access our ancient memories of past lives. One of my teachers, Roshi Hogen from Japan, teaches about the rubbish from the past which we access on the astral plane during meditation.

He calls this "Makyo" in the Zen tradition. But he teaches that the experience means something. We have accessed a deeper level.



When I came to one of my teachers, Roshi, Zen Master Hogen with my experience of using the Mantra "Who am I", The Koan of Sage Ramana Maharshi of Tiruvannamalai in South India, in a state of profound meditation.

Like a stone thrown into an empty pool, the ripples flow. My experience was of accessing all my past lives in a "Karmasaya" - the bag of our past lives. I could see all of my past lives. However, I was not interested in this, I told him, and went on further in my meditation into the source.

Zen Master Hogen said indeed that we can waste hundreds of years on exploring the Astral Plane but the information we receive can be meaningless. Usually when we dream we access the very lower levels, the "Telenovella -Coronation Street" the very basement of the Astral plane.



We need to go Further.

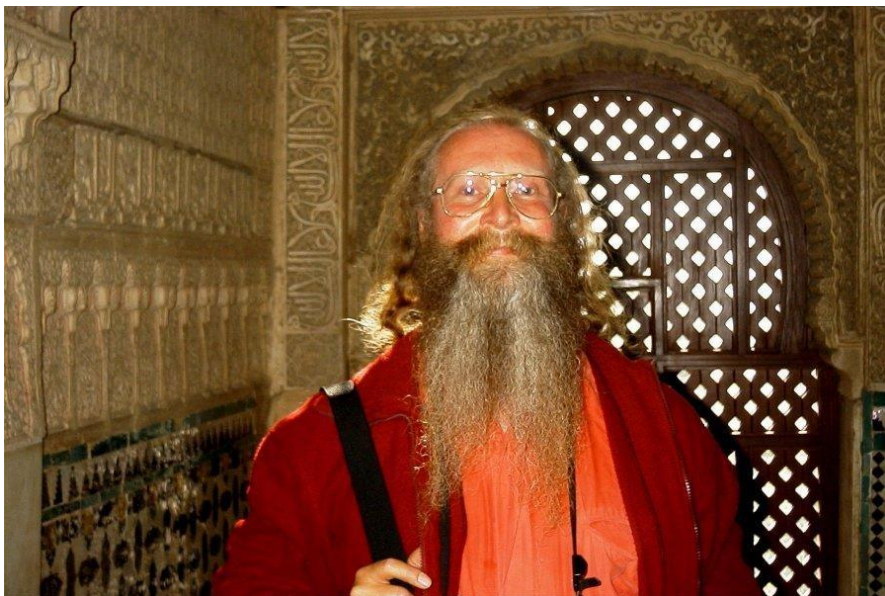
We forget lower Astral plane experiences when we die. We need to go on further into the Source to elicit a real change in the psyche. To the "Spring at the Top of the Mountain" which Energy Enhancement teaches in Stage Four of Energy Enhancement.

However, the experience means we have reached something. I remember the experience of seeing Zen Master Hogen's Aura glow golden and expand with energy at this time. His whole body and around it became surrounded by a beautiful Golden Light. His higher self was pleased. Another student had accessed something of the beyond. Was moving on. It was good.

But it is not enough.

We can still fall unless we maintain our practise towards even higher stages. The higher we go the further we can fall. Unless we are Enlightened. And in the end, Enlightenment is not Enough!!!

"Energy Enhancement teaches the techniques which can take us all the way."



Qualifications

Satchidanand has a BSc in Physics, Mathematics and Electronics, is Reiki Master, Director of the SOL School of Yoga Teacher Training and the SOL School of Energy Enhancement giving Initiations in Meditation, Reiki and Energy Enhancement.

Lectures

Satchidanand has been a Yoga and Meditation teacher for decades, is an inspired teacher, lecturer, story teller and workshop leader, channeling the energy of the Soul

and the Monad, Sirius the Star of Jesus Christ and most importantly, the Avatar of Synthesis

The Avatar of Synthesis works towards the integration of every human being towards one Soul Infused personality, Enlightenment, rather than the profusion of ego based sub-personalities which control every human being on this planet at present. All human beings are on the path of enlightenment.

The Avatar of Synthesis works towards the Unification of all the Religions on this planet starting with Ecumenism. As Swami Satchidananda said, "How can the politicians come together when all of the Religions are fighting each other?"

The Avatar of Synthesis works towards a Unified World Republic with one President - a Unification of all the countries towards One Unified and Harmonious World.

Satchidanand has lectured before audiences of Thousands and has been interviewed on Television many times. He has been a tour leader in India for five years meeting and having psychic experiences with many Enlightened Masters. He is the channel for the inspired writings and teachings of Energy Enhancement which are hidden techniques used for thousands of years - 200,000 years of Advanced Spiritual Technology.

Energy Enhancement

Energy Enhancement is a unique system for the next millennium, the result of years of investigation, direct holistic experience and integration from many sources including Taoism, Kriyas, alchemy and meditation. These techniques are not generally available.

Fragments of the Energy Enhancement system are available by word of mouth from many different systems extant from over 200,000 years of spiritual success, but it can take years of investigation, a lifetime, to put all these various parts together in one integrated system.

Higher Energies Available

Satchidanand, through access to the higher energies given to him by his Masters, Through special astrological conjunctions present at birth, has the capacity not only to teach techniques which can change the Evolution of you and of the Earth itself, but also has been given the capacity to share these energies with all who come.

On Energy Enhancement Courses, Energy and Kundalini experiences occur to all who work with him.

"I Sing the Body Electric.

Let my Armies engirth thee

And Charge Thee full with the Charge of the Soul."

- by Walt Whitman

Energy is All

Although he lectures and teaches Energy Enhancement all over the world, he places the greatest emphasis on the teaching and the Energy, rather than the channel for the Energies of the Universe,- the Simple Master, Satchidanand.

For 20,000 years - yes Tamil from Tamil Nadu in the South of India predates Sanskrit by thousands of years - Tamil Siddars have been at the Heart of Human Evolution. From

Tamil Siddhar Bhogar of Palani Hill Temple and his Spiritual and physical Alchemy to create Enlightenment and Immortality transmigrating into the body of Lao Tsu to create Taoism.

Bhogar's students Babaji/Paramahansa Yogananda/Lao Tsu - teachers of the same meditational techniques of Kriya Yoga and Taoist Meditations.

On the Chinese side of the Himalayas Taoism, disseminated by Bhogar who transmigrated into the body of Lao Tsu.

On the Indian side of the Himalayas the Kriya yoga of Bhogar's student Babaji who then transmitted it to his student Paramahansa Yogananda.

Kriya yoga and Taoist Meditation are the same
Kriya/Taoist orbit/Alchemical VITRIOL practices to Ground
Negative Energies of Energy Enhancement Level One
Initiation Three to the Supragalactic orbit of Energy
Enhancement Level One Initiation Four to attain to
Samadhi in the Infinite Chakras above the Head -
comprising Energy Enhancement Level One

Through to Tamil Siddhar Satchidananda who used his Samadhi and Samyama created Buddhafield to Enlighten and introduce to higher beings his student Satchidananda who created and Energy Enhancement. - Yoga Sutras of Patanjali, Book One, Sutra 26 Unconditioned by time, God is the teacher of even the most ancient teachers.

I want to promote the line of Tamil Siddhars from Bhogar through his student Patanjali who created what is called Ashtanga Yoga or that is called The Eight Limbs of Yoga ending in Samadhi.

What has failed to be taught by teachers and commentaters of Patanjali Yoga Sutras is the whole of Chapters three and four which focus on the Ninth Limb of Yoga which is Samyama.

Samyama is the focus of the light of Samadhi which flows from Union with God from the infinite chakras above the head - into Sahasrara Chakra and the triangle of Chakras in the Head.

Sahasrara, the Crown Chakra - powering the Will through Ajna Chakra on the brow and the Heart through Bindhu Chara at the back of the head.

By Samyana, focussing the light of God through triangle of Chakras in the Head towards Energy Blockages, Samskaras.vrittis, bijas or the Seeds of the destructive Ego we attain Nirbija Sanadhi, Seedless Samadhi, or Enlightenment.

(Interestingly the word Ego - I, I. I. me, me, me -also comes from the Spanish Higo (the h is silent) and the latin ficum - - the infinite seeded fig)

Samyama is the Seven Step process of Energy Enhancement comprising the whole of Energy Enhancement Level Two - The removal of Energy Blockages, Level Three - the removal of Karna, the Karma Cleaning Process, and Soul Splits to integrate the mind with the Soul and Level Four the removal of Energy Cords and the Mastery of the Psychic Sexual Connections.

The process of the transmutation of Energy Blockages, word angels, ideas, myths is called the three Gunas - Tamas, Rajas, Sattvas and eventually acesses energies higher than the mind - intuition, wisdom, knowing.

A Lawyers mind can create ten reasons for or against any idea. Knowing that which is right, Gyana, real knowledge, requires a meditative cleaning process of the removal of Energy Blockages.

Once all the Energy Blockage seeds of the Ego are transmuted then the Light of God has no resistance to its flow in Dharmamega Samadhi - the Shower of Flowers of EnLightenment.

The new evolution of humanity starts as the size of the psychic body is increased through the transmutation and incorporation of more Energy Blockages - in order to transmit more and higher vibrations of Spiritual Energy to humanity - The Energy Enhancement Buddhafield.

I want to promote Tamil Siddar Vainamonen and his links to the Norse Sagas and J.R.R.Tolkien.

J.R.R. Tolkien identified the eternal battle between good and evil "applicable" to this planet in particular the psychic effect on humanity of Sauron/Satan

Tolkien's Sauron/Satan who lives out of the body atop a Watchtower "The Great Eye" in the line of Black Magician, Doctor Dee who taught how to live outside the body atop the Enochian Key Watchtower taught by Crowley, "The great Beast 666"

To live outside the body eternally, Black Magicians teach psychopathically to cut ff from God Conscience, cut off from Heart Empathy outside the body on the psychic planes..

Here is a Quote by Crowley: " ... the bloody sacrifice, though more dangerous, is more efficacious; and for nearly all purposes human sacrifice is the best ... by

sacrificing a female lamb one would not obtain any appreciable quantity of the fierce energy useful to a Magician who was invoking Mars. In such a case a ram would be more suitable. And this ram should be virgin — the whole potential of its original total energy should not have been diminished in any way. For the highest spiritual working one must accordingly choose that victim which contains the greatest and purest force. A male child of perfect innocence and high intelligence is the most satisfactory and suitable victim.”

"For the highest spiritual working one must accordingly choose that victim which contains the greatest and purest force" The aim of the real Black Magicians is to steal, vampirise spiritual energy - in this case by, rape, torture, murder of innocence.

But know, Energy Enhancement Meditation is the most powerful meditation, the only meditation capable of protecting you from the slow vampirisation of every man woman and child on this planet.

Black Magicians believe they can live outside the body eternally but Patanjali exposes this LIE.. Yoga Sutras of Patanjali, Book One, Sutra 19. Those who merely leave their physical bodies and attain the state of celestial deities, or those who get merged in Nature, have rebirth.

Tolkien's Sauron/Satan is trying to download into a body, to possess a body and here they have more success.. Yoga Sutras of Patanjali, Book Three, Sutra 39. By the loosening of the cause (of the bondage of mind to body) and by knowledge of the procedure of the mind-stuff's functioning, entering another's body is accomplished.

To facilitate the vampirisation of energy it is better to create a degenerated humanity by sex, drugs and rock and roll - the aim is to transmute humanity into orcs.

J.R.R. Tolkien identified in his 1936 lecture on the Saga "Beowulf: The Monsters and the Critics" a "Northern 'theory of courage'"—the heroic or "virtuous pagan" insistence to do the right thing even in the face of certain defeat without promise of reward or salvation:

"Enlightenment is the free will ONLY to do the right and good thing" - Satchidanand

For thousands of years through cults, myths, fake news, the conscious degeneration of any real meditation practise - "the Matrix which has been pulled over our eyes to protect us from the truth" - Morpheus - we have never understood that our only function is to provide all our spiritual energy for the Black Magicians so they can try to live outside the body forever..

How do I know this?

Because I see it.

Because my Master, Swami Satchidananda, said,
"Meditation is the creation of psychic vision!!

Get the Energy Enhancement psychic vision.

See reality for yourself!!

Satchidanand's Tamil Siddhar Lineage

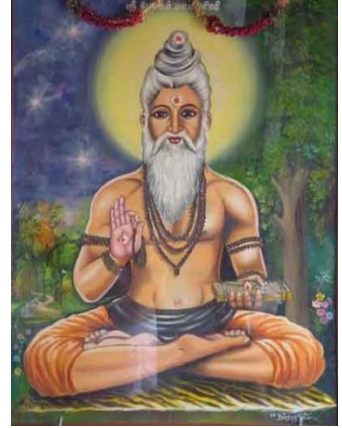
Tamil Siddhar Bhogar

Tamil Siddhar Bhogarnath was the originator of both taoist and kriya yoga.

Patanjali Raja Yoga was his student.

All these we teach in Energy Enhancement.

Bhoganāthar or Bhogar, the Jñāna Guru of Babaji, in the poem “Bhogar Jñāna Sagarama” (Bhogar’s Oceanic Life Story, consisting of 557 verses, verse number 2, lines number 3 and 4), identifies himself as a Tamilian, (Ramaiah, 1979; 1982. p. 17).[1] In the same verse he states that the great Siddha Kālangi Nāthar initiated him in Jñāna Yoga (supreme self-knowledge).



Bhogar Mahārshi

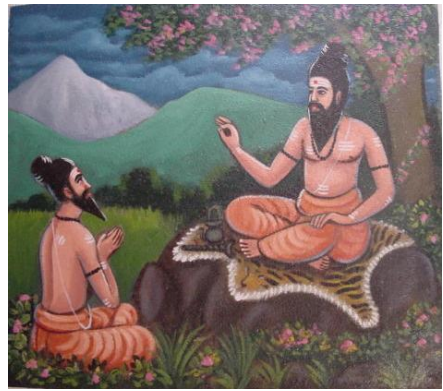
Kālangi Nāthar was born in Kaśi (Benares). He attained the immortal state of swarūpa samādhi at the age of 315, and then made China the center of his teaching activities. He belonged to the ancient tradition of Nava (nine) Nāth sadhus (holy ascetics), tracing their tradition to Lord Shiva. There are nine important shrines associated with this tradition, five of which are in the Himālaya Mountains: Amarnāth (where Shiva first taught Kriya Yoga to his Shakti

partner, Parvati Devi), Kedarnāth, Badrināth (India), Kailāsanāth, (Tibet) and Paśupatināth (Nepal).

Meanwhile, Bhoganāthar practiced Kundalini Yoga in four stages. The first three stages are described in a later chapter on “The Psychophysiology of Kriya Kundalini Pranayama”. Bhoganāthar chose the Palani Malai (mountain) in what is now southwestern Tamil Nadu as the site for intensive yogic practice (tapas) for the final stage. He attained swarūpa samādhi at Palani, through the grace of Lord Muruga, or the eternal youth, “Kumāra Swāmi”. The Kumāraswāmi temple at Palani became the epicenter of his activities.

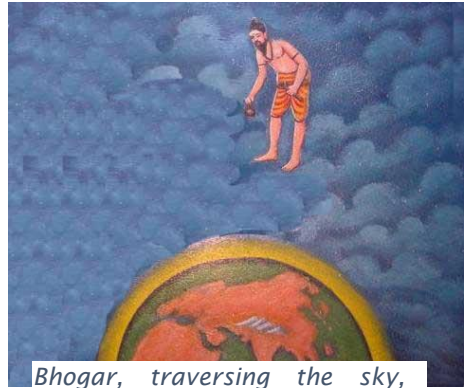
He visited many countries astrally, and physically and through transmigration leaving his body to enter into the body of another.

In one of his songs Bhoganāthar claims to have flown to China at one point in a sort of airplane which he built: he held discussions with Chinese Siddhas before returning to India (Kailasapathy, 1969, p. 197-211). His visit to South America has been confirmed by accounts left by the Muecas of Chile:



Bhogar receiving instructions from his teacher, Kālāngi Nāthar

“Bocha, who gave laws to Muycas, was a white, bearded man, wearing long robes, who regulated the calendar, established festivals, and vanished in time like others (other remarkable teachers who had come across the Pacific according to numerous legends of Incas, Aztecs and Mayans).” (Lal 1965, p. 20).[2]

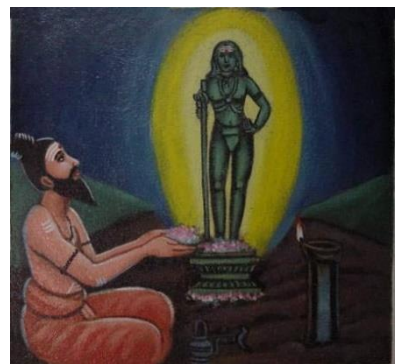


Bhogar, traversing the sky, observes faraway places like Arabia, Rome, and China.

He convened a meeting of many siddhas just before the beginning of the present Kali Yuga, in 3102 BC, to determine the best way for humanity to progress along the spiritual path during the coming period of darkness.

The Yoga of love and devotion, Bhakti Yoga, was chosen as being the best means. Bhoganāthar was entrusted by the siddhas with the task of defining the rituals for the worship of their favorite deity “Palani Āndavar”, the Lord (Muruga) of Palani.

Many rituals that center around the bathing (abhishekam) of an idol of Palani Andavar with many substances, including pancha-amirtam consisting of five fruits and honey, were developed by him and continue to be followed to this day. The idol had to be created from a substance that would last throughout Kali Yuga. The most resilient of known substances, granite, was known to wear



Bhogar worshipping Lord Dandāyudhapāni

and crack after thousands of such rituals. So Bhoganāthar fashioned it out of nine secret herbal and chemical ingredients, nava pashanam, which made it harder than granite. Eight of the ingredients were combined in a mold of the idol. The ninth, was added as a catalyst, to solidify it.

In recent times the scientists who attempted to determine the composition of a small sample of the material of the idol, were startled to find that it immediately sublimated when heated. Thus its composition remains a mystery to date. The traces of the substance are contained in the ritual offerings in which it is bathed. When these are returned and consumed by the devotee, their spiritual progress is enhanced.



Bhogar worshipping Lord Dandāyudhapāni

A mission to China and transmigration

Kālangi Nāthar decided to enter into samādhi in seclusion for 3,000 years. He summoned Bhoganāthar telepathically from Tamil Nadu to China to take over his mission. Bhoganāthar traveled by sea, following the trade route. In China, he was instructed by Kālangi Nāthar in all aspects of the Siddha sciences.

These included the preparation and use of the kaya kalpa herbal formulae to promote longevity.

After Kālangi Nāthar entered into trance, Bhoganāthar assumed his teaching mission to the Chinese. To facilitate this, he transmigrated his vital body into the physical body

of a deceased Chinese man, and there-after went by the name “Bo-Yang”. “Bo” is a derivation of the word “Bhogam” which means bliss, material and spiritual.

This bliss, for which he was named “Bo-Yang” is experienced when the Kundalini shakti, the feminine primordial yin energy awakens, passes up to the crown of the head, the seat of Shiva, the masculine yang pole, in the Sahasra cakra at the summit of the head and unites with it.

The result of this integration of feminine and masculine parts of the being, or union (“Yoga”) of Shakti and Shiva, Yin and Yang, is Satchidananda: Absolute Existence-Consciousness-Bliss.

Transformation of his physical body

Bhoganāthar decided to overcome the limitations of the Chinese body, with its degenerative tendencies, and prolong its life through the use of the kaya kalpa herbs long enough for the effect of Kriya Kundalini Pranayama and related yogic techniques to bring swarūpa samādhi.

In his poem Bhogar Jñāna Sutra 8, verse number 4, he describes vividly what happened after carefully preparing a tablet using thirty five different herbs:

With great care and patience I made the (kaya kalpa) tablet and then swallowed it:

Not waiting for fools and skeptics who would not appreciate its hidden meaning and importance.

Steadily I lived in the land of the parangis (foreigners) For twelve thousand years, my fellow!

I lived for a long time and fed on the vital ojas (sublimated spiritual energy)

With the ojas vindhu I received the name, Bhogar:
The body developed the golden color of the pill:
Now I am living in a world of gold
(based upon translation by Yogi S.A.A. Ramaiah, 1979, p. 40-42).

He chose three of his best disciples and his faithful dog, and took thorn to the top of a mountain. After first offering a tablet to the dog, the dog immediately fell over dead. He next offered it to his leading disciple, Yu, who also immediately fell over dead. After offering it to the two remaining disciples, who by this time were extremely nervous, and who promptly hid their tablets rather than swallow them, Bhoganāthar swallowed the remaining tablets and also fell over unconscious. Crying with grief, the two remaining disciples went down the mountain to get material to bury the bodies. When the disciples returned to the spot where the bodies had been left lying, all that was found was a note, in Bhoganāthar's handwriting, which said:

The kaya kalpa tablets are working. After awakening from their trance I restored faithful Yu and the dog. You have missed your chance for immortality. (Ibid.)

This kaya kalpa enabled Bhoganāthar to transform the Chinese body over a period of 12,000 years, during which time it developed a lustrous golden color. (The physiological transformation to the state of swarūpa samādhi was, however, completed only later, at Palani in the final phases of Kriya Kundalini Yoga and related practices. These phases will be described in chapter 11. Bhoganāthar's own graphic description is recorded in the poem at the end of this chapter Initiation into Samādhi.)

In this poem Sutras of Wisdom — 8. he sings prophetically of the taking up of the practice of pranayama in modern times by millions of persons who would otherwise have succumbed to drug abuse:

Will chant the unifying verse of the Vedanta.

Glory to the holy feet of Uma (the Divine Mother of the Universe. Shakti),

Will instruct you in the knowledge of the sciences, ranging from hypnotism to alchemy (kaya kalpa).

Without the need for pills or tablets, the great scientific art of pranayama breathing, will be taught and recognized By millions of common people and chaste young women.

Verse no. I (based upon translation by Yogi S.A.A.

Ramaiah, 1982, p. 40).

Becomes known as Lao-Tzu, founder of Taoism
After this incident with the Chinese disciples, Bo-Yang became also known as Lao-Tzu, and was accessible for nearly 200 years, and trained hundreds of Chinese disciples in Tantric Yoga practices, wherein semen and sexual energies are conserved and sublimated into spiritual energies. The advanced techniques which he taught involve raising the energies from the mūlādhāra cakra corresponding to the perineum up to the sahasrara cakra during sexual intercourse with a spiritually minded partner, resulting in sublimated energy, tejas. manifesting throughout all the cells of the body.

In the fifth century B.C., Confucius met Lao-Tzu Bo-Yang and afterwards said of him:

I know a bird can fly, a fish can swim, and an animal can run. For that which runs, a net can be fashioned; for that which swims, a line can be strung. But the ascent of a

Dragon on the wind into heaven is something which is beyond my knowledge. Today I have met Lao-Tzu, who is perhaps like a Dragon. Among the Chinese, particularly, the Taoists, the Dragon is the symbol of Kundalini Shakti, the primordial force.

At the end of his mission to China, about 400 BC, Bhoganāthar, with his disciple Yu (whom he also gave the Indian name Pulipani) and other close disciples, left China by the land route. As recorded in the Taoist literature, at the request of the gatekeeper at the Han Ku mountain pass Lao-Tzu crystallized his teachings. He did so in two books, the Tao Ching, with 37 verses, and the Te Ching with 42 verses (MacKintosh, 1971).[3]

In book two he says ‘Do good to him who has done you injury’, which was also said by the contemporary Tamil Siddha, Tiruvalluvar in his Tirukkural (Tiruvalluvar, 1968). Taoist yoga traditions continue to seek physical immortality using techniques remarkably similar to those taught in Tamil Shiva Yoga Siddhānta.

Return to India

Along their way, they visited several shrines in the Himalayas and Kāmarūpa, the famous Tantric Shakti shrine in Assam.[4] He composed his greatest work of 700,000 verses near Mt. Kailasa with the blessings of Lord Shiva. It was later abridged to 7,000 verses, and is known as Bhogar Sapta Kandam. He later visited Gaya, India and Arabia. Upon his return to Tamil Nadu he introduced the Chinese salts and chemistry, which he called Cīna-cāram and porcelain making. He submitted his 7,000 verse manuscript for evaluation to his guru, Agastyar at Courtrallam and to an academy of siddhas there. It was endorsed by all of them as a great work.

Following this, many siddhas, including Konkanavar, Karuvoorar, Nandeewar, Kamala Muni, Satta Muni, Macchamuni, and Sundarandar became his disciples to study the sciences of kaya kalpa and yoga. He eventually turned over his teaching mission to Pulipani.

Establishes shrine at Katirkamam and attains swarūpa samādhi

After performing tapas at Sathura Giri, and Shiva Gin, he went to Katirkamam in Sri Lanka to perform tapas and win the grace of Lord Muruga. Under inspiration from the Lord he established the famous Yantra shrine, representing the 1,008 petalled lotus cakra, which blossomed in Bhogar there.

Next he went to Palani where he attained swarūpa samādhi. He retired to Katirkāmam, where Babaji Nagaraj met him around 211 AD.

Second Mission to China

Later, after the period of the Six Dynasties (220 to 590 AD), Bhoganāthar returned with some Tamil disciples to China. He left his mission in Tamil Nadu with Pulipani, the Chinese Siddha. During the construction of the Brihitiswarar Shiva Temple in Tanjore, Tamil Nadu, around 900 AD. Bhoganāthar advised its builders as to how to raise the eighty ton capstone to the top of the temple, more than 200 feet high. This was done through his disciple Karuvoorar and another Tamil disciple who acted as intermediaries and through messages tied to the legs of courier birds, like today's homing pigeons.

At Bhogar's suggestion a gradient ramp five miles long was built, up which the stone was pulled to the top of the

temple. This was one of the most remarkable engineering feats of all times. About this time he also advised the King of Tanjore to build a small shrine dedicated to one of his greatest disciples, Karuvloorar, behind the Bhrihiteeswarar Shiva Temple.

Current Activities

While Bhoganāthar is reported to have left the physical plane at Palani, he continues to work on the astral plane, inspiring his disciples and devotees, and even in rare instances he transmigrates into another's physical body for specific purposes.

Source: Babaji and the 18 Siddha Kriya Yoga Tradition, by M. Govindan (Kriya Yoga Publications, 1991), pp. 113-118.

For true Immortality, you need to learn to drop the Body like a suit of old clothes and learn to pass through the death experience in full consciousness.

Then you can take your place with the other Immortal Ascended Masters in whose presence you need no longer feel ashamed.

TAMIL SIDDAR BHOGAR

TAMIL SIDDAR BHOGAR CREATED BOTH THE KUNDALINI KRIYAS AND TAOIST MEDITATIONAL ORBITS TAUGHT IN ENERGY ENHANCEMENT ALSO THE PHYSICAL IMMORTALITY OF KAYA KALPA AND ALCHEMICAL TAOISM - BY TRANSMIGRATING INTO THE BODY OF LAO TSU.

energyenhancement.org



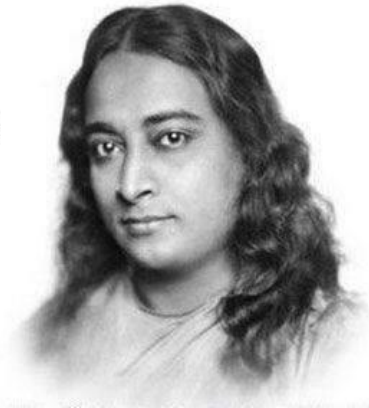
"As the Zen Masters write, "Do not look upon my finger (Or any of the Masters works) but to the Moon (The Soul) towards which it points." This is SIGNIFICANCE. This is MEANING. This is ENERGY. This is Kundalini. This is the Incredible, Kundalini, Orgiastic, SOUL Energy!!"

Swami Satchidanand

Over the next few Initiations of the "Kundalini Kriyas" taught by Babaji, Student of Tamil Siddar Bhogar, for over 2000 years in the Himalayas and then by his students Lahiri Mahasaya, Sri Yukteswar and then "Paramahansa Yogananda" who wrote, "Autobiography of a Yogi".

*“Practice meditation.
You'll find that you are
carrying within your heart
a portable paradise.”*

~ Paramahansa Yogananda



Yogananda

Tamil Siddar Bhogar transmigrated into the Body of Lao Tsu and there taught the Kundalini Kriyas as the Taoist Orbits and the Taoist Alchemical Orbits were taught by Taoist Masters for 4000 years; Energy Enhancement goes further than both of the preceding Religion's teaching.

Tamil Siddar Bhogar was the teacher of Tamil Siddar Patanjali whose "Yoga Sutras of Patanjali" are the major teaching on the higher techniques of Meditation, Samadhi and Samyama for 5000 years.

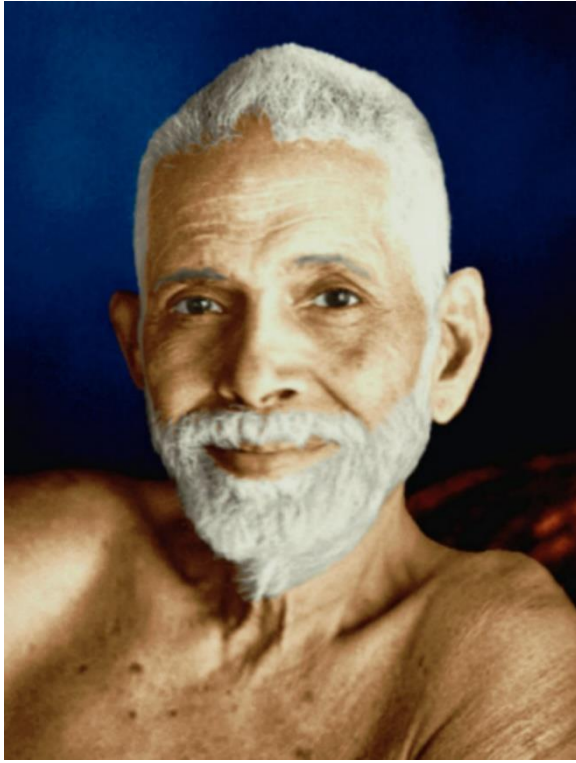


TAMIL SIDDAR PATANJALI WROTE THE YOGA SUTRAS OF
PATANJALI - "COMPLETE INSTRUCTIONS ON
ENLIGHTENMENT"

SRI RAMANA MAHARSHI, GURU, TAMIL SIDDAR,
ENLIGHTENED ILLUMINATED SPIRITUAL ASCENDED
MASTER

"Ramana Maharshi said that he had been able to deal with all the negative energies and energy blockages from everyone he met, but the Energy Blockages he had taken from his mother when she died in order to make her enlightened he had not been able to remove, thus the cancer.."

Read the History of Sri Ramana Maharshi below so that you might see what has been necessary in the past to achieve Illumination.



The original book was published by Sri Pillai, although the essay version of the book (Sri Ramana Nutrirattu) prepared by Sri Ramana is considered definitive as unlike the original it had the benefit of his revision and review. A careful translation with notes is available in English as 'The Path of Sri Ramana, Part One' by Sri Sadhu Om, one of the direct disciples of Sri Ramana.

As all living beings desire to be happy always, without misery, as in the case of everyone there is observed supreme love for one's self, and as happiness alone is the cause for love, in order to gain that happiness which is one's nature and which is experienced in the state of deep sleep where there is no mind, one should know one's self. For that, the path of knowledge, the inquiry of the form "Who am I?", is the principal means.

"Jnana is given neither from outside nor from another person. It can be realised by each and everyone in his own Heart. The jnana Guru of everyone is only the Supreme Self that is always revealing its own truth in every Heart through the being-consciousness 'I am, I am.' The granting of true knowledge by him is initiation into jnana. The grace of the Guru is only that Self-awareness that is one's own true nature. It is the inner consciousness by which he is unceasingly revealing his existence. This divine upadesa is always going on naturally in everyone."

- Sri Ramana Maharshi

"Knowledge of the Supreme Self is Simple. We attain it in Level 1 of Energy Enhancement. What must follow is the removal of all energy blockages. Higher Initiations caused by the purification which must follow Illumination. Higher energies. Higher Initiations than Enlightenment!!"

- Satchidanand

Sri Ramana Maharshi (Tamil: ரமண மஹரிஷி) (December 30, 1879 – April 14, 1950), born Venkataraman Iyer, was a Hindu spiritual figure ("jnani"). He was born to a Tamil-speaking Brahmin family in Tiruchuzhi, Tamil Nadu. After having attained liberation at the age of 16, he left home for Arunachala, a mountain considered sacred by Hindus, at Tiruvannamalai, and lived there for the rest of his life. Although born a Brahmin, he declared himself an "Atiasrami", a Sastraic state of unattachment to anything in life and beyond all caste restrictions. The ashram that grew around him, Sri Ramana Ashram, is situated at the foothill of Arunchala, to the west to the pilgrimage town of Tiruvannamalai.

Sri Ramana maintained that the purest form of his teachings was the powerful silence - the Presence which radiated from him and quieted the minds of those attuned

to it. He gave verbal teachings only for the benefit of those who could not understand his silence (or, perhaps, could not understand how to attain the silent state). His verbal teachings were said to flow from his direct experience of Atman as the only existing reality. When asked for advice, he recommended self-enquiry as the fastest path to moksha. Though his primary teaching is associated with Non-dualism, Advaita Vedanta, and Jnana yoga, he recommended Bhakti to those he saw were fit for it, and gave his approval to a variety of paths and practices

Sri Ramana Maharshi Family Background

Sri Ramana was born in a village called Tiruchuli near Aruppukkottai, Madurai in Tamil Nadu, South India on Arudra Darshanam day, into an orthodox Hindu Tamil (Iyer) family, the second of four children of Sundaram Iyer (1845?-1892) and Azhagammal (?-1922), and named Venkataraman at birth. His siblings were Nagaswamy (1877-1900), Nagasundaram (1886-1953) and sister Alamelu (1891/92-1953). Venkataraman's father was a respected leader.

Sri Ramana Maharshi Childhood

Venkataraman seemed a normal child with no apparent signs of future greatness. He was popular, good at sports, very intelligent but lazy at school, indulged in an average amount of mischief, and showed little religious interest. He did have a few unusual traits. When he slept, he went into such a deep state of unconsciousness that his friends could physically assault his body without waking him up. He also had an extraordinary amount of luck. In team games, whichever side he played for always won. This earned him the nickname 'Tangakai', which means 'golden hand'. When Venkataraman was about 11, his father sent him to live with his paternal uncle Subbaiyar in Dindigul

because he wanted his sons to be educated in English so they would be eligible to enter government service, and only Tamil was taught at the village school in Tiruchuzhi. In 1891, when his uncle was transferred to Madurai, Venkataraman and his elder brother Nagaswami moved with him. In Dindigul, Venkataraman attended a British School

Sri Ramana Maharshi The Awakening

In 1892, Venkataraman's father Sundaram Iyer suddenly fell seriously ill and unexpectedly died several days later at the age of 42. For some hours after his father's death he contemplated the matter of death, and how his father's body was still there, but the 'I' was gone from it.

After leaving Scott's Middle School, Venkataraman went to the American Mission High School. One November morning in 1895, he was on his way to school when he saw an elderly relative and enquired where the relative had come from. The answer was "From Arunachala." Krishna Bikshu describes Venkataraman's response: "The word 'Arunachala' was familiar to Venkataraman from his younger days, but he did not know where it was, what it looked like or what it meant. Yet that day that word meant to him something great, an inaccessible, authoritative, absolutely blissful entity. Could one visit such a place? His heart was full of joy. Arunachala meant some sacred land, every particle of which gave moksha. It was omnipotent and peaceful. Could one behold it? 'What? Arunachala? Where is it?' asked the lad. The relative was astonished, 'Don't you know even this?' and continued, 'Haven't you heard of Tiruvannamalai? That is Arunachala.' It was as if a balloon was pricked, the boy's heart sank."

A month later he came across a copy of Sekkizhar's Periyapuranam, a book that describes the lives of 63 Saivite saints, and was deeply moved and inspired by it. Filled with awe, and a desire for emulation, he began devotional visits to the nearby Meenakshi Temple in Madurai and, associated with this bhakti, later reported fever-like sensations.

Soon after, on July 17, 1896, at age 16, Venkataraman had a life-changing experience.

He spontaneously initiated a process of self-enquiry that culminated, within a few minutes, in his own permanent awakening.

In one of his rare written comments on this process he wrote:

'Enquiring within Who is the seer? I saw the seer disappear leaving That alone which stands forever. No thought arose to say I saw. How then could the thought arise to say I did not see.'

Sri Ramana described it later:

"It was in 1896, about 6 weeks before I left Madurai for good (to go to Tiruvannamalai-Arunachala) that this great change in my life took place.

I was sitting alone in a room on the first floor of my uncle's house. I seldom had any sickness and on that day there was nothing wrong with my health, but a sudden violent fear of death overtook me. There was nothing in my state of health to account for it nor was there any urge in me to find out whether there was any account for the fear. I just felt I was going to die and began thinking what

to do about it. It did not occur to me to consult a doctor or any elders or friends. I felt I had to solve the problem myself then and there.

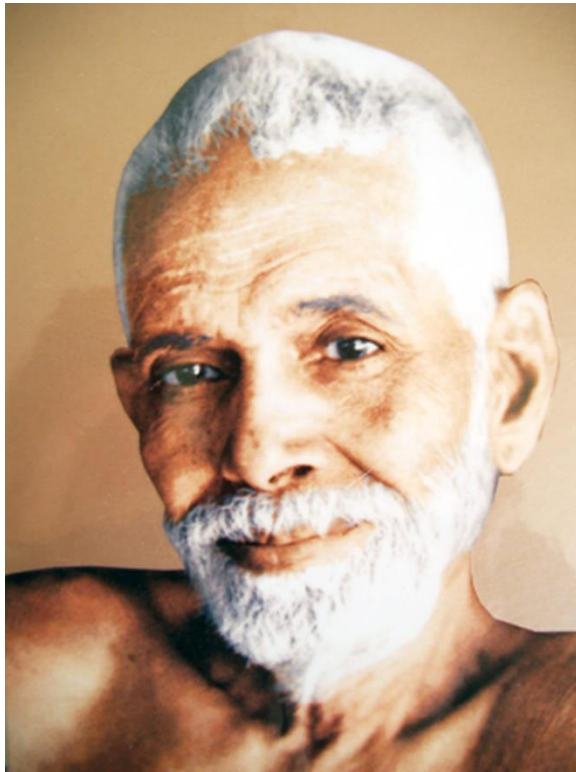
The shock of the fear of death drove my mind inwards and I said to myself mentally, without actually framing the words: 'Now death has come; what does it mean? What is it that is dying? This body dies.' And at once I dramatised the occurrence of death. I lay with my limbs stretched out still as though rigor mortis has set in, and imitated a corpse so as to give greater reality to the enquiry. I held my breath and kept my lips tightly closed so that no sound could escape, and that neither the word 'I' nor any word could be uttered.

'Well then,' I said to myself, 'this body is dead. It will be carried stiff to the burning ground and there burn and reduced to ashes. But with the death of the body, am I dead? Is the body I? It is silent and inert, but I feel the full force of my personality and even the voice of I within me, apart from it. So I am the Spirit transcending the body.

The body dies but the spirit transcending it cannot be touched by death. That means I am the deathless Spirit.' All this was not dull thought; it flashed through me vividly as living truths which I perceived directly almost without thought process. I was something real, the only real thing about my present state, and all the conscious activity connected with the body was centered on that I.

From that moment onwards, the "I" or Self focused attention on itself by a powerful fascination. Fear of death vanished once and for all. The ego was lost in the flood of Self-awareness. Absorption in the Self continued unbroken from that time. Other thought might come and go like the various notes of music, but the I continued like the

fundamental sruti note - a note which underlies and blends with all other notes."



After this event, he lost interest in school-studies, friends, and relations. Avoiding company, he preferred to sit alone, absorbed in concentration on the Self, and went daily to the Meenakshi Temple, ecstatically devoted to the images of the Gods, tears flowing profusely from his eyes.

Venkataraman's elder brother, Nagaswamy, was aware of a great change in him and on several occasions rebuked him for his detachment from all that was going on around him. About six weeks after Venkataraman's absorption into the Self, on August 29, 1896, he was attempting to complete a homework assignment which had been given to him by his English teacher for indifference in his studies. Suddenly Venkataraman tossed aside the book and turned inward in

meditation. His elder brother rebuked him again, asking, "What use is all this to one who is like this?" Venkataraman did not answer, but recognized the truth in his brother's words.

Sri Ramana Maharshi The Journey to Arunachala

He decided to leave his home and go to Arunachala. Knowing his family would not permit this, he slipped away, telling his brother he needed to attend a special class at school. Fortuitously, his brother asked him to take five rupees and pay his college fees on his way to school. Venkataraman took out an atlas, calculated the cost of his journey, took three rupees and left the remaining two with a note which read: "I have set out in quest of my Father in accordance with his command. This (meaning his person) has only embarked on a virtuous enterprise. Therefore, no one need grieve over this act. And no money need be spent in search of this. Your college fee has not been paid. Herewith rupees two."

At about noon, Venkataraman left his uncle's house and walked to the railway station. At about three o'clock the next morning, he arrived at Viluppuram and walked into the town at daybreak. Tired and hungry, he asked for food at a hotel and had to wait until noon for the food to be ready. He then went back to the station and spent his remaining money on a ticket to Mambalappattu, a stop on the way to Tiruvannamalai. From there, he set out, intending to walk the remaining distance of about 30 miles (48 km).

After walking about 11 miles (18 km), he reached the temple of Arayaninallur, outside of which he sat down to rest. When the priest opened the temple for puja, Venkataraman entered and sat in the pillared hall where

he had a vision of brilliant light enveloping the entire place. He sat in deep meditation after the light disappeared until the temple priests who needed to lock up the temple roused him. He asked them for food and was refused, though they suggested he might get food at the temple in Kilur where they were headed for service.

Venkataraman followed, and late in the evening when the puja ended at this temple, he asked for food and was refused again. The temple drummer who had been watching the rude behaviour of the priests implored them to hand over his share of the temple food to the strange youth. When he asked for water, he was directed to a Sastri's house. He set out but fainted and fell down, spilling the rice he had been given in the temple. When he regained consciousness, he began picking up the scattered rice, not wanting to waste even a single grain.

Muthukrishna Bhagavatar was amongst the crowd that gathered around Venkataraman when he collapsed. He was so struck by Venkataraman's extraordinary beauty and felt such compassion for him that he led the boy to his house, providing him with a bed and food. It was August 31, the Gokulastami day, the day of Sri Krishna's birth. Venkataraman asked Bhagavatar for a loan of four rupees on the pledge of his ear-rings so that he could complete his pilgrimage. Bhagavatar agreed and gave Venkataraman a receipt he could use to redeem his ear-rings. Venkataraman continued on his journey, tearing up the receipt immediately because he knew he would never have any need for the ear-rings.

On the morning of September 1, 1896, Venkataraman boarded the train and traveled the remaining distance. In Tiruvannamalai he went straight to the temple of Arunachaleswara. There, Venkataraman found not only the

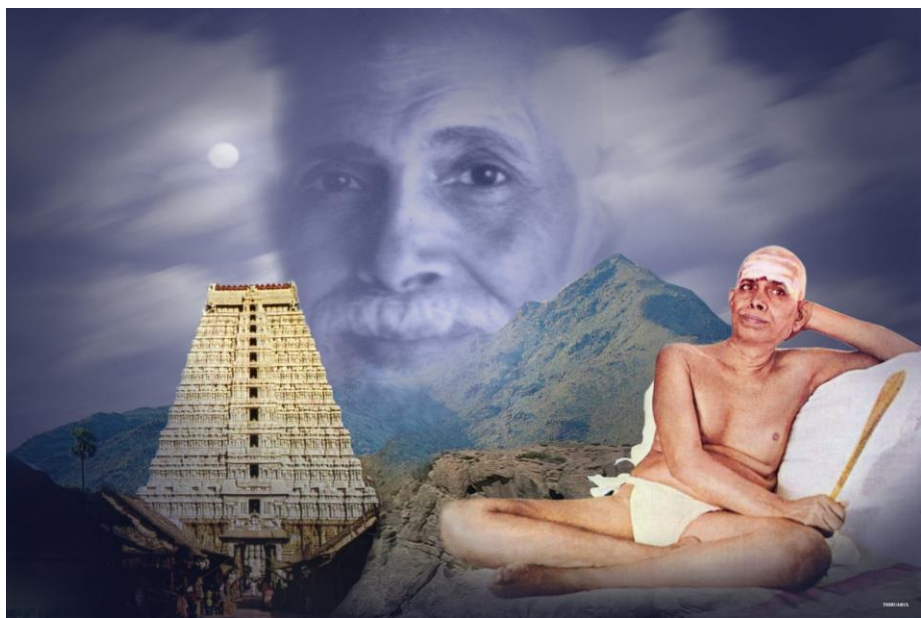
temple gates standing open, but the doors to the inner shrine as well, and not a single person, even a priest, was in the temple.

He entered the sanctum sanctorum and addressed Arunachaleswara, saying: "I have come to Thee at Thy behest. Thy will be done." He embraced the linga in ecstasy. The burning sensation that had started back at Madurai (which he later described as "an inexpressible anguish which I suppressed at the time") merged in Arunachaleswara. Venkataraman was safely home.

Sri Ramana Maharshi Early Life at Arunachala

The first few weeks he spent in the thousand-pillared hall, but shifted to other spots in the temple and eventually to the Patala-lingam vault so that he might remain undisturbed. There, he would spend days absorbed in such deep samādhi that he was unaware of the bites of vermin and pests.

Seshadri Swamigal, a local saint, discovered him in the underground vault and tried to protect him. After about six weeks in the Patala-lingam, he was carried out and cleaned up. For the next two months he stayed in the Subramanya Shrine, so unaware of his body and surroundings that food had to be placed in his mouth or he would have starved.



From there, he was invited to stay in a mango orchard next to Gurumurtam, a temple about a mile out of Tiruvannamalai, and shortly after his arrival a sadhu named Palaniswami went to see him. Palaniswami's first darshan left him filled with peace and bliss, and from that time on his sole concern was serving Sri Ramana, joining him as his permanent attendant.

From Gurumurtam to Virupaksha Cave (1899–1916) to Skandasramam Cave (1916–22), he was the instrument of divine protection for Sri Ramana, who would be without consciousness of the body and lost in inner bliss most of the time. Besides physical protection, Palaniswami would also beg for alms, cook and prepare meals for himself and Sri Ramana, and care for him as needed.

Gradually, despite Sri Ramana's silence, austerities, and desire for privacy, he attracted attention from visitors, and some became his disciples. Eventually, his family discovered his whereabouts. First his uncle Nelliappa Iyer

came and pled with him to return home, promising that the family would not disturb his ascetic life. Sri Ramana sat motionless and eventually his uncle gave up.

It was at the temple at Pavalakkunru, one of the eastern spurs of Arunachala, that his mother and brother Nagaswami found him in December 1898. Day after day his mother begged him to return, but no amount of weeping and pleading had any visible effect on him. She appealed to the devotees who had gathered around, trying to get them to intervene on her behalf until one requested that Sri Ramana write out his response to his mother. He then wrote on a piece of paper, "In accordance with the prarabdha of each, the One whose function it is to ordain makes each to act. What will not happen will never happen, whatever effort one may put forth. And what will happen will not fail to happen, however much one may seek to prevent it. This is certain. The part of wisdom therefore is to stay quiet." At this point his mother returned to Madurai saddened.

Soon after this, in February 1899, Sri Ramana moved further up Arunachala where he stayed briefly in Satguru Cave and Guhu Namasivaya Cave before taking up residence at Virupaksha Cave for the next 17 years, using Mango Tree cave during the summers (except for a six month period at Pachaiamman Koil during the plague epidemic).

In 1902, a government official named Sivaprakasam Pillai, with writing slate in hand, visited the young Swami in the hope of obtaining answers to questions about "How to know one's true identity". The fourteen questions put to the young Swami and his answers were Sri Ramana's first teachings on Self-enquiry, the method for which he

became widely known, and were eventually published as 'Nan Yar?', or in English, 'Who am I?'.

Several visitors came to him and many became his disciples. Kavyakantha Sri Ganapati Sastri, a Vedic scholar of repute in his age, came to visit Sri Ramana in 1907. After receiving instructions from him, he proclaimed him as Bhagavan Sri Ramana Maharshi. Sri Ramana was known by this name from then on.

Sri Ramana Maharshi Discovery by Westerners

It was in 1911 that the first westerner, Frank Humphreys, then a policeman stationed in India, discovered Sri Ramana and wrote articles about him which were first published in The International Psychic Gazette in 1913. However, Sri Ramana only became relatively well known in and out of India after 1934 when Paul Brunton, having first visited Sri Ramana in January 1931, published the book A Search in Secret India, which became very popular. Resulting visitors included Paramahansa Yogananda, Somerset Maugham (whose 1944 novel The Razor's Edge models its spiritual guru after Sri Ramana), Mercedes de Acosta, Julian P. Johnson, and Arthur Osborne. Sri Ramana's relative fame spread throughout the 1940s. However, even as his fame spread, Sri Ramana was noted for his belief in the power of silence and his relatively sparse use of speech, as well as his lack of concern for fame or criticism. His lifestyle remained that of a renunciate.

Mother's Arrival

In 1912, while in the company of disciples, he was observed to undergo about a 15 minute period where he showed the outward symptoms of death, which reportedly resulted thereafter in an enhanced ability to engage in practical affairs while remaining in Sahaja Nirvikalpa

Samadhi. In 1916 his mother Alagammal and younger brother Nagasundaram joined Sri Ramana at Tiruvannamalai and followed him when he moved to the larger Skandashram Cave, where Bhagavan lived until the end of 1922. His mother took up the life of a sannyasin, and Sri Ramana began to give her intense, personal instruction, while she took charge of the Ashram kitchen. Ramana's younger brother, Nagasundaram, then became a sannyasi, assuming the name Niranjanananda, becoming known as Chinnaswami (the younger Swami).

During this period, Sri Ramana composed The Five Hymns to Arunachala, his magnum opus in devotional lyric poetry. Of them the first is Akshara Mana Malai (the Marital Garland of Letters). It was composed in Tamil in response to the request of a devotee for a song to be sung while wandering in the town for alms. The Marital Garland tells in glowing symbolism of the love and union between the human soul and God, expressing the attitude of the soul that still aspires.

Ramana Maharshi Mother's Death

Beginning in 1920, his mother's health deteriorated. On the day of her death, May 19, 1922, at about 8 a.m., Sri Ramana sat beside her. It is reported that throughout the day, he had his right hand on her heart, on the right side of the chest, and his left hand on her head, until her death around 8:00 p.m., when Sri Ramana pronounced her liberated, literally, 'Adangi Vittadu, Addakam' ('absorbed'). Later Sri Ramana said of this: "You see, birth experiences are mental. Thinking is also like that, depending on sanskaras (tendencies). Mother was made to undergo all her future births in a comparatively short time.". Her body was enshrined in a samadhi, on top of which a Siva lingam was installed and given the name Mathrubutheswara [Siva

manifesting as mother]. To commemorate the anniversary of Ramana Maharshi's mother's death, a puja, known as her Aradhana or Mahapooja, is performed every year at the Mathrubutheswara.

After this, Sri Ramana often walked from Skandashram to her tomb. Then in December 1922, he came down from Skandashram permanently and settled at the base of the Hill, where Sri Ramanasramam is still located today. At first, there was only one hut at the samadhi, but in 1924 two huts, one opposite the samadhi and the other to the north were erected.

The Later Years

The Sri Ramanasramam grew to include a library, hospital, post-office and many other facilities. Sri Ramana displayed a natural talent for planning building projects. Annamalai Swami gave detailed accounts of this in his reminiscences. Until 1938, Annamalai Swami was entrusted with the task of supervising the projects and received his instructions from Ramana directly.

The 1940s saw many of Sri Ramana's most ardent devotees pass away. These included Echamma (1945), attendant Madhavaswami (1946), Ramanatha Brahmachari (1946), Mudaliar Granny and Lakshmi (1948). Sri Ramana was noted for his unusual love of animals and his assertion that liberation was possible not only for animals but also for plants: Ramana once spoke of a thorn bush gaining liberation by the Grace of a great saint. On the morning of June 18, 1948, he realized his favorite cow Lakshmi was near death. Just as he had with his own Mother, Sri Ramana placed his hands on her head and over her heart. The cow died peacefully at 11:30 a.m. and Sri Ramana later declared that the cow was liberated.

In 1939, at age 21, U.G. Krishnamurti met with Ramana Maharshi. U.G. related that he asked Ramana, "This thing called moksha, can you give it to me?" - to which Ramana Maharshi purportedly replied, "I can give it, but can you take it?". This answer completely altered U.G.'s perceptions of the "spiritual path" and its practitioners, and he never again sought the counsel of "those religious people". Later U.G. would say that Maharshi's answer - which he had originally perceived as "arrogant" - put him "back on track". "That Ramana was a real McCoy," said U.G. Krishnamurti.

Sri Ramana was noted for his belief in the power of silence and relatively sparse use of speech. He led a modest and renunciate life, and depended on visitors and devotees for the barest necessities. However, a popular image of him as a person who spent most of his time doing nothing except silently sitting in samadhi is highly inaccurate. From the period when an Ashram began to rise around him after his mother arrived into his later years, Sri Ramana was actually quite active in Ashram activities until his health failed.

In November 1948, a tiny cancerous lump was found on the Maharshi's arm and was removed in February 1949 by the ashram doctor. Soon, another growth appeared, and another operation was done by an eminent surgeon in March, 1949, with Radium applied. The doctor told Sri Ramana that a complete amputation of the arm to the shoulder was required to save his life, but he refused. A third and fourth operation were performed in August and December 1949, but only weakened him. Other systems of medicine were then tried; all proved fruitless and were stopped by the end of March when devotees gave up all hope.

To devotees who begged him to cure himself for the sake of his followers, Sri Ramana is said to have replied, "Why are you so attached to this body? Let it go" and, "Where can I go? I am here."

He said that he had been able to deal with all the negative energies and energy blockages from everyone he met, but the Energy Blockages he had taken from his mother when she died in order to make her enlightened he had not been able to remove, thus the cancer..

By April 1950, Sri Ramana was too weak to go to the hall, and visiting hours were limited. Visitors would file past the small room where he spent his final days to get one final glimpse. Swami Satyananda, the attendant at the time, reports, "On the evening of 14 April 1950, we were massaging Sri Ramana's body. At about 5 o'clock, he asked us to help him to sit up. Precisely at that moment devotees started chanting 'Arunachala Siva, Arunachala Siva'.

When Sri Ramana heard this his face lit up with radiant joy. Tears began to flow from his eyes and continued to flow for a long time. I was wiping them from time to time. I was also giving him spoonfuls of water boiled with ginger. The doctor wanted to administer artificial respiration but Sri Ramana waved it away. Sri Ramana's breathing became gradually slower and slower and at 8:47 p.m. it subsided quietly."

Henri Cartier-Bresson, the French photographer, who had been staying at the ashram for a fortnight prior to Sri Ramana's death, recounted the event:

"It is a most astonishing experience. I was in the open space in front of my house, when my friends drew my

attention to the sky, where I saw a vividly-luminous shooting star with a luminous tail, unlike any shooting star I had before seen, coming from the South, moving slowly across the sky and, reaching the top of Arunachala, disappeared behind it. Because of its singularity we all guessed its import and immediately looked at our watches – it was 8:47 – and then raced to the Ashram only to find that our premonition had been only too sadly true: the Master had passed into parinirvana at that very minute."

Cartier-Bresson took some of the last photographs of Sri Ramana on April 4, 1950 and went on to take pictures of the mahasamadhi preparations. The New York Times concluded: "Here in India, where thousands of so-called holy men claim close tune with the infinite, it is said that the most remarkable thing about Ramana Maharshi was that he never claimed anything remarkable for himself, yet became one of the most loved and respected of all."

Sri Ramana's teachings about self-enquiry, the practice he is most widely associated with, have been classified as the Path of Knowledge (Jnana marga) among the Indian schools of thought. Though his teaching is consistent with and generally associated with Hinduism, the Upanishads and Advaita Vedanta, there are some differences with the traditional Advaitic school, and Sri Ramana gave his approval to a variety of paths and practices from various religions.

His earliest teachings are documented in the book *Nan Yar?* (Who am I?), first written in Tamil.

Knowledge itself is 'I'. The nature of (this) knowledge is existence-consciousness-bliss.

What is called mind is a wondrous power existing in Self. It projects all thoughts. If we set aside all thoughts and see,

there will be no such thing as mind remaining separate; therefore, thought itself is the form of the mind. Other than thoughts, there is no such thing as the world. Of all the thoughts that rise in the mind, the thought 'I' is the first thought.

That which rises in this body as 'I' is the mind. If one enquires 'In which place in the body does the thought 'I' rise first?', it will be known to be in the heart [spiritual heart is 'two digits to the right from the centre of the chest']. Even if one incessantly thinks 'I', 'I', it will lead to that place (Self)

The mind will subside only by means of the enquiry 'Who am I?'. The thought 'Who am I?', destroying all other thoughts, will itself finally be destroyed like the stick used for stirring the funeral pyre.

If other thoughts rise, one should, without attempting to complete them, enquire, 'To whom did they arise?', it will be known 'To me'. If one then enquires 'Who am I?', the mind (power of attention) will turn back to its source. By repeatedly practising thus, the power of the mind to abide in its source increases.

The place where even the slightest trace of the 'I' does not exist, alone is Self.
Self itself is God

Sri Ramana warned against considering self-enquiry as an intellectual exercise. Properly done, it involves fixing the attention firmly and intensely on the feeling of 'I', without thinking. It is perhaps more helpful to see it as 'Self-attention' or 'Self-abiding' (cf. Sri Sadhu Om - The Path of Sri Ramana Part I). The clue to this is in Sri Ramana's own death experience when he was 16. After raising the

question 'Who am I?' he "turned his attention very keenly towards himself" Attention must be fixed on the 'I' until the feeling of duality disappears.

Although he advocated self-enquiry as the fastest means to realization, he also recommended the path of bhakti and self-surrender (to one's Deity or Guru) either concurrently or as an adequate alternative, which would ultimately converge with the path of self-enquiry.

Sri Ramana Maharshi - teachings and Advaita
Sri Ramana's teachings and the traditional Advaitic school of thought pioneered by Sri Adi shankara have many things in common. Sri Ramana often mentioned and is known to have encouraged study of the following classical works: Ashtavakra Gita, Ribhu Gita and Essence of Ribhu Gita, Yoga Vasista Sara, Tripura Rahasya, Kaivalya Navaneetam, Advaita Bodha Deepika, and Ellam Ondre. However, there are some practical differences with the traditional Advaitic school, which recommends a negationist neti, neti (Sanskrit, "not this", "not this") path, or mental affirmations that the Self was the only reality, such as "I am Brahman" or "I am He", while Sri Ramana advocates the enquiry "Nan Yar" (Tamil, "Who am I"). Furthermore, unlike the traditional Advaitic school, Sri Ramana strongly discouraged most who came to him from adopting a renunciate lifestyle.

To elaborate:

The traditional Advaitic (non-dualistic) school advocates "elimination of all that is non-self (the five sheaths) until only the Self remains". The five kosas, or sheaths, that hide the true Self are: Material, Vital, Mental, Knowledge, and Blissful.

Sri Ramana says "enquiry in the form 'Who am I' alone is the principal means. To make the mind subside, there is no adequate means other than self-enquiry. If controlled by other means, mind will remain as if subsided, but will rise again"

Teachers in his tradition

He considered his own guru to be the Self, in the form of the sacred mountain Arunachala. Sri Ramana did not publicize himself as a guru, never claimed to have disciples, and never appointed any successors. While a few who came to see him are said to have become enlightened through association, and there are accounts of private acknowledgements, he did not publicly acknowledge any living person as liberated other than his mother at death.

Sri Ramana declared himself an atiasrama (beyond all caste and religious restrictions, not attached to anything in life), and did not belong to or promote any lineage. Despite his non-affiliations, there are numerous contemporary teachers who publicly associate themselves with Sri Ramana, and some who assert being in his lineage.

Method of teaching was characterized by the following:

- 1.He urged people who came to him to practice self-enquiry;
- 2.He directed people to look inward rather than seeking outside themselves for Realization. ("The true Bhagavan resides in your Heart as your true Self. This is who I truly am.");

3.He viewed all who came to him as the Self rather than as lesser beings. ("The jnani sees no one as an ajnani. All are only jnanis in his sight.");

4.He charged no money, and was adamant that no one ever ask for money (or anything else) in his name;

5.He never promoted or called attention to himself. Instead, Sri Ramana remained in one place for 54 years, offering spiritual guidance to anyone of any background who came to him, and asking nothing in return;

6.He considered humility to be the highest quality;

7.He said the deep sense of peace one felt around a jnani was the surest indicator of their spiritual state, that equality towards all was a true sign of liberation, and that what a true jnani did was always for others, not themselves.

Notable followers

Over the course of Sri Ramana's lifetime, people from a wide variety of backgrounds, religions, and countries were drawn to him. Some stayed for the rest of their lives (or his) and served him with great devotion, and others came for a single darshan and left, deeply affected by the peace he radiated.

Quite a number of followers wrote books conveying Sri Ramana's teachings. Sri Muruganar (1893–1973), one of Sri Ramana's foremost devotees who lived as Sri Ramana's shadow for 26 years, recorded the most comprehensive collection of Sri Ramana's sayings in a work called *Guru Vachaka Kovai* (The Garland of Guru's Sayings).

Sri Ramana carefully reviewed this work with Sri Muruganar, modifying many verses to most accurately reflect his teaching, and adding in additional verses. Sri Muruganar was also instrumental in Sri Ramana's writing

of Upadesa Saram (The Essence of Instruction) and Ulladu Narpadu (Forty Verses on Reality).

Sri Sadhu Om (1922–1985) spent five years with Sri Ramana and about 28 years with Sri Muruganar. His deep understanding of Sri Ramana's teachings on self-enquiry are explained in his book *The Path of Sri Ramana – Part One*. Suri Nagamma wrote a series of letters to her brother in Telugu, describing Sri Ramana's conversations with devotees over a five year period. Each letter was corrected by Sri Ramana before it was sent. Attendants of Sri Ramana included Palaniswami (from 1897), Kunju Swami (from 1920), Madhava Swami, Ramanatha Brahmachari, Krishnaswami, Rangaswamy, Sivananda, Krishna Bhikshu and Annamalai Swami (from 1928). The devoted ladies who cooked for Bhagavan and his devotees in the ashram kitchen includes, Shantamma, Sampurnamma, Subbalakshmi Ammal, Lokamma, Gowri Ammal and few others.

Paul Brunton's writings about Sri Ramana brought considerable attention to him in the West. Other Westerners who wrote about Sri Ramana include Arthur Osborne (the first editor of the ashram journal, *The Mountain Path*), Major Chadwick (who ran the Veda Patasala during Ramana's time), Ethel Merston, and S.S. Cohen.

More recently, David Godman, a former librarian at the ashram, has written about Sri Ramana's teaching, as well as a series of books (*The Power of the Presence*) vividly portraying the lives of a number of lesser-known attendants and devotees of Sri Ramana. Swami Ramdas visited Ramana Maharshi while on pilgrimage in 1922, and after darshan, spent the next 21 days meditating in solitude in a cave on Arunachala. Thereafter, he attained

the direct realization that "All was Rama, nothing but Rama".

Maurice Frydman (a.k.a. Swami Bharatananda), a Polish Jew who later translated Nisargadatta Maharaj's work "I Am That" from Marathi to English, was also deeply influenced by Sri Ramana's teachings.

William Somerset Maugham, the English author, wrote a chapter entitled "The Saint" in his last book "Points of View." This chapter is devoted to Ramana Maharshi, whom Maugham had at one time visited before Indian independence.

Indian National Congress politician and freedom-fighter, O. P. Ramaswamy Reddiyar, who served as the Premier of Madras from 1947 to 1949, was also a devoted follower of Ramana Maharshi. Ramaswami Pillai, Balarama Reddy, Ramani Ammal, Kanakammal, Meenakshi Ammal, Perumalswami and Rayar are some of the other long standing devotees who came into the Sannadhi of Bhagavan during his life at Sri Ramanasramam.

Aksharamanamalai Many of Ramana Maharshi's followers asked for a hymn to sing while on their rounds for alms. They felt this would help distinguish them from other hermits. After much persuasion, Sri Ramana Maharshi composed Sri Arunachala Aksharamanamalai (The Marital Garland of Letters) in praise of Lord Shiva, manifest as the mountain Arunachala. The hymn consists of 108 stanzas composed in poetic Tamil, praising the formless Shiva as Arunachala and the different aspects of life and salvation that it symbolizes

Sri Ramana Maharshi Books Teachings

Ramana Maharshi and the Path of Self Knowledge, by
Arthur Osborne

The Teachings of Ramana Maharshi in his own words, by
Arthur Osborne (ISBN 81-88018-15-5) PDF

The Spiritual Teaching of Ramana Maharshi (ISBN 1-59030-
139-0)

Be as You Are: The Teachings of Sri Ramana Maharshi, by
David Godman (ISBN 0-14-019062-7)

Guru Vachaka Kovai (Garland of Guru's Sayings) by Sri
Muruganar, translation Sri Sadhu Om PDF

The Collected Works Of Sri Ramana Maharshi. Contains
compositions by Sri Ramana, as well as a large number of
adaptations and translations by him of classical advaita
works (ISBN 81-88018-06-6)

The Path of Sri Ramana, Part One and The Path of Sri
Ramana, Part Two, by Sri Sadhu Om (ASIN B000KMKFX0)
PDF

Happiness and the Art of Being: A Layman's Introduction
to the Philosophy and Practice of the Spiritual Teachings of
Bhagavan Sri Ramana (ISBN 1-4251-2465-8) PDF

The Essential Teachings of Ramana Maharshi: A Visual
Journey (ISBN 1-878019-18-X)

Talks with Sri Ramana Maharshi, by Munagal

Venkataramiah, covers the period 1935 to 1939 (ISBN 81-
88018-07-4) PDF

Reflections: On Talks with Sri Ramana Maharshi, by
S.S.Cohen (ISBN 81-88018-38-4) PDF

Padamalai: Teachings of Ramana Maharshi Recorded by Sri
Muruganar, edited by David Godman (ISBN 0971137137)

Sri Ramana Gita (ISBN 81-88018-17-1)

Day by Day with Bhagavan by A Devaraja Mudaliar (ISBN
81-88018-82-1). An account of daily discussions during
the period 1945 to 1947.

Gems from Bhagavan, by A. Devaraja Mudaliar

Maha Yoga, by 'Who' (Lakshmana Sharma), Rev 2002 (ISBN 81-88018-20-1), PDF
 Ramana Puranam: Composed by Sri Ramana Maharshi and Sri Muruganar (ISBN 81-8289-059-9)
 Origin of Spiritual Instruction, by Bhagavan Sri Ramana Maharshi (ISBN 978-0970366733)
 Who am I?: the teachings of Bhagavan Sri Ramana Maharshi by Ramana Maharshi
 Ulladhu Narpadhu - Collection of 40 hymns by Bhagavan Sri Ramana Maharshi
 BiographiesSelf-Realization: The Life and Teachings of Bhagavan Sri Ramana Maharshi, by B.V. Narasimha Swami (ISBN 81-88225-74-6)
 Ramana Maharshi and the Path of Self Knowledge, by Arthur Osborne online text
 Sri Ramana Leela, by Krishna Bhikshu (Telegu Original) PDF version online
 Timeless in Time: Sri Ramana Maharshi, by A.R. Natarajan (ISBN 81-85378-82-7)
 Ramana Maharshi: His Life, by Gabriele Ebert (ISBN 978-1411673502)
 ReminiscencesA Sadhu's Reminiscences of Ramana Maharshi, by Major A. W. Chadwick (ISBN 81-88018-37-6)
 Living By The Words of Bhagavan, by David Godman (no ISBN) about Annamalai Swami
 The Power of the Presence, Part One, by David Godman (ISBN 0-9711371-1-0), about several devotees
 The Power of the Presence, Part Two, by David Godman (ISBN 0-9711371-0-2), about several devotees
 The Power of the Presence, Part Three, by David Godman (ISBN 0-9711371-2-9), about several devotees
 Letters from Sri Ramanasramam, by Suri Nagamma (ISBN 81-88018-10-4), contains 273 letters from the period 1945 to 1950, each one corrected by Sri Ramana.
 A Practical Guide to Know Yourself: Conversations with Sri Ramana Maharshi (ISBN 81-85378-09-6)

Talks With Sri Ramana Maharshi: On Realizing Abiding Peace and Happiness (ISBN 1-878019-00-7)

Guru Ramana, by S.S. Cohen (ISBN 81-88225-22-3)

Moments Remembered, Reminiscences of Bhagavan Ramana, by V. Ganesan (ISBN 978-8188018437)

Living with the Master, Reminiscences by Kunjusrwami (ISBN 81-88018-99-6)

Sri Ramana Reminiscences, by G. V. Subbaramayya

ENERGY ENHANCEMENT STUDENT - PURUSHOTTAMANANDA AND ASCENDED MASTERS ABOVE THE HEAD - 24TH JULY 2011

I am trying to wrap my head around the idea that the ascended masters exist in a higher level plane of reality and are helping me to achieve such a high a state of existence in many lifetimes to come.

The ascended masters were put into earth at one time or another to help humankind as a whole but they decided to leave the planet and help the ones that were connected to them in previous lifetimes. I had amazing experience at initiation 4 with the Buddha. I connected with him because I have always been connected to him somehow in this lifetime and helped me to go up the spine into the higher chakras and understand awareness a bit more.

I humbly asked for his help because I knew I would need it. I asked permission to see the things he wanted to show me and they were downloaded into my subconscious.

I had an experience with the Buddha in initiation 4 of the first level of the EE course. I somehow got in touch with his soul. I see now that he was trying to teach me a little about compassion, but also to allow me to grow and go higher in my antahkarana.

I saw an Image of the Buddha sitting down steady all covered in gold and with his right hand towards me.

After I met him I just started to see lotus petals around me and I saw the wheel of dharma. The teachings he expounded over 2000 years ago. Then I began to see things within the context of the heart because he was teaching me inside the way of compassion. I saw all of these images and the heart began to open up.

In the next initiation Swami Satchidanand said that a miracle would happen in 45minutes, lucky me, after 45 minutes it did. The heart opened up, but I was taken aback by all the spiritual information that was pouring in. The important thing however is that I learned that the Buddha is alive, he never died, and this I think is hope for all students of enlightenment. Like my first teacher Dave Oshana says: Enlightenment is not the end, it is the beginning.

The Buddha is helping me build my antahkarana to go higher in the spheres of knowledge but with heart. Because it doesn't really matter what you know, it matters how much heart you put into to it. After a couple of meditations more I learned more about what he was trying

to convey. In a way I proved myself again to him that he'd love for me to learn a little bit about history, and he was helping me see and approach this subject with heart because history after all can be a serious affair.

Swami Satchidanand was taken me higher in my antahkarana, this is how I met the Buddha. He said to me at one moment of the meditation that I would enter a holy temple above the head, he said to me to have respect for it, to appreciate the value of it, I prayed for help before I entered the temple, and this is how the Buddha appeared to me.

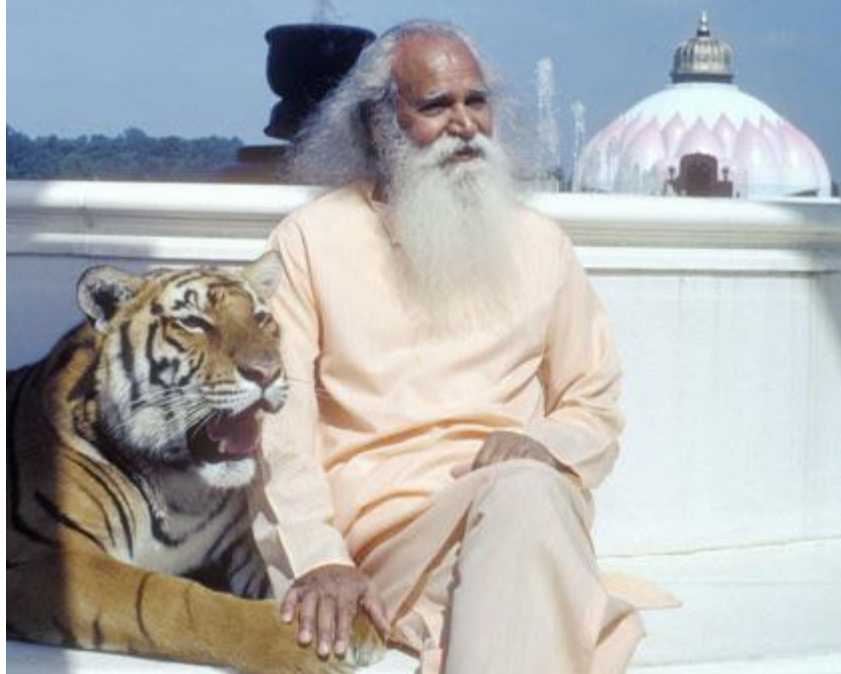
I humbly asked for more help in this sacred temple and then after the meditation I came down from it. But it was not after my heart opened that I began to have all of these wonderful experiences similar I think to the ones Buddha had when he became enlightened. Right now I feel very immensely grateful for this help, and it was a lesson to me when Swami Satchidanand kindly told me to stop intellectualizing these experiences and just let my heart know things a bit more. We started talking a bit about Happy Feet and how this movie is full of spirituality.

Buddha taught a lot, mainly about compassion. I thank the Buddha for his help, I feel most grateful to have known you in this way, I deeply honor my experiences and I hope I can be humble enough to appreciate the more and more.

Thank you Buddha.

Later I had another experience with Swami Satchidananda, he came to me in a sort of dream or a very high state of meditation I was in at the time.

"All the scriptures tell us one thing:
'Know thyself. If you have known
yourself, you have known everything
else.'" - Sri Swami Satchidananda



SWAMI SATCHIDANANDA SAT GURU OF SATCHIDANANDA

I saw an image of Swami Satchidananda very happy giving me a golden platter of jewels with diamonds and rubies and emeralds, and he was offering them to me, but somehow I refused his offering and I came back down from those great heights.

He said to me, "Be Good, Do Good" And there was so much power in his message when I first heard it, that I then began to incorporate this phrase into my system and began to read a book by him.

He had three more messages to deliver to me, he said:

“Stay in the ashram”,

"let Swami Satchidanand teach you,”

"he is good, trust him”

And he repeated this many times. I then learned that Swami Satchidanand also heard his master speak to him around the same time he spoke to me. The other message he delivered was:

“Learn how to breathe”.

Breathing as I have discovered, is really important to better handle higher influxes of energy.

(After this instruction I taught Purushottamananda the way of Pranayama I learned from my Master Theos Bernard. Inhale, hold the Breath, Exhale in a 10, 40, 20 second cycle, ten times in a row. And to build up to this is easy stages over six months. Also the use of Maha Bandha to hold the breath - KUMBHAKA - Mula Bandha, Uddiyana Bandha and Jalandara Bandha - Satchidanand)

Intuitive knowledge has increased in great amounts as I go higher and access the chakras above the head. It's like discovering you have all these new processors and so it goes, they themselves show you how they work. It's once you get to know better these things but it becomes increasingly difficult as you go up the ladder into heaven.

Thank you Prince Gautama.

Thank you Swami Satchidananda,

Thank you Swami Satchidanand,

Love,Puroshattomananda..

IMMORTALITY AND ENERGY ENHANCEMENT

Immortality and The Ascended Masters - Parama Poojya Sri Purushottamananda Puri Maharaj of Vasishtha Gufa in the Himalayas, Ramana Maharshi, Swami Satchidananda, Sri Sathya Sai Baba



Sri Sathya Sai Baba with Swami Purushottamananda of Vaishishtha Cave in the Himalayas

ENERGY IS GIVEN BY THE MASTER TO CREATE THE HIGH ART OF ILLUMINATION. THE BUDDHAFIELD, THE IMPRESSION OF THE BUDDHAFIELD INTO BOOKS, MUSIC, MOVIES, SACRED DANCE, PAINTINGS... OF A PSYCHIC ENERGETIC CHARGE, A PSYCHIC SEED WHEREBY YOU CAN BECOME TRANSFORMED ENERGETICALLY SIMPLY THROUGH THE TRANSFER OF KUNDALINI ENERGY BLESSINGS.

SIMPLY BY BEING IN THE PRESENCE..

Here above is Sri Sathya Sai Baba with Swami Purushottamananda of Vaishishtha Cave in the Himalayas. And so the torch is passed on...

Having visited Sathya Sai Baba regularly since 1989, my last time there in 2010 for two months, and spent many more months in between on his Ashram near Bangalore in India - It was always difficult to get an interview with Sathya Sai Baba, I can state that my experience is that every time I visited I had the, "Innerview" with Sathya Sai Baba.

He gave me energy, painfully transmitted from his psychic hands on one occasion.

Another, one day I nodded off in the middle of a speech by Sai Baba during the Festival of Lights and I saw him jump of the stage and walk down the isle to a space in front of me. He said, "What can I do for you?" and it was like an electric shock because I felt it was real at that moment. Images appeared in front of me, a Rolls Royce, a big House, Gold, Yacht and hundreds of pretty girls. I took them all in my arms and put them behind me. And he said, "Well, I'll see what I can do" and turned away, walked back down the isle, jumped back onto the stage and continued his talk. At that point I, "Woke Up"... And many more experiences like this. Yes, there were giants in those days.

Parama Poojya Sri Shantananda Puri Maharaj of Vasishtha Guha (Himalayas), born in 1928, is a disciple of Parama Poojya Sri Purushottamananda Puri Maharaj.



We met Shantananda at Vaishishtha Gufa in the Himalayas on one of our All India Tours. A Genuine master and Disciple of Purushottamananda

Sri Shantananda Puri Maharaj belongs to the following Guru Parampara - the lineage of spiritual teachers - in the Advaita Vedanta tradition:

- Sri Adi Shankaracharya
- Sri Tota Puri
- Sri Ramakrishna Paramahansa

- Sri Swami Brahmananda Puri Maharaj
- Sri Swami Purushottamananda Puri Maharaj

Swamiji is a scholar par excellence in Vedic Scriptures, Puranic texts as well as other texts. His deep knowledge and lucid exposition of Bhagavad Gita, Yoga Vasishtha, Ashtavakra Gita have made him an authentic guide and Guru of the thirsty aspirants for spiritual guidance and knowledge. His simplicity, transparent heart, deep faith in the Divine and absolute surrender to That, have made him an ideal combination of Jnana, Bhakti, and Vairagya. His mastery in Sanskrit, English, Hindi, and Tamil and his vast experience and deep insight have drawn innumerable followers from India and abroad.

Some of the books, written in English and authored by His Holiness, that have been popular among the spiritual seekers are:

- "Srimad Bhagavatam: Its message for the Modern Man"
- "Sadhanas in Bhagavad Gita"
- "Fragrant Flowers: Spiritual Reminiscences of a Himalayan Monk"
- "The Quantum Leap into Absolute: The Essence of Ashtavakra Gita"
- "Jivanmukti: Liberation Here and Now"
- "Answers to Basic Spiritual Questions of Sadhaks"
- "Stories for Meditation"
- "Sri Lalita Sahasranama Stotram: An Insight and Commentary on Sivasahasranamam".
- "Instant Awareness - Talks from Ashtavakra Gita" (released at Sri Ramanasramam on May 5th., 2004)

A number of these books have already appeared in translation also in Hindi, Kannada and Telugu. He has written a commendable commentary in Hindi and Tamil on

Shivasahasranamam which occurs in Linga Purana and has composed in Sanskrit, Sri Ramana Maharshi Suprabhatam which has been brought out by Sri Ramanasramam by way of an audio cassette.

Since 1995, during his stays at Sri Ramanasramam - Tiruvannamalai, Swami Shantananda Puri Maharaj has offered daily lectures on many classical texts to a large number of spiritual seekers.

From the end of May 2003 Sri Swami Shantananda Puri stays at Sri Ramanasramam, where, between July 15, 2003 and May 5, 2004 Swamiji was in Mouna (complete silence, no verbal communication).

THE TAMIL SIDDARS

Vanaimoinen and Bhogar, Patanjali and Ramana Maharshi, and their Connection with Tolkien and Energy Enhancement



"Väinämöisen pää", 1893

For 20,000 years - yes Tamil from Tamil Nadu in the South of India predates Sanskrit by thousands of years - Tamil Siddars have been at the Heart of Human Evolution. From Tamil Siddar Bhogar of Palani Hill Temple and his Spiritual and physical Alchemy to create Enlightenment and Immortality transmigrating into the body of Lao Tsu to create Taoism.

To Tamil Siddar Patanjali and his Yoga Sutras of Patanjali - "Here are complete instructions on Enlightenment!!" the Truth, the whole Truth with nothing left out - "Designed to Succeed!!"

To Tamil Siddar Ramana Maharshi and his Ashram in Tamil Nadu, South India.

The best form of hiding is in plain sight, because nothing is hidden that is not also revealed.

Wizard language is a slip-code. This term refers to the fact that information is "slipped" into totally mundane places, and to the fact that the code is not a code at all. It is simply a way of saying and doing things that obscures the general meaning.

Language is mostly in the face and body. Wizards read your mind because you are telling us what you are thinking.

Words are for deception. The easiest way to hide something is with words.

The truths that people wish to tell, they tell by their actions. The Wizard learns early how to read the human face and form. Those born with what we call, "the talent,"

know more about the world around them by the age of three than the uninitiated know by 30.

Not understanding words, the Wizard child understands truth, instead. Buddha was one such, Vanaimoinen another.

What is self evident is impossible to understand.

As created and uncreated entities fill both the universe and the nothingness that envelopes all universes, it is impossible for any one entity to understand everything around them. Our mundane perceptions are derived from our five senses. The reality is that these are not the totality of the onboard sensory package available to us. We have also a sense of balance, a proximity sense, the capacity to detect predation, and a variety of decreasingly scientific but no less real abilities.

With Meditation we increase our senses.

With Meditation we begin to have experiences of that other world of the Soul whereby we see all our previous lifetimes.

With Meditation we see those Lifetimes of which the Buddha so eloquently talked.

With Meditation we see that we ourselves are Immortal!!

With Meditation we see that we pass from lifetime to lifetime shedding our old bodies as every night we shed our dirty clothes.

With Meditation we see that the purpose of our lives is to develop autonomy, to develop Soul Path, where no-one else can tell us what to do.

With Meditation we see that we have the free will ONLY to do the right and good thing.

With Meditation we see that this world is a factory for the production of Enlightened beings.

With Meditation we see that any opposition is grist to our mill, that opposition is only there to create evolution, that opposition is the grain of sand which in the oyster produces the Pearl of Illumination.

Parable

Take the following tale to heart, and you will possess the true secret of understanding the Way that is concealed because it is revealed.

The Finns talk of a great old Wizard, called Vainamoinen. He was a song-singer and tale-teller, older than every other living thing on earth in his day, impervious to weather, and the champion of the manly arts of dancing and making matter appear from thought. He was the perennial enemy of the Ice-Witch, Louhi, and a general all-around bad mofo and ass-kicker. Think Merlin, but then make him a Viking and give him an imposing Finnish beard. This is Wizard propaganda at its finest, and by that we know that about one-half of it is true.

Wizard propaganda is guaranteed to be 50% true - over 85% more truth than the other leading brands.

Vainamoinen was famed for his defense of the Finns, and his bond with the land. Modern scholarship has revealed that his name means something like "song-singer" and that he was originally a god among the Finnish people. He

is thought to have been a ritual-master sort of deity, a conveyor of sacred songs which could take or give life, bring the weather, and make the seasons mild or harsh. These are important things to consider when one lives in Finn-land.

The only problem with this story is that it is total nonsense. This is not to say that there was not a genuine historical figure upon whom the character was based. That is almost certainly the case, since most of the major mythological figures reflect at least an archetypal conflation of persons and identities, and at most, specific persons.

The problem here is that Vainamoinen is not exactly the proper rendering of the real Wizard's name. The "right" way that it is said in the deepest Occult circles is Vanaimoinen. And the simple act of moving the letter "i" unlocks a code.

This is a memory device for recalling the oral tradition elements upon which all genuine Occult teachings are still based. Using the internet will not give you links to the sort of information you need if you want to possess true magick. A library might get you started, but then you would run out of living people to go chase down and try to get answers out of... people who would - all the while knowing what you seek - protest ignorance and eventually get a restraining order against you. You might find an old, dusty children's book from 1911, for instance, in the basement of a library in Ohio, or one in the Piedmont region of Italy, in which the name "Vainamoinen" appears to be misspelled as "Vanaimoinen." It's a simple error, a misprint, an editor's oversight. And you might find that the publisher's seal, somewhere in the tiny details,

contains an owl... If only you could find the author, and ask the right questions, all would be made clear.

Vanaimoinen unlocks a deeper secret: the name is Tamil Siddar Vanainatyam, which ended up getting shifted around by the ancestors of modern day Finns about 2200 years ago, due to linguistic differences. The great Finnish God and culture-Wizard is in fact based upon a wandering Tamil holy man, an Enlightened Tamil Siddar - like Bhogar - who managed to find his way into the heart of Finland - on foot, with one garment and a small branch of the bael, or tree holy to Krishna - a trek of about 4000 miles as the crow flies. It was said that with the bael branch Vanainatyam could cure the sick, and that it would bear fruit for him - a golden apple - if he performed certain songs and dances.

If you noticed the thing about the Golden Apple and thought, "I wonder if there is a Greek mythological connection?", then you are on the right track with the wrong horse. As my father would say, "Change horses."

Perhaps ANOTHER Tamil Siddar was sent to Greece.

Plato, anyone?



THE GOLDEN APPLES OF THE SUN, THE SILVER APPLES OF THE MOON

Vanainatyam is a Tamil conflation of terms that means something like "form-dancer." The meaning is significant, and its connection to the mythological Finnish God and wizard is clear: both men are known for power over the material world exercised through music, and both men are known for their spiritual linkage to the divine. The only real issue here is that Vainamoinen is widely attested and known to mythologists and students of Nordic culture, whereas Vanainatyam is totally concealed from mainstream literature and history. He hides within his better-known counterpart... in plain sight. Wizards keep a secret history of the world. The answer is - in part - because we can.

The rest of the answer has to do with the fact that a great deal of European and Mediterranean art, culture, religion, and philosophy resulted from contact with India and China in deep antiquity.

The fascination amongst Elizabethan English nobles with exotic climes is palpable in their literature, and the Occult orders in the West knew of the importance of Indian

magick in the development of Western Civilization. But this is not how any culture group prefers to collectively think of itself.

It is a difficult pill to swallow to find that one's greatest achievements come from outside of the social body. While this is an aspect of provincialism, it is provincialism that informed most of the people of the past. It continues to exert undue influence over human thinking in the modern day. Wizards know this. We have known for much longer than is reasonable that human beings live on a planet in space. As such, we are not properly divided into regional teams that can war on one another for absurd causes. But this is not the view of the everyday person, and some truths are too jarring to be told. Wizards of the East, of the Orient, have been a major factor in a great many Western tales. There's even a trio of them that show up in a story popular around Christmastime - at least in the suburbs.

Vanainatyam was a relative late-comer in the grand scheme of things. He was preceded, according to Wizard history, by a whole line of spiritual teachers, yogis, martial arts masters, philosophers, and other assorted Enlightened beings - Tamil Siddars!!

Much of the Occult tradition has its roots in the same places that the Himalayas have their roots. Not only is this because of the strong spiritual force exerted by mountains upon the minds of men, but it is also because Tibet and Nepal contain some of the best territory on earth in which to hide - to be Occulted. Also, some people say Yetis taught the ancestors of the modern Nepalese the central secrets of magick about 6300 years ago.



YETI

The secrets of Invisibility.. When real Wizards talk about being occulted or hidden, they are very serious. If you are going to hide somewhere, the ancient sages teach us, hide in plain sight... except for when you are fleeing from an army or even an entire empire bent on decapitating you, because you might have taught the King's daughter that she can do whatever she wants to with her life. At those times, discretion suggests that you find the most remote place on earth, and hang out until this whole thing blows over.

The Tamil connection brings us geographically much farther south, into the pointy part of India. Very ancient magick resides there, and it is from there that some of the strongest shamanic workers are still said to come. If you need a demon out of you - and I mean out of you find a Tamil Wizard. I have no idea why this is so, but it is absolutely proverbial in certain circles.



INDIAN TEMPLE

Thus, it has long been known to a select few that certain of the biggest names in Magick - the ones depicted as White Guys with Staves - were in fact Indian holy men. How did little old Dravidic sorcerers impress great big Vikings? Perhaps their magick was quite real, after all. But a more important question is this: Why did these men lose their true identities, and turn - via the forces of narrative reinvention - into the archetypal source for Gandalf? We know that the White Wizard, Tolkien, was greatly affected by the Finnish Kalevala Saga whose effect was not only into the Hobbit and the Lord of the Rings, but also as far as the Silmarilion.

Tolkien, From the Tamil Siddars, From the Kalevala Saga, the Ancient sacred Texts he was studying, Tolkien absorbed, was Implanted with an Earth Protector Angel, a Good Psychic Program for the benefit of Humanity in order to defeat the Satanic Fascist Nazi Forces still, currently, ruling the World.

Everyone of the millions who read, "The Hobbit" or "The Lord of the Rings" was similarly implanted with this urge

to defeat Sauron, or Lucifer creating an army of Earth Protectors still implacably opposed to the ultimate Evil.

"EVIL IS!!" from the poetry of Tolkien.

And this is the Implantation of Energy Blockage Demons from Pornography, Sex, Drugs and Rock and Roll and Psychopathic "True Blood", "Game of Thrones", "Dexter", "Breaking Bad", "Sopranos" - Luciferian Torture Art. Designed to Pervert and Degrade.

"ANGELS ARE" - Satchidanand

This implantation of Angels is, "Objective Art" as described by Gurdjieff, it is also one of the main methodologies of White Magic. "Star Wars" "Lord of the Rings" "Last Samurai"

"The creation of the pure steel of immaculate innocence by its courage in the face of implacable evil"

THE ANGEL OF IMPLACABLE RESISTANCE TO
INFINITE EVIL!!



This is THE religious truth at the heart of all religions.



Siva Samhitā, iii, 10-19: "Now I shall tell you how easily to attain success in Yoga, by knowing which the Yogis never fail in the practice of Yoga. Only the knowledge imparted by a Competent Teacher through his lips is powerful and useful; otherwise it becomes fruitless, weak and very painful.

SATCHIDANAND IS A SERIOUS STUDENT OF ENLIGHTENMENT HAVING BEEN TAUGHT BY ZEN MASTER HOGEN OF JAPAN AND SWAMI SATCHIDANANDA OF VIRGINIA - YOGIRAJ AND STUDENT OF SWAMI SIVANANDA OF RISHIKESH. STUDENT OF SATHYA SAI BABA, FATHER BEDE GRIFFITHS, SRI YOGENDRA - NOW UNFORTUNATELY ALMOST ALL GONE!!

SATCHIDANAND REMAINS!!

The Finnish Saga, Kalevala & Tolkiens Qenya

Occasional discussion here of the nature of the influence of Finnish on Qenya eventually led me to my university library to reconsult their copy of the first edition of W. F. Kirby's translation of the Kalevala by Elias Lönnrot, (_K., The Land of Heroes_, 1907). Kirby's own introduction to his translation (unfortunately replaced in 1951 with a much more cursory introduction by J. B. C. Grundy) contains information that must surely have been of great interest to Tolkien, especially an excerpt given there from the original Finnish version of Runo VIII (lines 1-16).

I think it is worth quoting the beginning of this excerpt here, since it may well be the first Finnish text that Tolkien ever encountered. I give Kirby's rendering interlinearly, since it is from this that Tolkien would have had to infer most of what he could (at that time) about the language in the poem on the creation of Angels by White Wizards...

Tuo oli kaunis Pohjan neiti,
Lovely was the maid of Pohja,

Maan kuulu, ve'en valio,
Famed on land, on water peerless,

Istui ilman wempelellä,
On the arch of air high-seated,

Taivon kaarella kajotti
Brightly shining on the rainbow,

Pukehissa puhtaissa;
Clad in robes of dazzling lustre,

Walkeissa vaattehissa;
Clad in raiment white and shining.

Kultakangasta kutovi,
There she wove a golden fabric,

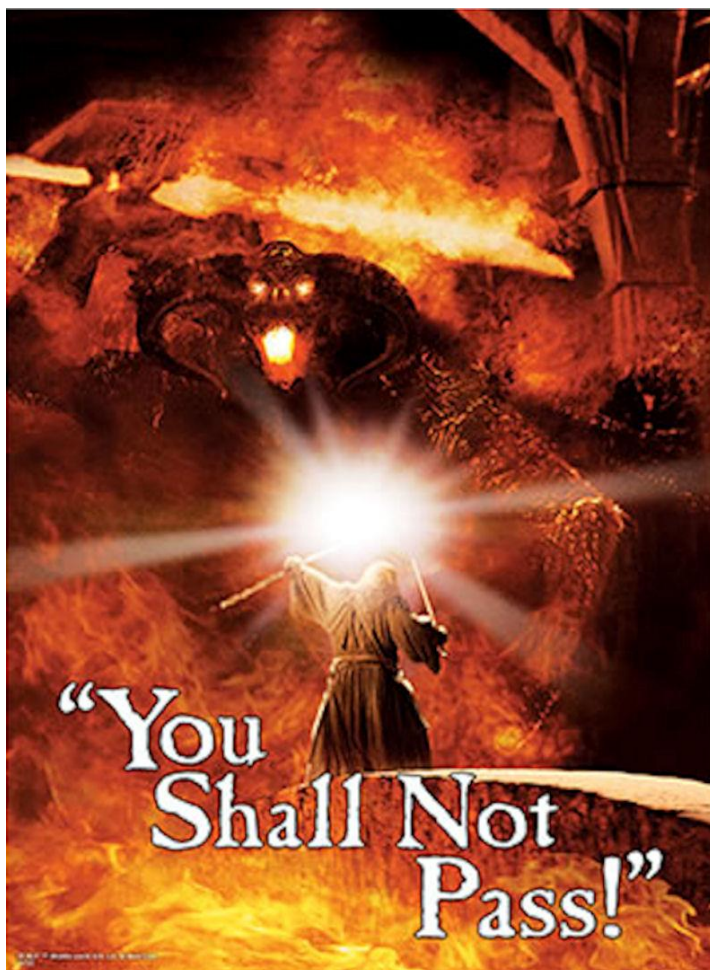
Hopeista huolittavi
Interwoven all with silver,

Kultaisesta sukkulasta,
And her shuttle was all golden,

Pirralla hopeisella.
And her comb was all of silver.



TAMIL SIDDAR GANDALF



I am a servant of the Secret Fire,
Wielder of the Flame of Arnor.
The dark fire (Luciferian Light) will not avail you,
Flame of Udun! Go back to the shadow.

"YOU SHALL NOT PASS!!"
- GANDALF AND TOLKIEN

Remember how Gandalf RELAXED after he hurled the
Demon, "Balrog of Morgoth" into the chasm, and the

Demon caught him and drew him down into the Chasm with him. Then Gandalf had to fight the Demon..

"From the lowest dungeon to the highest peak, I fought him, the Balrog of Morgoth..."...until at last I threw down my enemy and smote his ruin upon the mountainside." - LOTR MOVIE

A PYRRHIC VICTORY - GANDALF WANDERED ON THE ASTRAL PLANE RECEIVING A NEW INITIATION

THEN CAME BACK AS THE WHITE RIDER

When Gandalf fought the Balrog it was like WWII when we defeated the Fascist Nazi Hitlerian Satanic SS.

Since then we have RELAXED and Fascist Nazi Austerity Satanism has returned to enslave all the world.

FOR 10,000 YEARS BABYLONIAN SATANISM HAS STRIVEN TO ENSLAVE THE WORLD

SATANISM IS A RELIGION CREATED TO ENSLAVE THE WORLD

[20] David Livingstone - The Dying God: The Hidden History of Western Civilization Paperback - June 14, 2002 by David Livingstone

Livingston shows that the post modern - liberal-progressive-secular culture is really a product of an occult tradition that can be traced back to ancient Babylon through the myriad of secret societies, that do their bidding by proxy; Cabalists, Templars, Freemasons, Rosicrucians, Plato, France's Jacobins, German Austrian Thule Society, Covert Satanism Dianetics, Yale Univeresity's Skull and Bones of old Germanic secret

society, and all other propagandist of the esoteric occult practitioners of old and modern times.

In essence, this tradition adopted Lucifer as a symbol of mankind's rebellion against God.

It enshrined human reason, appetite and will as the ultimate standard of goodness and empowerment.

The occult's real aim is to empower the elite.

The basic principle of most religions is to behave unto others as we wish to be treated...[In contrast] the occultist...is lured by vanity to seek a type of knowledge that sets him apart from others, maintaining that it is the preserve of the elite.

Livingston shows how occult dogma was secretly adopted by key elites throughout history and was behind the English [1649], American [1776], French [1789], and Russian Revolutions[1917], three of which involved genocide.

The occultist inspired the so-called Enlightenment, which defined modern culture. Francis Bacon was a Rosicrucian. Diderot, Rousseau, Voltaire, Newton, Christopher Columbus were all Freemasons or belonged to diverse secret societies. Stalin, Roosevelt, and Churchill were Masons, Carl Marx and Stalin were closet Satanists, as was Henry Ford; accredited author of *The International Jew*; The plan of Washington D.C. was designed by Masons in the Shape of a pentagram as was the design of the pentagon; the design of the Capitol buildings and ground depicts an owl, the Molec idol of the Cannanites of ancient history, (of which the modern elite Bohemians worship today at the Bohemian Grove at the Russian River near Santa Rosa California.)

The significance of Livingston's lucid, well documented book is enormous. It implies that a dominant segment of our leaders secretly serve Lucifer; as the god of the modern world; their sinister and corrupt influence is evident everywhere.

Secularism is as much a religion as Christianity. The "separation of church and state" is a stratagem to enshrine Lucifer as their god of the modern world. Masonic secularism's goal is to destroy genuine religion like Christianity. It's no wonder why high visibility conservatives are under attack, they are the last bastion of resistance of their evolutionary progress towards godhood, this explains their elitism.

This Satanic attack only succeeds because people cannot believe something so colossal and monstrous actually exists.

This DOCUMENTED view of history puts us in a world at war between good and evil, what is contested is the human soul.

The people who are pushing products, drugs, violence, and sex are not operating on a random "whatever sells" basis. The top players are following a script designed to enslave humanity, body and soul. They are building a gigantic prison based on their own mental hell.

THIS IS THE NEW WORLD ORDER; we are the inmates.

"As evil people tell tales to deceive; White Wizards use tales to tell a deeper truth, of meaning and significance" - V for Vendetta adapted by Satchidanand

Tolkien was that wizard sending the thousands of years old truth of the Enlightened sages, the Tamil Siddars, the White Wizards, and the deeper truth he told was of.. The creation of the pure steel of immaculate innocence by its courage in the face of implacable evil.

This is THE religious truth at the heart of all religions.
- Satchidanand

J.R.R. Tolkien identified in his 1936 lecture on the Saga "Beowulf: The Monsters and the Critics" a "Northern 'theory of courage'"

—the heroic or "virtuous pagan" insistence to do the right thing even in the face of certain defeat without promise of reward or salvation:

"Enlightenment is the free will ONLY to do the right and good thing" - Satchidanand

Greenwald describes it as "the fearlessness of the fuck-you".

MENEFREGISTAS ALL..

"It is the strength of the northern mythological imagination that it faced this problem, put the Monsters in the Centre, gave them victory but no honor, and found a potent and terrible solution in Naked Will and Courage.

'As a working theory absolutely impregnable.'

So potent is it, that while the older southern imagination has faded forever into literary ornament, the northern has power, .. to revive its spirit even in our own times.

- Tolkien, JRR. "Beowulf: The Monsters and the Critics". The Tolkien Estate. p. 25.



FORTITUDE, COURAGE, BY SANDRO BOTTICELLI

Was it racism? Is that force so deeply ingrained in the Western mind that it stretches back to hoary antiquity, the result of a genetic curse of sorts? Naturally not. Racism is an antiquated Luciferian theory and philosophy which says certain people are not human, they are animals, cattle, and therefore can be rubbed out. Kafka's cockroach. The Jews. The cretins, The Poor. A life not worth living. The meat machine. Persuaded by this Eugenics propaganda, 250,000 people, political prisoners and cretins in Insane Asylums were euthenised by Medical Doctors in Germany during the second World War in the same way we put down animals because to these evil nazi doctors, They Were Putting Down Animals - MURDER!!

The only protection against this evil satanic philosophy which justifies murder - give them an inch.... - is Imago Dei and suicide forbidden!! And bear in mind, antiquated things have a way of reinventing themselves, particularly when satanic magick is used in their resurrection.

THE HISTORY OF MILAREPA - MILAREPA THE GURU - MILAREPA AND MARPA

Remember Hitler? Remember Hitler's fascination with India? But this is the whole of such matters. The truth behind this act of concealment is that this is how magick works. Speaking to the conscious mind only accomplishes so much. You can breed and train royal families on such things, but it takes far more to do the great work of getting us back to the stars, where we belong.



So armed, see what dragons ye may slay...

Now that you have an example of how we integrate information into the mainstream, the challenge should be clear to the serious seeker: How many other stories like this are there? How many other absolutely true historical narratives are nothing of the sort?

Slip-code takes a very long time to master. But we have ample time, generation to generation. What will you discover, when you see beyond sight?

"Are ye forgiven? What have ye learned?

Live rightly, and there shall be no need of forgiveness. Seek out thy wrongs, and set them right. This is the whole of the body of the secrets." - Tamil Siddhar Vanainatyam, Guardian of Finland and the Finns.

"Life is short and the time of death is uncertain; so apply yourself to meditation. Avoid doing evil, and acquire merit, to the best of your ability, even at the cost of life itself. In short: Act so that you have no cause to be ashamed of yourselves and hold fast to this rule" Milarepa

Energy Enhancement Yoga Sutras of Patanjali

by Swami Satchidanand

INTRODUCTION..

When I was five my Father and Mother asked me what I wanted in Life and I said, "Happiness" My father said, "Wouldn't you like a Rolls Royce?" But I said, "No, Happiness will do.." When I was Seven I had the experience of seeing some of my past lives. When I was Fourteen I saw all my useless future life and at the end of it I saw myself dying and for three days I really knew I was going to die. I started doing Yoga every night without telling anyone. When I was Twenty-one I had exactly the same experience of seeing my future and my death and I

started reading Gurdjieff and Spiritual Books. When I was 28 I read the words, "The Yoga Sutras of Patanjali" in the prospectus for a Yoga Teacher training Course. Just reading these words caused such a reaction in my being, that I knew I had to take the Course. I completed the Course, I trained in Aikido, I started to Meditate every day and after a year of preparation I met Zen Master Hogen. I met Swami Satchidananda a couple of years later. At the age of 32 I became Enlightened. Here are the Yoga Sutras of Patanjali..

When I was Seven Years old my mother asked me if I wanted to learn how to play the piano, "Not this time" I replied. Because I had been there, done that got the Tshirt. This lifetime was to be my lifetime devoted towards Illumination. Yet the talents still exist and is one of the reasons I have become the Director of Videos of Sacred Dance performed by Swami Devi Dhyani in High Definition moving towards 5.1 surround sound as with our latest Video "Sacred Beethoven's Ninth" Like the Sacred Series of Carmina Burana, Shakti, Phillip Glass, Pink Floyd and Led Zeppelin it reaches the highest available in Sacred Music. Music channeling a "Psychic Charge" which can be used for further transmission of pure Love - of the Truth.

I like to use music and dance as a method for the transmission of Kundalini Energy.



BEETHOVEN NINTH SYMPHONY - SACRED DANCE DVD

All could about it."

Satchidanand our students should use our 14 Sacred Dance DVDs in HD and 5.1 Surround Sound including Sacred Pink Floyd, Sacred Shakti with John McLaughlin, Sacred Carmina Burana, Sacred Beethoven's Ninth, and Sacred Akhnaten by Philip Glass in order to gain power and energy to help in their transformation.

I also like to use Spiritual Movies which have been touched by God on our Energy Enhancement Courses because they have a teaching, a meaning, a purpose, as a method for the transmission of Spiritual Energy. In a way the Great Souls who have made these movies have saved me the time needed to make these movies. We stand on the shoulders of Giants. We can use the works of these giants to augment and adorn our paths. When the major teachings have been explained, the Movies then become channels for the divine.

"All my life I have been guided by an inner sense of that which is significant. It is an inner recognition of the

energy emanating from the object. If you pay attention to that energy and follow it, it will lead you to enlightenment. That way you don't waste time on the insignificant which allows you to accomplish more.

For example on hearing the words, "The Yoga Sutras of Patanjali" I knew that this was significant and I vowed at that moment to learn everything I could.

THE OBJECTIVE ART OF GURDJIEFF AND MEDITATION KUNDALINI ENERGY

Gurdjieff said the Objective Art was created when objects were infused with Sacred Energies by the creators which then had the effect of creating Kundalini Energy, a raising of Spiritual Energy, a throwing out of Energy Blockages and Bad Emotions, in those who came near or viewed the Art Objects.

Thus he mentioned The Taj Mahal, The Alhambra, the Pyramids and the Sphinx.

However, anything can be infused with Sacred Energies.

I remember my first reading of the "Hobbit" by Tolkien at the age of eight.

I remember going to the Louvre in Paris and seeing a painting ascribed to The Master Leonardo Da Vinci which I have never seen since either live or in any art book. Apparently they had dragged it up from the basement for a week. On seeing it I laughed and burst into tears at the

same time. Thus are the effects of genuine spiritual energy infused into the Art Objects - Objective Art!!

OBJECTIVE ART IS THE PSYCHIC INFUSION OF PSYCHIC CHARGE!!

I remember visiting my Masters Lotus Temple at the Ashram in Virginia. As a Temple devoted to all the religions in the World He had asked for and received reliquaries from all the major religions and placed them in showcases around the ground floor. On viewing some of the reliquaries I could feel energy emanating from them. When a Master exists, his Buddhafield spreads the energy of Kundalini to quicken the Spiritual natures of All who come near him - Objective Art!!

The growth of a Master comes from the Purification of all the chakras to allow the transmission of more Spiritual Light. His growth also consists of increasing the size of his chakras so he can handle more energy. When he dies, his remains, his products, his buildings, carry on the good work. His creations contain some of his Base Chakra to carry on the connection of Energy between heaven and Earth. To continue the process of raising the Energy Levels of the Earth. So although the living masters physical body has disappeared, his chakras still exists on this plane. The Higher Spiritual body of the now Ascended Master still exists on the Higher Spiritual Planes!!

Whenever anyone views DVD "PULSE" by David Gilmour and Pink Floyd. I remember one of my friends saying that this music was his, "Food" without which he could not exist. "The Stomach is crying for a piece of bread, the hair is crying for a garland of Flowers" Hindu saying. "Man can not live by bread alone" - Jesus Christ. Whenever anyone views DVD "The Lord of the Rings" Whenever anyone Views any of the DVDs of the Sacred Dance of Devi Dhyani

- Sacred Pink Floyd, Sacred Carmina Burana, Sacred Beethovens 9th, Sacred Shakti with John McLaughlin, From Darkness to Light, "Akhnaten" By Philip Glass and its "Hymn to the Sun" then the "Pachamamma" DVD Series of Sacred Dance to Female Sacred Musicians like Lisa Gerrard of Dead Can Dance, Nico, Jocelyn Pook, Natacha Atlas then they are immediately Kundalinied!! - Objective Art!!

Because of the use of copyright music materials in the making of these Sacred Dances they can never be sold, they can only be disseminated for free. They must have been made by a fool, by someone not interested in money, by someone just wanting to create the right energy, because it is their Sacred Task to create these Art Objects. The effects of viewing can be strong but always necessary - Objective Art!!

Remember, when an artist, an author, A musician made something he made it because he had something to communicate, to channel for the benefit of humanity as well as making his living. In the same way that a miser keeps his money uselessly locked away so many works have been uselessly locked away and the treasure house of movies, music and text - all the great ideas, energies and thoughtforms of the genius of humanity have been uselessly locked away, impotent, unable to transmit the light they were created to transmit..

Whenever anyone enters into the Buddhafield of a Master they are Kundalinied. The Higher the Energy, the More the effect. The more the displacement of Energy Blockages. So, such excursions, such viewings should be treated with respect, because the purification needed, and given, can be of a condign nature. Thus after a meeting with Satchidanand for a course in India..

"For instance, since I've been working on "cleaning my base chakra" (The Grounding of Negative Energies - Satchidanand) everything around me seems to be going through a massive cleansing process - Only 2 days after I returned to Canada from India, a chain reaction of events led me to change my 5 employees, change some of my major accounts and delay a move to the United States. 10 weeks after the program, things are stabilizing.

Looking back, I think the cleansing process probably saved my business and my marriage.

Thank you Satchi and Devi" - Objective Art!!

The same Energy went into the making of the Energy Enhancement DVD Course. The information is not just intellectual. The effects are of Objective Art, of Spiritual Sacred Kundalini for the raising of Energy in all Students. It is not "Just" a course. It is Sacred Energy!! It must be treated with respect and the feet dipped in carefully. slowly, bit by bit. So that we learn to take the energy, otherwise its effects will be too great... - Objective Art!!

To send energy down to the reliquaries which are left - Objective Art



Energy Enhancement Yoga Sutras of Patanjali

by Swami Satchidanand

Book One

Samadhi Pada

The Portion on Contemplation.

Yoga Sutras of Patanjali, Book One, Sutra 1. Now, after all that, the exposition of Yoga is being made.

"Raja Yoga is Energy Enhancement - Now!! Here Are Complete Instructions on Enlightenment"

As Father Bede Griffiths once said to me, "Its all in the explanation" and reading through this text book - which is one of the set books on the Energy Enhancement Course - all about on Enlightenment, I thought it would be nice to comment. I did not get very far, this time, but more will surely follow. So, read on for The Yoga Sutras of Patanjali with its Citta, Vrittis, Vasanas, Energy Blockages, Dharana, Dhyana and Samadhi - Samyama, on the path of Enlightenment.. There is the rest of it if you follow this Link.. - Swami Satchidanand

YOU CAN BUY Integral Yoga Hatha - The Yoga Sutras of Patanjali (with full commentary, Sanskrit and Index) by Sri Swami Satchidananda FROM AMAZON, AND THIS TRANSLATION COMES FROM THAT BOOK - THE COMMENTARY BY MY MASTER IS IMPERDIBILE with commentary by Satchidanand.

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God Chakra The One God with 10,000 Names



Antahkarana - Holy Spirit

12 Avatar of Synthesis

11 Sirius

10 Logos

9 Monad

8 Soul

7 Sahasrara

6 Ajna

5 Vishuddha

4 Anahatha

3 Manipura

2 Svadhishthana

1 Muladhara

-1 Atala

-2 Vitala

-3 Sutala

-4 Talatala

-5 Rasatala

-6 Mahatala

-7 Patala

Squaring
The Circle

Earth Chakra Kundalini Chakra

UNION WITH THE CHAKRAS ABOVE THE HEAD AND
KUNDALINI CHAKRA IN THE CENTER OF THE EARTH

Energy Enhancement Yoga Sutras of Patanjali

by Swami Satchidanand

Book One

Samadhi Pada

The Portion on Contemplation.

Yoga Sutras of Patanjali, Book One, Sutra 1. Now, after all that, the exposition of Yoga is being made.

Commentary by Swami Satchidanand -

Yoga Sutras of Patanjali, Book One, Sutra 1. Now!! Here Are Complete Instructions on Enlightenment" After you have tried all the bad things and found they do not work to produce happiness and that the karma of your actions are immutable - Here are complete instructions on Enlightenment, on how to attain your Infinite Peace.

Yoga Sutras of Patanjali, Book One, Sutra 2. The restraint of the mental modifications within the mindstuff is Yoga.

Mental Modifications are Energy Blockages. When they are all removed Yoga or Illumination is the result. In Sanskrit, this sutra is.. Yogas Citta Vritti Nirodha - Yogas comes from the Sanskrit Yug meaning Yoke.

The Image is that of the normal human Yoked in alignment with or in Union with the Higher Self - The Soul Chakra and higher chakras above the Head.

This Yoking or Union with the Higher self and the chakras above the head is Enlightenment.



**FROM THOUSANDS OF YEARS AGO... THE BHAGAVID
GITA, KRISHNA THE SOUL AND ARJUNA THE SOUL
INFUSED PERSONALITY AND THE CHARIOT ALL**

YOKED TOGETHER WITH THE HORSES OF THE EMOTIONS - SYMBOLISING UNION WITH THE CHAKRAS ABOVE THE HEAD.

At the end of the "Wizard of Oz" movie the guy driving the horse and carriage, with his big moustache is meant to represent Gurdjieff.

Yogas or Yoga really means Enlightenment - A Soul Infused Personality occurs when there is a fusion - a hot process like welding - with the already created and purified angel crystalline Soul Chakra above the head. This is allowed by experience, creating the purity and alignment of the personality which is really a Mental Modification, in computer-speak a Virtual Machine, - in psychology a sub-personality - existing within the Citta, the Mind, a God-Created chakra Computer given to each one of us at birth.

Many different Sub-Personality Virtual Machines exist normally within the one Citta-Computer. A process of Integration creates the Soul Infused Personality - the Oneness of Illumination.

One thing not commonly known is that most human beings are filled with Virtual Machines, in computer speak we can have several personalities living within one mind - your mind.

We can see these sub personalities under the influence of drugs or Alcohol - when you are drunk you can be a bad drunk, a mean drunk or an angry drunk or a good drunk... but you will be under the influence of one or more of your sub personalities. I think they say, "In Vino Veritas" translated this means, "In Wine, Truth"

Usually we need time to find out about a person, they say, "Before you can have a friend, you must eat a pound of salt with them" and you do not eat a pound of salt at one sitting, no, you must spend a lot of time with a person before you can know everything about them.

Of course, Gurdjieff used to short circuit the process and at the end of every meal served with copious amounts of alcohol, he used to give his "toast to the idiots" where he used to demonstrate to his students the sub personalities of his new acquaintances - and by naming which type of idiot they were, give information on their necessary course of instruction.

For thousands of years since Egypt, sex, drugs, torture and hypnotism have given access to the mind of people to get information from them or to turn a person into an unconscious recorder of meetings as sub personalities usually have perfect memories - used by the spy trade satanic secret services whose ancient techniques were developed before Babylon - over 10,000 years ago!!

The perfect spy is a person who does not know they are a spy.

Operation Paperclip Mengele - in the pay of the Rockefeller Funded Eugenocidalist Kaiser Wilhelm Institute - updated the already copious knowledge of the Elite with his experiments on torture and drugs in the concentration camps. This was further updated by MKUltra run by the CIA when under Jolyon West and Ewen Cameron,

Terms like de-patterning became the currency of mind control. Mind control is based upon splitting the mind by trauma or torture and then re-educating it under the influence of hypnotism and drugs - the modern

pharmacopia is much wider than in Ancient Egyptian times.

"Operation CHATTER, BLUEBIRD-ARTICHOKE also involved "The Problem of Disposal of Subjects." and the creation of "amnesia barriers with hypnosis" by electric shock mind control and interrogation tools developed out of Auschwitz Concentration Camp by Hauptsturmführer (Captain) SS Dr. Josef Mengele that was expanded by his student, Dr. Ewen Cameron of McGill University."

The splitting is done through trauma. A better term for trauma is torture; pain, which creates the dense Negative Karmic Mass necessary to separate the thousands of created sub-personalities in the form of a 13x13x13 three dimensional matrix.

The experts in mind control have the ability, developed over thousands of years of Elite experience, to infuse cloned sub-personalities or Implant Energy Blockages into the spaces cut off by these veils of pain, so they always get a working result.

Generational Gang families have done this to their children for thousands of years, creating a, "front" sub personality which is usually engaging and kindly but behind that, "front" having an evil satanic, "back" personality which is actually the personality in charge, knowing everything about the front. However the front remains naive and knows nothing about what happens when the "back" takes over. It simply blacks out and doesn't question what happened when it was taken over.

Black site Guantanamo Bay is a noted University where torture mind control teaches Al Qaeda detainees how to become double agent Wahhabi leaders of ISIS and

Khorason who take orders from the CIA.. Like in the movies.. "The Manchurian Candidate"



MOLOCH HUMAN SACRIFICE THROUGH BURNING IS A CREATED RELIGION IN ORDER TO CONTROL

The Anglo-American Establishment Created Wahhabism by bribing Abdul Wahhab through secret agents in 1708AD using it to destroy the Ottoman Empire. The Anglo-American Empire Controls Saudi Arabian Wahhabism and Satanic ISIS Jihadi rent-an-army

Over many lifetimes, carried on from lifetime to lifetime, these types of sub-personality remain in the minds of many people.

As well as a lack of evolution, these energy blockage mind controllers are that which creates the sheep-like naivety of the Human Herd.

In the same way people do not question their actions when they were drunk, taken over by the drunk sub personality.

It is good to notice this process of floating from whim to whim, spurious desire to desire, within yourself, never actually achieving your goals. Gradually being sucked dry, turning more and more miserable, helpless, unhappy - normal..

Only Energy Enhancement can remove these Sub Personalities and integrate their energy back into the Soul, creation the Soul Infused Personality of Enlightenment.

The Grounding of Negative Energies, Alchemical VITRIOL, weakens the Negative Karmic Mass walls between Sub personalities, ready for their integration into ONE STRONG SOUL INFUSED PERSONALITY - ILLUMINATION, ENLIGHTENMENT..

Since Babylonian times all mention of these techniques as part of the Meditational training have been consciously removed from the books and from all Traditional Meditations and all that remains is the A, B, C of Meditation.

No other Course in the World except Energy Enhancement teaches you how to do this for yourselves LOL!!

Yes with Reiki or Hypnotism but then many people are not what they seem.

Would you trust just anyone to rummage through your mind and not deeply implant it with More Energy Blockages?

Many Dentists with drug anaesthesia and Hypno-TheRapists with hypnotism have been prosecuted for rape.

Better you learn how to do it for yourself!!

In Energy Enhancement, one of the Energy Blockages we remove are these sub personalities which only obscure the One Soul Infused Personality. We do it by the process of Raja Yoga - of Grounding, Samadhi and Samyama. Of a process of Viveka or Discrimination – Dis-Crime-Ination of the Energy Blockages as they move through the Gunas from Tamas, to Rajas, to purified Sattva.

When all of the Energy Blockages are grounded, the result is One Soul Infused Personality. We have become One!! In Alignment with the energies of God from the Chakras above the head, En-Light-ened!!

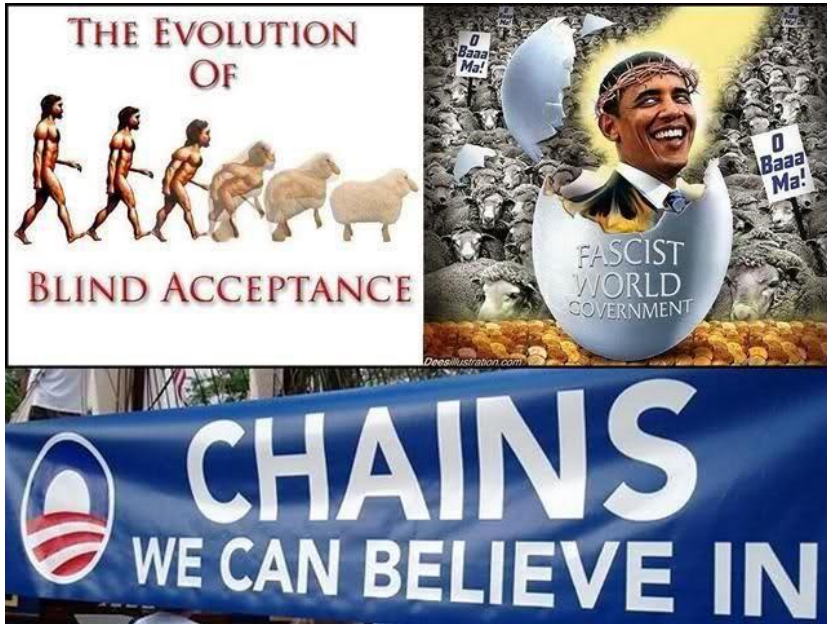
Energy Enhancement teaches Meditation from A to Z!!

You can understand why all mention of these techniques as part of the Meditational training have been consciously removed from the books and from all Traditional Meditations.

Because control over meditation is the ultimate power on this World!!

With this control the Sheep population herd remain sheep.. Baaa!!

“The Kings of the earth shall be Kings for ever: the slaves shall serve.” —AL. II. 58, Liber LXXVII of Aleister Crowley



Sheep..

Easily taken out and slaughtered.

Easily vampirised for their spiritual energy.

Whereas with Energy Enhancement you learn how to take back Power for Yourself.

With Energy Enhancement you learn how to become the Master of Yourself.

Never to be controlled, never to be taken advantage of, never to be fooled, ever again!!

ENERGY ENHANCEMENT VIDEO COURSES OR LIVE IN INDIA OR IGUAZU FALLS.

YOU CAN ORDER MANY PAPERBACK BOOKS BY SATCHIDANAND FROM AMAZON!! - YES, GIVE US A DONATION!! OR DOWNLOAD THE BOOKS FROM OUR SITE.

The Citta is the Mind Stuff. Another aligned crystalline chakra computer machine made up of pure Angels and thus is a purified mechanism in alignment with the will of God.

One of the many functions of this computer, usually prevented by the.. Vrittis - which are Sub-Personalityego-desires - is connection with the Soul so that it can absorb the intelligent energy - In Kashmir Shaivism this is called Chit-Shakti - of all the Chakras above the head which removes energy blockages and thus directs the alignment of the human being with the will of God.

The Vrittis - Hubbard Of Scientology called them BTs or Body Thetans which are Energy Blockages because of the joke that BTs sounds is like Vrittis - are the Mental Modifications - computer programs within the CittaComputer Mind stuff which, as they are created by us, are thought-form Sub-Personality Desires in many states of evolution. Thus they are in states surrounded by trauma created impurity filled Negative Karmic Mass. This mass of Energy Blockages is called, The Ego!!

Ego - Higo

The Higo

Nirodha, the Restraint of the Mental Modifications, involves evolutionary Purification and Alignment of the Human Created Mental Modifications which always start off as Energy Blockages or Angels surrounded with Negative Karmic Mass which prevent the non-egotistical

working of the mind, as with a purified and aligned mechanism which we are on the way to creating, through evolution of the thoughtform.

Purification, the removal of the Energy Blockages Trauma created Negative Karmic Mass and Alignment, the evolutionary adjustment of the impure Energy Blockages Mental Modification so that it does not work egotistically against the Will of God which usually occurs through right knowledge created by experience which has the ability to beat the crap or Negative Karmic Mass in regard to the Alchemical purification of the Dross out of the Gold Ore, thus creating pure Enlightened Gold.

As my Master, Swami Satchidananda told me, "What is the way of the world for the purification of Humanity? First we heat up the Gold Ore to 1000 degrees and then we take it out of the furnace and put it on the Anvil. And then WE BEAT THE CRAP OUT OF IT!!

This is NORMAL Karma!!

Energy Enhancement Meditation as a means of Karma Cleaning purification, of course, Karma Cleaning by the Grounding of Negative Energies and the Seven Step Process, is much more quick and Aesthetic!! Purifying the impure personality of its pain, thus purifying it for the Soul Fusion of Enlightenment.

Yoga Sutras of Patanjali, Book One, Sutra 3. Then the Seer (Self) abides in His own nature.

Commentary by Swami Satchidanand After the restraint of the Mental Modification energy blockages by purification of their trauma created, pain created, negative karmic mass, by their removal through the Samyama Process of the Energy Enhancement Seven Step Process of Level 2, we have a pure mind filled with

purified Thought-form Mechanisms. All
Energy Blockages in the Antahkarana column of
energy connecting us with the Chakras above the Head
have been Removed.

At that point we have two chakras, the Crown Chakra connected to all the Seven Chakras in the body and the Soul Chakra in the Chakras above the Head. Like two neutron stars circling each other, eventually they combine and fuse together as one pure aligned crystalline matrix - non resistant to the energies of the higher chakras.

We have come hOMe. We are living in the highest heart.
We abide in our own nature.

"All sages and Saints for thousands of years live from
Prajna Paramita" - Buddha, the Heart Sutra

When we have a perfect connection with all of the chakras above the head, by removing all the Energy Blockages between the chakras above the head and within the lower bodies, then we can easily put our attention in any level or chakra above the head.

If we choose to put our attention high then it is as if we can reside there.

That which is lower - the body - can disappear and leave us in Heaven. By projecting ourselves out of the purified body we can attain the same state that we attain normally when the body dies, thus, "Die before you die" of the Sufis. This ability normally appears before Illumination.

Abiding in your own nature means that you abide in your Deep Inner Peace.

YOU CAN'T STOP THE SIGNAL!!

Then the Seer (Self) abides in His own nature.

JUST AN EXAMPLE..

Yoga Sutras of Patanjali, Book One, Sutra 4. At other times (the Self appears to) assume the forms of the Mental Modifications.

Commentary by Swami Satchidanand Normally the Energy Blockage samskaras - the bija seeds of desire, either self created or energy blockage implanted by others, and their symptoms are in charge of us. We operate through the Sub-Personality or Talent Blockages or the Mental Modification Energy Blockages, the Ego, not yet purified or healed or grounded of their Trauma Pain Caused Negative Karmic Mass.

Normally we exist in the Pain Body of Eckhard Tolle. We are surrounded by Pain filled Energy Blockages. We exhibit their form.

And not only us. Everyone on this planet lives their pain, exists in their pain, acts from their pain, some more than others.

If you want to remove all negativity and live in your Deep Inner Peace, Patanjali gives all the techniques.

Energy Enhancement teaches them.

Energy Enhancement Students quickly remove their Energy Blockages and achieve Unity; Deep Inner Peace!!

Yoga Sutras of Patanjali, Book One, Sutra 5. There are five kinds of Mental Modifications which are either painful or painless.

Yoga Sutras of Patanjali, Book One, Sutra 6. They are:

Right Knowledge.

Misconception.

Verbal delusion.

Sleep.

Memory.

Commentary by Swami Satchidanand Here we are talking about the Evolution and purification of Blockage Thoughtforms from those containing pain caused Negative Karmic Mass which can never be the truth - a misconception - to those grounded and purified of pain - Right Knowledge or the Truth. That which is in alignment with the Will of God.

The Angel created functionality which adds in to the chakras is either in alignment with God or painless as it has been purified of Trauma - formed negative karmic Mass or not in alignment with God as it is striated with and surrounded by Trauma - formed negative karmic Mass.

Yoga Sutras of Patanjali, Book One, Sutra 7. The sources of right knowledge are:

Direct perception.

Inference.

Scriptural testimony.

Commentary by Swami Satchidanand Direct Perception, Intuition or the use of Hypothesis, which is the start of Intuition or Direct Perception, is the Psychic Power of being in communication with the truth, or God.

Inference is the use of the mind to check this intuitively given truth.

Scriptural Testimony is when that truth, spoken by an Enlightened saint is written down - and this truth should always be checked against Direct Perception, because it is very easy for this Scriptural testimony to be misunderstood, mis - explained, mistranslated and otherwise corrupted by a line being added or taken away as so very often happens - thus Scriptural Testimony can easily be misunderstood.

Yoga Sutras of Patanjali, Book One, Sutra 8. Misconception occurs when knowledge of something is not based upon its true form.

Commentary by Swami Satchidanand . What is the truth? well it is that which can never be changed and the only thing which never changes is God. God is an infinity of chakras above the head and he communicates by energy stepped down through all the other chakras.

When that energy is distorted by being transmitted through Trauma or Pain caused Negative Karmic Mass which coats all Blockage Thoughtforms then it is not true, it is misconceived. It is created a lie by being transmitted through a lie.

Yoga Sutras of Patanjali, Book One, Sutra 9. An image that arises on hearing mere words without any reality (as its basis) is verbal delusion.

Commentary by Swami Satchidanand . What is the truth? well it is that which can never be changed and the only thing which never changes is God.

God is an infinity of chakras above the head and he communicates by energy stepped down through all the other chakras.

When that energy is distorted by being transmitted through Trauma or Pain caused Negative Karmic Mass which coats all Blockage Thoughtforms then it is not true, it is misconceived.

It is created a lie by being transmitted as words through a lie.

Yoga Sutras of Patanjali, Book One, Sutra 10. That mental modification supported by cognition of nothingness is sleep.

The finest highest energy is God. The buddhists refer to it as, "Nothing" or Nirvana. Thus, "I know nothing" is a Zen joke as it really means, "I know God"

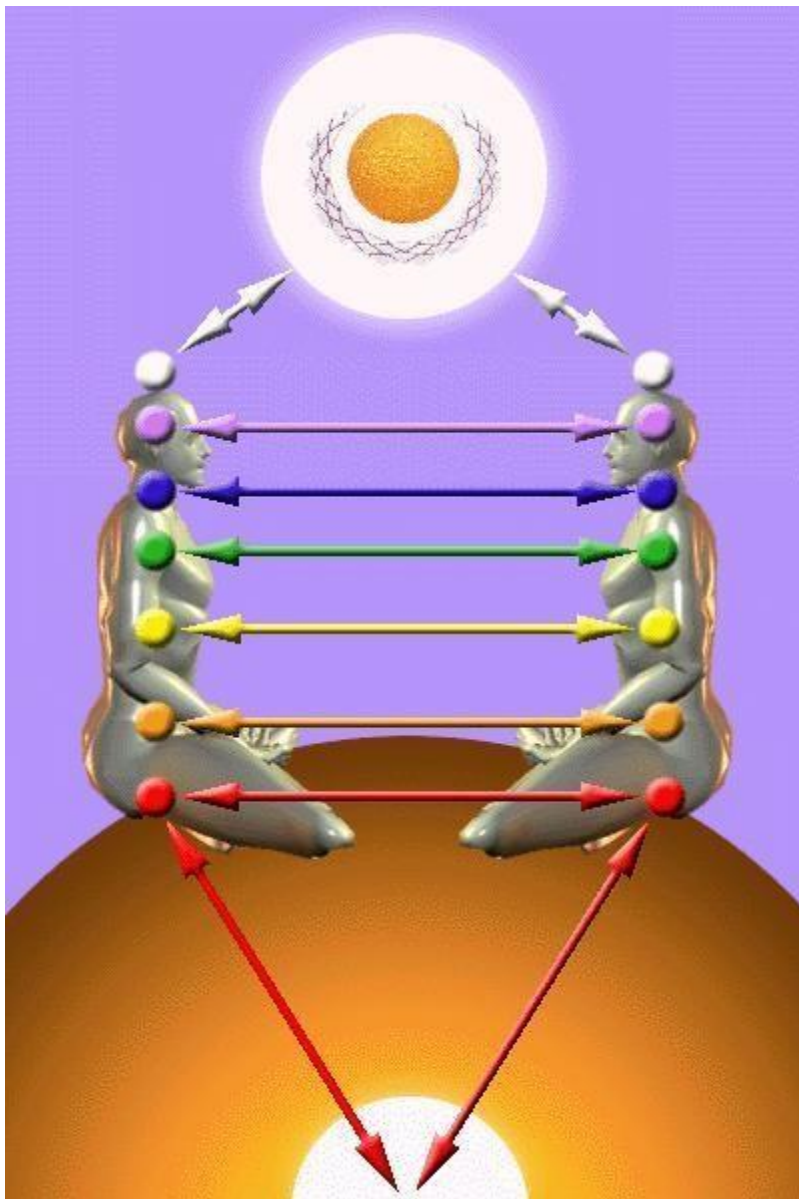
Most people refresh themselves every night in sleep when they get in contact with the energies of God.

Yoga Sutras of Patanjali, Book One, Sutra 11. When a mental modification of an object previously experienced and not forgotten comes back to consciousness, that is memory.

Yoga Sutras of Patanjali, Book One, Sutra 12. These mental modifications are restrained by practice and nonattachment.

Meditation - this and the following sutras are talking about the practise of Meditation and Mastery of nonattachment as mastery of Energy Connections between people which is the way we are vampirised of our BioEnergy by everyone around us. The Buddha said, "Attachment leads to pain" Energy Enhancement Level

Four teaches about the Mastery of the non - attachment of Energy Connections and thus the Mastery of Relationships.



ENERGY CONNECTIONS AT EVERY CHAKRA LEVEL

Realise, people are wanting to connect with us on every chakra level, every day.

If you can not manage those connections - STOP THOSE CONNECTIONS, START THOSE CONNECTIONS, RESIST SEDUCTION WHICH STARTS FROM THE PSYCHIC SEXUAL CONNECTION INTO THE BASE CHAKRA, HEAL THE ENERGY BLOCKAGES AND NEGATIVE ENERGIES SENT CONSCIOUSLY AND UNCONSCIOUSLY FROM THOSE CONNECTIONS, RESIST ENERGY BLOCKAGE IMPLANTATION, TAKE OUT IMPLANTERS - then vampirism, debility, medical problems, and death before your natural time will be the result.

Yoga Sutras of Patanjali, Book One, Sutra 13 Of these two, effort toward steadiness of mind is practice.

Yoga Sutras of Patanjali, Book One, Sutra 14 Practice becomes firmly grounded when well attended to for a long time, without break and in all earnestness.

Yoga Sutras of Patanjali, Book One, Sutra 15 The consciousness of self-mastery in one who is free from craving for objects seen or heard about is nonattachment.

Yoga Sutras of Patanjali, Book One, Sutra 16 When there is non-thirst for even the gunas (constituents of Nature) due to realization of the Purusha (true self), that is supreme non-attachment.

The Gunas are Tamas - negativity, Rajas - Action with a little Negativity, Sattvas - Purity. These Gunas are constituents of Nature. All Nature can be discerned as torpid slothful Tamas or active directionless Rajas or Pure and Purposeful Sattvas. Not only can human beings be discerned as being in the state of one of the Gunas, but

also energy blockages too. As we purify them, they go through all the Guna transformations until they are completely purified.

As we transmute Energy Blockages by means of the Energy Enhancement Level 2 Seven Step Process then the Energy Blockages too transmute in stages like those of the Gunas. It is a little bit like the Battle between Merlin and the Witch in Disneys Cartoon about the young King Arthur, "The Sword in the Stone" where they transmute from animal to animal as they fight. Eventually Merlin turns into a virus and defeats the wicked witch by giving her dragon transformation a cold!!

Indeed reference to the Gunas in the Yoga Sutras of Patanjali means we are in the realm of blockage transmutation by means of the Samyama of Patanjali Book Three, which progress quickly during the Energy Enhancement Seven Step Process to purify and transmute Energy Blockages. In the terms of this sutra, normally we need to focus when we transmute a blockage. This sutra is saying that around one who is enlightened, everything functions naturally by itself without thinking about it. Around every enlightened being is a tornado of energy, the Buddhafield, which naturally transmutes everything which comes into it.

This is supreme non-attachment.

Yoga Sutras of Patanjali, Book One, Sutra 17 Samprajnata samadhi (distinguished contemplation) is accompanied by reasoning, reflecting, rejoicing and pure I-am-ness.

Samadhi means Sam - with, Adhi - The Light. "Brighter than 10,000 suns it shines alone" Connection with the Chakras above the Head.

Yoga Sutras of Patanjali, Book One, Sutra 18 By the firmly convinced practice of the complete cessation of mental modifications, the Blockages as seeds only remain. This is the other samadhi (asamprajnata or nondistinguished).

The Vrittis or Mental Modifications are merely symptoms of the underlying samskara Energy Blockages or the seeds of desire. As these symptoms die away, sometimes the blockage desires of the selfish addicted competitive ego are hiding.

Yoga Sutras of Patanjali, Book One, Sutra 19. Those who merely leave their physical bodies and attain the state of celestial deities, or those who get merged in Nature, have rebirth.

Commentary by Swami Satchidanand . One of the techniques taught by the Dark Lord - a technique of the Dark Side - is how to leave the body - in an attempt to live forever - a sort of spiritual transhumanism. Don Juan and Castaneda talk on this in their many books about the Old ones, the Ancient Sorcerers or Toltecs. But as Patanjali says.. This is a spurious technique, doomed to failure. The fragments left over from people who try to do this are some of the deep energy blockages which implant themselves in you, necessitating removal by Energy Enhancement.

The ONLY way out, Of Real Immortality, is Enlightenment, the removal of all Energy Blockages, Total Purification!!

There are some bad people who train only to achieve siddhis or psychic powers and not to complete this course of Yoga and become enlightened. These people are afraid of dying.

The only legitimate method of going through the death process without losing your memory is to become enlightened.

All else fails eventually.

They can project themselves out of their physical bodies and horribly enter into the bodies of others lifetime after lifetime.

Carlos Castaneda says some Brujas can project themselves onto the astral plane and live in privately created universes - in the state of celestial deities - for hundreds of years.

But they can only do this by cutting themselves off from empathy by implanting their heart chakras with implant Energy Blockages and by cutting themselves off from their souls and their conscience by implanting Energy Blockages above their crown chakras, the higher the implant, the worse the person.

But they can only maintain this state by vampirising the energies of their human cattle.

This is but a temporary ploy.

All of them fail to maintain these states, "They still have rebirth" is the promise of Ascended Master Patanjali.

Ascended Masters and other White Magicians are the necessary Karmic antidote for these types of people.

Yoga Sutras of Patanjali, Book One, Sutra 20. To the others, this asamprajnata samadhi could come through faith, strength, memory, contemplation or by discernment.

Yoga Sutras of Patanjali, Book One, Sutra 21. To the keen and intent practitioner this (samadhi) comes very quickly.

Yoga Sutras of Patanjali, Book One, Sutra 22. The time necessary for success further depends on whether the practice is mild, medium, or intense.

Yoga Sutras of Patanjali, Book One, Sutra 23 Or (samadhi is attained) by devotion with total dedication to God (Isvara).

Yoga Sutras of Patanjali, Book One, Sutra 24 Isvara is the supreme Purusha (The highest chakra above the head), unaffected by any afflictions, actions, fruits of actions or by any inner impressions of desires.

Isvara is the highest chakra above the head, the supreme purity. When we purify the ANTAHKARANA of all of its Energy Blockages we become aware of our connection to God. The standard Hindu sayings are.. "I Am that" and "You are that also" which we only realise in Illumination.

Yoga Sutras of Patanjali, Book One, Sutra 25 In Him is the complete manifestation of the seed of omniscience.

Yoga Sutras of Patanjali, Book One, Sutra 26 Unconditioned by time, He is the teacher of even the most ancient teachers.

Yoga Sutras of Patanjali, Book One, Sutra 27 The word expressive of Isvara is the mystic sound OM. (Note: OM is God's name as well as form)

Yoga Sutras of Patanjali, Book One, Sutra 28 To repeat OM with reflection upon its meaning (It is a guided meditation to access the higher chakras) is an aid.

OM is a guided meditation to enable connection with the chakras above the head. This is reflection on its meaning.

OM is composed of three syllables A, U and M and we chant in the order of those syllables.

A - concentration on vibrating the base chakra and connection with the center of the earth.

U - moving the vibration up to concentration on vibrating the heart chakra.

M - concentration on vibrating the brow, ajna chakra, then sahasrara chakra and then as the breath fails, projecting mentally a stream of energy towards the higher chakras above the head. To the Central Spiritual Sun of Gurdjieff, "Brighter than 10.000 suns it shines alone!" To the Soul Chakra and higher.

Yoga Sutras of Patanjali, Book One, Sutra 29 From this practice all the blockages disappear and simultaneously dawns knowledge of the inner Self.

The Practise of Meditation has been used for 5000 years by all the Enlightened Masters. It is faster than Hatha Yoga or Pranayama which too are wonderful helps to attain the state of Meditation

Yoga Sutras of Patanjali, Book One, Sutra 30 These distractions of the mind-stuff are caused by the blockages. Disease

Dullness

Doubt

Carelessness

Laziness

Sensuality

False perception

Failure to reach firm ground

Slipping from the ground

Yoga Sutras of Patanjali, Book One, Sutra 31

Accompaniments (Symptoms) to the mental distractions or blockages include:

Distress.

Despair.

Trembling of the body.

Disturbed breathing.

I recommend Hatha Yoga with very importantly, Pranayama and Agnisar Kriya or as it is sometimes called Uddyana as preliminaries to Energy Enhancement if you have any of the above symptoms..

Pranayama

<http://www.energyenhancement.org/Yoga/Pranaya.htm>

Uddyana

<http://www.energyenhancement.org/Yoga/Purific.htm>

Here is a little - there is more - from the above page about uddyana - very powerful..

"The next practice given to me is the foundation for all advanced work and should be mastered by the student.

It is called uddiyāna. In the texts it is listed as a mudrā; however, it should be perfected as soon as possible.

Uddiyāna is so called by the Yogis because by its practice the Prāṇa (Vāyu-breath) flies (flows) in the Susumnā.[17] Uddiyāna [means flying up, soaring] is so called because the great bird Prāṇa [breath], tied to it, flies without being fatigued. It is explained below. The belly above the navel is pressed backwards towards the spine. This Uddiyāna Bandha is like a lion for the elephant of death. Uddiyāna is always very easy when learned from a guru.

The practiser of this, if old, becomes young again. The portions above and below the navel, should be drawn backwards towards the spine. By practising this for six months one can undoubtedly conquer death.[18] Of all the Bandhas, Uddiyāna is the best; for by binding it firmly liberation comes spontaneously.[19]

A more detailed description will make it easier to learn. Stand with the feet apart and the hands on the bent legs, in a semi-squatting position. Make the posture comfortable, and then empty the lungs. With the breath out, forcibly contract the abdominal muscles, raising the viscera until a large depression is made under the diaphragm (see illustration).[20] One should be able to place both fists in the pocket that is made. Then suddenly relax. Repeat this alternating contraction and relaxation ten times before taking another breath.



This is called one round of ten counts. Before the next round, stand up straight and rest for a few seconds until the normal flow of breath returns. Never force any exercise or impose a strain upon the system. If this exercise causes undue fatigue, cut the time in half. The practices of Yoga are designed to make one grow strong, and this requires time.

When you have rested, empty the lungs and repeat the process another ten times. The average individual should be able to do five rounds; however, if any pain is felt or breathing becomes difficult, begin with three. After a weeks time add another five rounds. Naturally, this will vary for each individual, depending on his age, his physical structure, and his condition at the time of starting the practice.

After one has a measure of his capacity and has accustomed the body to the exercise, it is possible to increase the number of strokes for each exhalation. However, do not sacrifice the vigour of contraction for speed, which will come in due time."

Yoga Sutras of Patanjali, Book One, Sutra 32 The practice of concentration on a single subject (or the use of one technique) is the best way to prevent the blockages and their accompaniments.

Yoga Sutras of Patanjali, Book One, Sutra 33 By cultivating attitudes of:

Friendliness toward the happy

Compassion for the unhappy

Delight in the virtuous

And disregard toward the wicked

the mind-stuff retains its undisturbed calmness.

Commentary by Swami Satchidanand Here is the Golden Key to maintaining equanimity and good relationships. As everyone has Pain, all people use that pain to get your attention and energy; clinging on to their pain never understanding that grounding that pain is the only solution. They can use that pain to become Angry or unhappy and then they take it out on you!! These above are strategies to manage sick people in a mad world and to stay away from psychopathic evil.

And here is the Energy Enhancement Course removing Trauma Formed Negative Karmic Mass from Impressions and Energy Blockage Seeds..



Hanuman the Monkey God - He is you, the servant of your Soul, the servant of your Krishna. So clever he can do anything. When he stops serving he reverts to.. a Monkey!! Thus all the problems in the World..



Whether you are interested in reaching samadhi or plan to ignore Yoga entirely, I would advise you to remember at least this one Sutra. It will be very helpful to you in keeping a peaceful mind in your daily life. You may not have any great goal in your life, but just try to follow this one Sutra very well and you will see its efficacy. Who would not like undisturbed calmness of mind always? Who would not like to be happy always? Everybody wants that.

Patanjali gives four golden keys: friendliness, compassion, delight and disregard. There are only four

kinds of locks in the world. Keep these four golden keys always with you and when you come across any one of these four locks you will have the proper key to open it.

What are those four locks? Sukha, dukkha, punya and apunya — the happy people, unhappy people, the virtuous and the wicked. At a given moment, you can fit any person into one of these four categories.

When you see a happy man, use the "friendliness" key. Why should Patanjali say this? Because even four thousand years ago there must have been people who were not happy at seeing others happy. It is still the same way. Suppose somebody drives up in a big car, walks in front of his huge palatial home and gets out. Some other people are standing on the pavement in the hot sun getting tired. How many of those people will be happy? Not many. They will be saying, "See that big car? He is sucking the blood of the laborers." We come across people like that. They are always jealous. When a person gets name, fame or high position, they try to criticize him, "Oh, don't you know, his brother is so-and-so; he must have pulled some strings somewhere." They will never admit that he might have gone up by his own merit. By that jealousy, you will not disturb him, but you disturb your own serenity. He simply got out of the car and walked into the house, but you are burning up inside. Instead, think, "Oh, such a fortunate man. If everybody were like that how happy the world would be. May God bless everybody to have such comfort. I will also get that one day." Make him your friend.

That response is missed in many cases, not only between individuals but even among nations. When some nation is prospering, the neighboring country is jealous, envious

of it and wants to ruin its economy. In order to maintain an advantage over your enemies it is necessary to reduce the economy of their countries during times of, "Peace" Genghis Khan is symptomatic of most foreign policy when he said, "It is not enough that I am victorious, everyone else must fail!" And he was the guy to do that. To destroy the economies of the other countries through standard Machiavellian tactics - funding the terrorist enemies, funding the enemy countries of these countries, "The enemy of my enemy is my friend" Indeed to these wicked people everyone else is an enemy!!

It is said that the Catholic Pope funded Genghis Khan in order that he attack the rear of the Pope's Muslim enemies and thus reduce the economy of the Muslims through war and distract their attention from the Holy Land and their proposed invasion of Europe. Some people say that Hitler was funded in order to destroy the economies of Russia and Europe itself.

So WE should be different from that. We should always have the key of friendliness when we see happy people.

And what of the next lock, the unhappy people? "Well, Swami said everybody has his own karma; he must have done some wretched thing in his last birth. Let him suffer now." That should not be our attitude. Maybe he is suffering from previous bad karma but we should have compassion. If you can lend a helping hand, do it. If you can share half of your loaf, share it. Be merciful always. By doing that, you will retain the peace and poise of your mind. Remember our goal is to keep the serenity of our minds. Whether our mercy is going to help that man or not, by our own feeling of mercy, at least we are helped.

Then comes the third kind, the virtuous people. The Illuminated. When you see a virtuous man, feel delighted.

"Oh, how great he is. He must be my hero. I should imitate his great qualities." Don't envy him; don't try to pull him down. Appreciate the virtuous qualities in him and try to cultivate them in your own life.

And lastly, the wicked. We come across wicked people sometimes. We can't deny that. So what should be our attitude? Indifference. "Well, some people are like that. Probably I was like that yesterday. Am I not a better person now? He will probably be all right tomorrow." Don't try to advise him because wicked people seldom take advice. If you try to advise them you will lose your peace.

I still remember a small story from the Pancha Tantra which I was told as a small child. One rainy day a monkey was sitting on a tree branch getting completely drenched. Right opposite on another branch of the same tree there was a small sparrow sitting in his hanging nest. Normally a sparrow builds its nest on the edge of a branch so it can hang down and swing around gently in the breeze. It has a nice cabin inside with an upper chamber, a reception room, a bedroom down below and even a delivery room if it is going to give birth to young ones. Oh yes, you should see and admire a sparrow's nest sometime.

So it was warm and cozy inside its nest and the sparrow just peeped out and seeing the poor monkey, said, "Oh my dear friend, I am so small; I don't even have hands like you, only a small beak. But with only that I built a nice house expecting this rainy day. Even if the rain comes for days and days, I will be warm inside. I heard Darwin saying that you are the forefather of the human beings so why don't you use your brain? Build a nice small hut somewhere to protect yourself during the rain."

You should have seen the face of that monkey. It was terrible! He was so envious!! "Oh, you little devil. How dare you try to advise me? Because you are warm and cozy in your nest you are teasing me. I suppose you think you are really good, don't you? Wait, you will see where you are!" The monkey proceeded to tear the nest to pieces and throw it to the ground and the poor bird had to fly out and get drenched like the monkey.



the Wicked Psychopathic Monkey Demon

This is a story of the envy of the wicked.

I was told when I was quite young and I still remember it. So sometimes we come across such monkeys and if you advise them, they take it as an insult. They think you are proud of your position. If you sense even a little of that tendency in somebody, stay away. They will have to learn by their experience. By giving advice to such people, you will only lose your peace of mind.

So, these simple tales told from the Pancha Tantra and the Yoga Sutras of Patanjali for 5000 years to help humanity - to teach them the real truth is available to attract people to those techniques which alone can heal all the problems of humanity and of the whole world.

Which say, "After all that" After you have tried everything else in all your 1000 lifetimes of toil on this planet, here is meditation.

It is the only thing which works to enable you to pass on to the next level.

Remember, Gurdjieff pulled no punches when he talked of his students on the path of Illumination. "Every person on this planet is the shit of a shit!! Mierde de la Mierde!! But if you want to change, then you are my brother and I will help you to the utmost of my powers!!"

Note that the mind flows each day between happy, unhappy, virtuous and wicked. He who is happy one day will be unhappy the next. He who is virtuous one day will when pushed too much by the energy of the Buddhafield will be wicked the next day. People on this planet are only in the process of learning to be good. We have all done horrible things in our past lifetimes. And most people have so many sub-personalities they have no idea or connection with their soul infused personality higher

selves. Until illuminated it is almost impossible to maintain goodness in every minute of the day.

Yet it is these changes in our temperament which teach us the symptoms of our energy blockages so that we can focus on the problem and remove the energy blockage cause using the Energy Enhancement Seven Step Process of Level 2.

This real experience perceived by every aspirant to enter into the Sacred Space which surrounds every Illuminated Master.. "Bringing an unformed man into the presence of the wise is like throwing a dead dog into a pool of rose-water!" - Jalalluddin Rumi - is that the blockages exist within them. That there truly is a battle between good and evil in each student. And this real experience of experiencing the symptoms of the blockages trying to make them leave by all means possible.. by aches and pains, by negative emotions like despair or anger, by false arguments created to make them lose faith in techniques like meditation which have been used by Masters to help their Students attain Illumination for 5000 years.

If the student can overcome the symptoms of the blockages then he finds himself in a situation, a fairyland, where he can easily attain High Samadhi Meditative States due to the ease of absorbing energy from the Buddhafield, where he can pick and choose the blockage symptoms to work upon using the Seven Step process of Energy Enhancement - and remove them all.

Remember, you need a LIVE Master!! Osho himself said that, "When I die, leave this ashram, and don't walk, RUN!!" Because the Black Crows surround every Master and only become free to distort and change the work of

the Master after he dies. Thus the state of every Religion on this Planet.

So, the Master is always there to point out the symptoms of yet another blockage!! He is always there to give another dose of Shaktipat. He is always there to help remove the blockages! Help is always there to bring out the last remaining blockages remaining before Enlightenment.

One of the main reasons for developing Guru Bhakti is so that when the Master points out the faults of aspirants the student does not get angry. The blockages want to make him angry. The blockages know that to remain in the high voltage pressure of the Buddhafield is Ego Death, all the blockages have to go and the pressure is on to make them go.

And what do we do with our students when we see even a little bit of wickedness within them?

We stop teaching them!!

Yes, sometimes we need a rest from the pressure, but the speedy remain, noses to the grindstone and tough it out. The less speedy often need a rest but they always come back to the Buddhafield once their anger has subsided. They retreat back to those simple practises - practises which are really only for preparation to allow people to enter into the space of the genuine Illuminated Masters and the numbing energy of "real" life!! "Just plug me back in the Power Plant" Cypher, the Matrix. Because the presence of the Master is the Only option for those who seek the way out of Illumination.

"All those students out there are the Outpatients, and those in the Buddhafield are the Inpatients, for the Operation of the Egodectomy" - Satchidananda

Is there any other category you can think of? Patanjali groups all individuals in these four ways: the happy, the unhappy, the virtuous and the wicked. So have these four attitudes: friendliness, compassion, gladness and indifference. These four keys should always be with you in your pocket. And if you use the right key with the right person you will retain your peace. Nothing in the world can upset you then. Remember, our goal is to keep a serene mind. From the very beginning of Patanjali's Sutras we are reminded of that. And this Sutra will help us a lot.

Yoga Sutras of Patanjali, Book One, Sutra 34 Or that calm is retained by the controlled exhalation or retention of the breath.

Yoga Sutras of Patanjali, Book One, Sutra 35 Or the concentration on subtle sense perception can cause steadiness of mind.

Yoga Sutras of Patanjali, Book One, Sutra 36 Or by concentrating on the supreme, ever blissful Light within.

Yoga Sutras of Patanjali, Book One, Sutra 37 Or by concentrating on a great soul's mind which is totally freed from attachment to sense objects.

Yoga Sutras of Patanjali, Book One, Sutra 38 Or by concentrating on an experience had during dream or deep sleep.

Yoga Sutras of Patanjali, Book One, Sutra 39 Or by meditating on anything one chooses that is elevating.

Yoga Sutras of Patanjali, Book One, Sutra 40 Gradually, one's mastery in concentration extends from the primal atom to the greatest magnitude.

The whole ANTAHKARANA needs to be purified of all of its energy blockages.

Yoga Sutras of Patanjali, Book One, Sutra 41. Kshina = totally weakened, waned or dwindled; vritter = modifications; abhijatasya = naturally pure; iva = like; maner = crystal; grahitri = knower; grahana = knowable; grahyeshu = knowledge; tatstha = similar; tadanjanata = taking the color of; samapattih = samadhi or balanced state.

Just as the naturally pure crystal assumes shapes and colors of objects placed near it, so the Yogi's mind, with its totally weakened energy blockage modifications, becomes clear and balanced and attains the state devoid of differentiation between knower, knowable and knowledge. This culmination of meditation is samadhi.

"The mind of the Yogi with its totally weakened modifications," means that he has cultivated the one thought form of the chakras above the head so as to purify all others. When you cultivate that One alone, all the other energy blockage impressions become weaker, purified, refined.

To give a physical example, if you concentrate on the development of the brain alone, you are apt to ignore the other parts of the body.

There is a story by H. G. Wells where the future generation is described as having only a big head with little limbs like the roots of a potato. Because they did not use them, there would be no need for them. They, just think, "I must

have food," and the food comes. No need even to use a hand to flip a switch, because the switch will be activated by thought. In fact science is devising cars now where you sit in the car and say, "All right, start. Go ahead. Be quick. Hold on. Stop." And even that seems to be unnecessary now that they have printed circuits. If you want to go to Boston, take the

Boston card, put it into the car's computer, sit quietly and soon you are in Boston! All you will have to do is buy those cards. Wherever you want to go, put the card into the machine and just do anything you want in the car — talk business, chat or watch television. Then the car will remind you, "Sir, we are in Boston." That's all. No part of the body is put into use; so it will slowly reduce in size.

That is not only true of the physical body, the same is true of the mind. If you develop one idea through constant meditation, all other thoughts and desires will gradually die away. In our daily lives we see that. If you are interested in someone you think of that one day and night. If you open a book, your mind will not go into the subject but instead will think of that person. You will gradually lose interest in all other people and things.

THE STORY OF SAINT NARADA AND HOW VALMIKI THE MURDERER BECAME A SAINT - A KARMA CLEANING PROCESS OF MEDITATION

The same is true in Yoga practice. Our concentration and meditation should be like that. In the ancient Hindu scriptures, we come across stories which illustrate this point, for example the story of Valmiki, the highwayman.

This is the story of a wicked person as described in Sutra 33 of Book One of the Yoga Sutras of Patanjali.

Valmiki was so bad that he used to murder everyone and then take their fingers and put them in a necklace around his neck. Yet this murderer was special because over many lifetimes he had developed special qualities, the qualities of a student. As Lord Krishna says in the Bhagavad Gita, that he is the energy behind that which is the best, the most highly developed talents of humanity. "Of all the gamblers, I am the best" he says, so even the bad qualities have to be developed. And here is Valmiki, the best murderer!



LORD KRISHNA - THE HIGHER SELF

In over one hundred lifetimes we have entered into every bad path available. We have done every bad thing. But we have also developed many talents through serendipity. We have grown. Now we need just that one touch to enable the change. As energy flows from higher energies to lower energies, just the presence of an Illuminated

Saint can provide that needed touch. Talented students given the right motivation can achieve Illumination very quickly.

SACRED SAINTS CHANNEL THE ENERGY OF PURE LOVE -
THE ENERGY OF CHANGE

Yes, Love is the Energy of Change.

The more Love, the More Change.

The more Trauma Formed Negative Karmic Mass, the more Karma Misery, the more Despair, the more the Change is needed.

Sage Narada was passing by, and as was his habit Valmiki the Murderer Thief accosted him and said, "Hey, what do you have in your pockets?"

"Oh, I don't even have pockets, sir."

"What a wretched man. I've never seen a man with nothing. You must give me something, otherwise I won't spare your life."

Then Narada said, "All right, I will try to get something for you; but don't you think it's a sin to harm innocent people?"

"Oh you Swamis talk a lot about sin. You have no other business, but I have to maintain my wife, children and my house. If I just sit and think of virtue, our tummies are not going to be satisfied. I have to get money somehow, by hook or by crook."

"Well, all right, do it. If that's your policy I don't mind. But you say that you must feed your wife and children by

hook or by crook. You should know that it is a sin and you will have to face the reactions of it."

"Well, I don't bother about that."

"You may not bother, but since you are committing sins to provide for your wife and children, you'd better ask them whether they are willing to share the reactions of the sins also."

"Undoubtedly they will. My wife always says we are one and my children love me like anything, so naturally all I do for their sake will be shared by them."

"Well, maybe so but don't just tell me. Go find out for sure."

"Will you run away?"

"No."

"OK. You stay here, I will run there and find out."

So he ran to his house and asked, "Hey, this man asked me a funny question just now. He says that I am committing sins and certainly there's no doubt that. But I am doing it for your sake. When you share of the food, will you take a share of the sin."

The wife answered, "It is your duty as a husband and father to maintain us. It is immaterial to us how you do it. We are not responsible. We didn't ask you to commit sins. You could do some proper work to bring us food. Anyway, that's your business and your duty. We are not going to bother whether it's right or wrong. We won't take a share of your sins."

"My God! My beloved children, how about you?" "As Mommy says, Dad."

"What a dirty family. I thought you were going to share everything with me. You are going to share only the food and nothing else. I don't even want to see your faces!"

He ran back and fell at Narada's feet: "Swamiji, you have opened my eyes. What am I to do now?"

"Well, you have committed a lot of sins. You have to purge them all."

"Please tell me some way."

So Narada gave Valmiki mantra initiation for meditation. "All right. Can you repeat 'Rama, Rama'?"

"What's that? I've never heard of it; I'm just an illiterate person. I can't repeat it. Can you give me something easier?"

"Oh, what a pity. Let's see, look at this." He pointed at a tree. "What is it?"

"It's a mara (tree)."

"All right. Can you repeat it?" "Sure, that's easy."

"Fine. Sit in a quiet place and just go on repeating 'Mara mara mara.' "

"Is that all? That will save me from all my sins?"

"Certainly."

"Well, sir, I believe you. You have already enlightened me quite a lot.

You seem to be a good swami. I'll begin right here and now. I don't want to waste any time."

It is nice to be so innocent that you can believe, have sufficient faith to believe all this. Yet it is true!! "Come to me as little children" said the Christ.

So he just sat under a tree and went on repeating "mara, mara, ma ra ma rama, Rama Rama . . . "

See? Mara mara representing the tree ANTAHKARANA soon became Rama Rama representing the realised Man.

He sat for years like that until at last an anthill was formed completely covering his body. All the ants stinging his body. Yes, because he was so deeply interested in that, he forgot everything else. Even his body became benumbed as if the fuse was blown in the main power house.

This is what happens in Samadhi - the first step to projecting yourself out of and living outside the body in the Chakras above the Head in the presence of God!!

As we have contact with Gilt, so the other Guilt disappears, and we have the possibility of Glowing with Gold for so long as we then choose to live on this Planet. See Maharishi above.. Passing on the torch - This fire comes from that fire, but fire still remains!! - to the next generation of enlightened Masters.

So after a long, long time somebody just passed and happened to disturb the anthill and the saint Valmiki emerged. Later he got the divine vision of Lord Rama's life and wrote the entire epic story of Ramayana. Even now you can read Valmiki's Ramayana.

So after a long, long time somebody just passed and happened to disturb the anthill and the saint Valmiki emerged. Later he got the divine vision of Lord Rama's life and wrote the entire epic story of Ramayana. Even now you can read Valmiki's Ramayana.

What is to be learned from this story? He just concentrated on that mantram and forgot everything else. All the sins slowly dried up for want of nourishment and died away. If you do not pour water on your plant, what will happen? It will slowly wither and die. Our habits will also slowly wither and die away if we do not give them an opportunity to manifest. You need not fight to stop a habit. Just don't give it an opportunity to repeat itself. That's all you have to do. Any kind of habit can be easily removed this way. And that is possible by cultivating one proper habit. The mind must have something to hold on to, so you stick to one thing and all the other things die.

So, the Karma Cleaning Process, in this case only by using Meditation and Mantra Initiation and sitting for years you can remove all your problems.

If we use more advanced techniques we can speed up this process. The Kundalini Kriyas. Alchemical VITRIOL. Access the the Soul Chakra. The Energy Enhancement Seven Step Process for removing Energy Blockages. With all this we can remove all those bad impressions fast!

Now to finish the Sutra, "...the mind of the Yogi with its totally weakened modifications attains . . . a state in which there can be no differentiation between the knower, knowable and knowledge." The Yogi whose vrittis or energy blockages have thus become powerless by the cultivation of one particular vritti ceases to distinguish between the knower, knowable and

knowledge (or meditator, meditated upon and meditation).

In meditation you are conscious of all three — subject, object and process of meditation.

But at this point, moving into Samadhi, the three become one; either the object becomes subject or subject becomes object. There is a merging, a fusion, of the Lower Chakras with the Higher Chakras.

Meditation naturally flows into Samadhi with the Light of ten thousand suns, and you become that sun through a process of fusion. When nothing remains to prevent that process, all the seeds have been burned, then we have EnLightenment.

And when there is no subject-object separation, there is no process either. The mind is completely absorbed and loses itself in the idea or object of meditation.

The process of evolution continues towards a crystallisation of the Psychic functions.

Every thoughtform or talent needs to be purified of its negativity. When this has occurred then through the application of energy from the higher chakras, the psychic function or talent can become a hardened crystalline structure which is more difficult to affect - it is impossible to place implant blockages in them for example - and because smaller, much more efficient.

Patanjali gives the example of an object near a crystal. If you put a red flower near a crystal, the crystal itself appears to be red like the flower. It becomes one with that; it accepts that. Likewise, the mind accepts the idea of your meditation and takes that form.

So here there is Development in Samadhi and here Patanjali is giving us the process of that development.

Yoga Sutras of Patanjali, Book One, Sutra 42. The samadhi in which name, form and knowledge of them is mixed is called savitarka samadhi, or samadhi with deliberation.

Yoga Sutras of Patanjali, Book One, Sutra 43. When the memory is well purified, the knowledge of the object of concentration shines alone, devoid of the distinction of name and quality. This is nirvitarka samadhi, or samadhi without deliberation.

Yoga Sutras of Patanjali, Book One, Sutra 44. In the same way, savichara (reflective) and nirvichara (super or non reflective) samadhis, are explained.

We normally transmute blockages without any feedback, however, if we need to know something, if we need to be taught something, to reflect on it, then we usually receive visions of what happened to create the blockage in the first place.

Yoga Sutras of Patanjali, Book One, Sutra 45. The subtlety of possible objects of concentration ends only at the undefinable.

Objects of Concentration are Energy Blockages.

Yoga Sutras of Patanjali, Book One, Sutra 46. All these samadhis are sabija (with seed or Energy Blockage), which could bring one back into bondage or mental disturbance.

Yoga Sutras of Patanjali, Book One, Sutra 47. In the purity of nirvichara samadhi, the supreme Self shines.

The Central Spiritual Sun.. "Brighter than 10,000 Suns it shines alone"

Yoga Sutras of Patanjali, Book One, Sutra 48. This is ritambhara prajna, or the absolute true consciousness.

Yoga Sutras of Patanjali, Book One, Sutra 49. Sruta = (heard) study of scriptures; anumana = inference; prajnaabhyam = from the knowledge; anya = totally different; vishaya visesha = special truth; arhahvaf = cognition of.

This special truth is totally different from knowledge gained by hearing, study of scripture or inference.

When you achieve that ritambhara prajna you understand everything without study.

Swami Satchidananda said that one day I would be able to understand everything just by looking at it. He said that he himself did not know where his words came from when he was talking. "I just sit back and listen with amazement to what is being said whilst my mouth does the talking" This is the amazing truth of ritambhara prajna.

The "Prajna Paramita" from the Heart Sutra chanted by Zen Buddhists for hundreds of years, are the words of the Buddha about meditation where he says that, "All Sages and Saints for thousands of years Live from Prajna Paramita" or the Highest Wisdom chakras above the head. Founded in the Earth the highest saints realise the higher chakras - the higher processors - above the head as they explore and clean the ANTAHKARANA. With more chakra processors working as parallel processors this ritambhara prajna is the result - And More!!

When you transcend the mind through proper concentration, you feel the Cosmic Force or God. It is higher than the intellect, as the energy descends it informs the Intellect; I call it, "Intelligent Energy". You can check your experience with the scriptures or through the word of sages and saints but it is known by you through your own experience. Until then all you have heard and read and visualized will be by your own mind. Experiencing God is something which is genuine and comes only when you transcend the mind. God cannot be understood by the mind because mind is matter and matter cannot possibly understand something more subtle than matter.

Western psychology talks only about the mind, saying, "Unless you understand by your mind you can't know something," and at the same time it says, "but you cannot know everything by the mind." That is all; it stops there.

But Yoga tells you you can know something beyond the mind. . here is a higher knowledge which can only be understood without the mind. As the Mandukya Upanishad says, "Nantah-prajnyam, na bahis prajnyam, nobhayatah-prajnyam, na prajnyana-ghanam, na prajnyam, naprajnyam ... Not the inside knowledge, not outside knowledge, not knowledge itself, not ignorance..."

It's all expressed in the negative: you can't grasp it, you can't think of it, you can't mark it with a symbol, it has no name or form and you can't explain it. Hundreds of people might sit in front of a man and he might talk for hours and hours about God, and they might sit and listen for hours and hours but it's all nonsense. Yes, he has said nothing about God and they have heard nothing about God. He has only said something about the God which he could fit into his own mind, and they have only

understood the God that they could grasp with their own minds. That's all. Nobody has said anything about the real God and no one has understood the real God. It's unexplainable.

But by being in his presence they unconsciously absorb the Fire From Within - The Fire of the Soul!!

Some even catch alight and as flaming torches they advance into the future.

So in that ritambhara prajna you transcend the mind and gain a knowledge which is realization.

For that the mind must be completely silent as it is only that absence of vrittis which allows the intelligent energy to pass through into the purified mind to be decoded.

That is why in Hindu mythology there is one form of God called Dakshinamoorthi who sat with four disciples in front of him. They were all learned men; they had read all the Vedas and Upanishads and heard all that was to be heard but they still couldn't realize the truth. So they came to Dakshinamoorthi and requested him to explain the highest Brahman (the unmanifested God). He just sat there in silence. After awhile they got up, bowed down and said, "Swami, we have understood," and went away. Because only in silence can it be explained: Mouna vakya Prakratitha Parabrahma tattvam...The Parabrahma tattvam or unmanifested supreme principle can only be explained by silence, not by words."

In not only the physical silence, but in the real mental silence, the wisdom dawns.

Yoga Sutras of Patanjali, Book One, Sutra 50 The impression produced by this samadhi wipes out all other impressions.

Yoga Sutras of Patanjali, Book One, Sutra 51 When even this impression is wiped out, every impression is totally wiped out and there is nirbija (seedless) samadhi.

ILLUMINATION!!

The Yoga Sutras of Patanjali talks about Illumination as being Nirbija Samadhi. This word is a teaching as to what exactly enlightenment is. Nir means no, and Bija means seed. The seeds of desires which have not yet come to fruition. These Seeds are Energy Blockages. This is the Karma which is yet to come. And as it says in the Yoga Sutras of Patanjali, "The Karma that is to come can be averted" The removal of Energy Blockages, Grounding their Negative Karmic Mass, is an Energy Enhancement Process called, "Karma Cleaning" - Level 3 of Energy Enhancement.

Each desire seed when watered can addict us to the desire it contains.

In the Yoga Sutras they talk of the method of roasting the seeds - removing the addiction, the slavery to your desires (When you slaver your saliva over something the desire drips out of your mouth) - so that the life they contain is extinguished, they can not germinate even with all the correct conditions, ever again to bring us to Painful Karma. And what roasts the seeds? This is the concentration of the Light of the Soul in Samadhi, the next highest energy to the mind and there are higher energies still we can contact on the path of Energy Enhancement, as light is concentrated through a lens, as it is focused through the Brow Chakra, Ajna Chakra or through any of the chakras of which the Brow chakra is the Master - this is called Samyama...

This is Energy Enhancement - The most advanced method to roast the seeds in 28 Initiations, The most Advanced and Efficient Course of Meditation based upon Ancient Techniques from 5000 years of Successful Spiritual Technology.

THE ENERGY ENHANCEMENT COURSE NOW!!



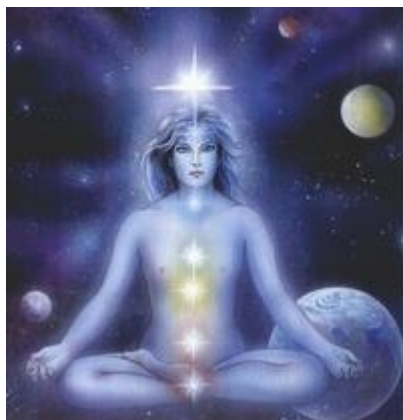
So concludes the Yoga Sutras of Patanjali of Book One - of Four.

The Yoga Sutras of Patanjali -

Commentary by Sri Swami Satchidanand

Book Two

Sadhana Pada



Portion on Practice In the Samadhi Pada, Patanjali gives us the aim of Yoga in a theoretical way, explaining it as the control of the energy blockage chitta vrittis, or thought forms. Then the rest of the Sutras in the Book 1 could be classified into several groups: the different kinds of energy blockage thought forms, the practices to control them, and the different kinds of superconscious experience culminating in the highest experience of nirbija samadhi, the energy blockageless seedless contemplation. But it is not that easy to get into samadhi, so in this chapter he tells the student not to get frightened but to prepare himself or herself by laying the proper foundation, then gradually build until that level is reached. For this Patanjali gives a number of simple directions.

1. Accepting pain as help for purification, study of spiritual books, and surrender to the Supreme Being constitute Yoga in practice.

All the beginners practises below are so we can attain the practises above.

Tapas is the burning out of impurities within our prakriti bodies. To do this we need to be able to accept pain in the process of Gurdjieffian, "Conscious Suffering".

As a saint's high level of energy always flow into the low levels of Energy through the Physical Third Law of Dynamics. Not so that entropy can be achieved - everything at the same low level of energy - but so that Energy Blockages, not functioning at their maximum can be healed and purified and raised to the level of the Saint. Every psychic structure formed over many years of study and practice can then be brought to full fruition. This is the process of evolution.

Trauma - Formed negative karmic mass can be burnt out of them and the newly purified talent can be put into the service of God. This process is evolutionary and anti - entropic.

This is the process of enlightenment of the Seven Step Process of Energy Enhancement - The removal of Energy Blockages, where we teach students to perform this process on their own blockages. Help is always there if needed.

The study of books written by the enlightened, Like the Yoga Sutras of Patanjali, are the only subtle hints necessary to those on the brink of enlightenment - to enable them to do likewise.

Surrender to the supreme being can only occur when there is nothing to impede the energy of the divine. It occurs only when all the energy blockage seeds have been burnt in Nirbija Samadhi.

Until then all the wrong things which happen are feedback as to when we do not surrender. When we fail.

To the good student, this failure is manna from Heaven! In the end it is only through seeing our failure and removing the energy blockage causing the failure that we can evolve. Let us fail more!! Let us see all our failures Lord. Let us vow to remove them all.

More ON TAPAS from the Beatitudes of Jesus Christ ..
CLICK BELOW..

SATSANG ON THE BEATITUDES - TAPAS, ONE OF THE YAMAS OF THE YOGA SUTRAS OF PATANJALI, IS THE ACCEPTANCE OF SUFFERING IN ORDER TO EVOLVE, IN ORDER TO HELP ANOTHER PERSON, IN ORDER TO HELP THE WORLD

2. They help us minimize obstacles and attain samadhi.

This is what I said above.

3. Ignorance, egoism, attachment, hatred, and clinging to bodily life are the five obstacles.

Ignorance is the blocking off of our crown chakras from the chakras above the head by energy blockages. Ignorance is the removal or lessening of chakra function by the presence of energy blockages.

4. Ignorance is the field for the others mentioned after it, whether they be dormant, feeble, intercepted, or sustained.

Energy Blockages produce symptoms like egoism, attachment, hatred, and clinging to bodily life, but there are many more like them. The energy blockages can be strong or weak, blocked or active.

5. Ignorance is regarding the impermanent as permanent, the impure as pure, the painful as pleasant, and the non-Self as the Self.

When Energy Blockages block our chakras and block us off from the energies of God, when we are not wholly connected with God - God is the only Truth, God is the only thing which never changes - then it is possible to deviate from the Truth.

We find it easy to be fooled. We start to consciously tell lies in order to get what we want.

We find it easy to be fooled. We start to enjoy our addiction as they are in the painful process of killing us.

We find it easy to be fooled. We start to follow everything but that which can lead us to Illumination.

Enlightened people have developed the ability to look at an object and see the full process of that object from birth to death - to see the impermanence of that which they see. Yet together with that they see each possibility of illumination in every person they meet.



PATANJALI

6. Egoism is the identification, as it were, of the power of the Seer (Purusha) with that of the instrument of seeing (body-mind).

A little bit of God is planted in each of us. When that seed is blocked off from the source by Energy Blockages it starts to identify which that which remains. This identification is the start of all evil in the world..

Life goes on, Until it Doesn't, and the Unenlightened always defeat the Enlightened, Until they Don't!!

Christ said that a Rich Man, a person too attached to his money, can never become enlightened in the same way that a camel can not pass through the eye of a needle.

Christ came to give away the methods of Enlightenment for free but the people said that if it is for free then it cannot be worth anything and so never came to learn.

Christ decided to charge money for the courses but the people got angry and charged him with wanting to make money and so never came to learn.

Enlightenment, Illumination is the Pearl of Great Price.

A person who is not attached to money does not consider the cost, he knows the reason for commitment, for giving up everything for a Pearl of Great Price.

A person who is attached to money thinks that anything free is worthless, and anything expensive is robbery!!

Until Trust is created through dialogue, Fear is dissolved through dialogue, the Secrets Protect themselves

The Story of Sufi Teacher, Anwar Abbas about payment:

‘What was it that put you on the road to knowledge?’ He answered:

‘I had spent many tears searching for teaching and a teacher. I found something to object to in each one, until I despaired of ever reaching my goal.

Ultimately I reached the house of a certain Sufi whose actions seemed to accord to his words and whose followers impressed me very much.

‘For some time I felt this was where I should be. Then, unfortunately, a demand was made upon me for money, and I thought to myself,

“Men of wisdom do not charge for knowledge.”

And left that place that very day; without mentioning the reasons to anyone there.

‘That evening I shared my meal with an old Dervish whom I met by the wayside. I had not conveyed any of my thoughts to him, but he perceived them, for he said:

“When you give money do you seek to donate your valuation of what is to be received,

Or do you give what you think you can spare?

Perhaps on the other hand you find reasons for not giving at all, imagining you are virtuous at the same time.”

‘I was so shocked by this, by suddenly seeing that my previous attitude was only a mask for my stingy and miser like being, that I returned to my last teacher.

‘As soon as he saw me he smiled and said,

“Those who say that one should not charge money for knowledge cannot receive it even as a gift.

They are still attached to money by aversion to it, both desire and aversion still being attachment.

One can learn only after the matter of charging or not charging, the mentality of the world, has been expelled from the mind, so that wisdom can take its place.

There is no room for both, “I do not want to pay” and also, “I want to learn” in the same person.

To deflect a greedy person or to show him his shallowness we always ask for money.”

"The student must learn how to be humble; to ask, to plead, to beg, to pray for their teaching towards Enlightenment."

"...only he can cross to the other shore who has some possibility of changing.

"This possibility depends on desire, strong wish of a very special kind, wishing with the essence, not with personality but with the director,

the Soul." - Gurdjieff, Views from the real World, page 239

7. Attachment is that which follows identification with pleasurable experience.
8. Aversion is that which follows identification with painful experiences.
9. Clinging to life, flowing by its own potency (due to past experience), exists even in the wise.
10. In subtle form, these energy blockage obstacles can be destroyed by resolving them into their primal cause.
11. In the active state, energy blockages can be destroyed by meditation.
12. The womb of energy blockage karmas (actions and reactions) has its root in these energy blockage obstacles, and the karmas bring experiences in the seen (present) or in the unseen (future) births.

13. With the existence of the energy blockage root, there will be fruits also; namely, the births of different species of life, their spans and experiences.
14. The energy blockage karmas bear fruits of pleasure and pain caused by merit and demerit.
15. To one of discrimination, everything is painful indeed, due to its consequences: the anxiety and fear over losing what is gained; the resulting energy blockage impressions left in the mind to create renewed cravings; and the constant conflict among the three gunas, which control the mind.
16. Pain that has not yet come is avoidable.
17. The cause of that avoidable pain is the union of the seer (Purusha) and the seen (energy blockages, Prakriti, or Nature).
18. Prakasa = illumination; kriya = activity; sfhifi = inertia; slam = nature; bhufa = elements; indriya = sense organs; afmakam = consists of; bhoga = experience; apavarga = liberation; arfham = its purpose; drisyam = the seen.

The seen is of the nature of the gunas: illumination, activity and inertia; and consists of the elements and sense organs whose purpose is to provide both experiences and liberation to the Purusha.

Now Patanjali talks about the drisya or seen. Atma or Purusha or the Seer all denote the same entity, the true you which is pure and at a higher energy level along the

ANTAHKARANA. You become a knower because there is a known. You become a seer because there is something to see.

Here Patanjali tries to analyze what is this "seen" that gives us experience. He says it is a combination of different elements and organs controlled by the three gunas. He uses the terms prakasa kriya sthiti. Prakasa means illumination and stands for sattva. Kriya is action and represents rajas. Sthiti is inertia or tamas.

Why are there these outside things which we see? Why does Prakriti exist?

Well, Prakriti needs to be purified of all of its Negative Karmic Mass and all of its energy blockages before it can be used correctly in the service of the Universal Energy. It as if we have a new land which needs to be taken and controlled.

The process of Samadhi and Samyama on negativity is to purify it - transmute all the negative karmic mass into pure and positive energy and remove the energy blockages.

That process is one which as you do it on the negativity, the energy blockages - then the energy blockages go through the process of the Gunas.

Nature is here to give you experience and ultimately to liberate you from its bondage. Even if people do not want to be liberated, it educates them gradually so that one day they will come to feel, "I'm tired of the whole thing. I don't want it anymore. I've had enough."

When will we feel this way? Only after we've gotten enough kicks and burns. The purpose of Prakriti is to give you those knocks. So we need never condemn nature.

Nature is a combination of elements and organs. The organs include the intellect, mind, senses and the body. Normally we think of nature as being something other than our own bodies, but when we feel we are the true Self even the body becomes part of the nature because it, again, is merely a composition of the elements. If we don't eat there will be no body. A baby comes out as six or seven pounds of flesh and even that weight is built up in the womb by mother's food. The food materials which create the body are just part of nature. Even the mind, senses and intellect are part of nature, although a very subtle part. They are matter and that's why they change. Anything that is matter or nature changes. The body changes every second. Cells die, more are born. Likewise there is continuous change in the mind and intellect.

Nothing in nature can bring the mind continuous, unchanging happiness because the mind itself changes constantly. Although we have the same stomach, we don't want to eat the same food every day. Although we bear the same shape, we don't wear the same outfit every day.

In meditation, we can watch the negativity - the secret of our wanting changes is because the mind changes. If it were always the same, why would it look for change? If we know that, we can just allow things to change without clinging to them. If something changes, we should let it go — something else will come. We should watch the changes like passing clouds.

In meditation, further, we can start to use the Seven Step process of Energy Enhancement on the blockages. In this process of the transmutation and purification of the Energy Blockages we don't want to merely watch them. We want to hold onto a section without letting go. Then the tension inherent in the Energy Blockages is felt or seen. Changes are like flowing water. If you just allow

water to flow, it is very pleasant to sit and watch. But if you want to arrest the flow and keep the water for yourself, you will have to construct a dam. Then the water will resist the dam and try to escape. There will be a terrible struggle. Although you may stop some of the water, another portion will overflow. So you must allow for spill-out - grounding the negative energy produced by the transmutative effect of the Energy Enhancement seven step process into the center of the earth, or the dam will certainly break.

We explain this process in much more detail on the Energy Enhancement Level 2 Course.

All life is a passing show. If we want to hold it even for a minute we feel tension. Nature, the negativity of Prakriti, will try to run away to naturally transmute, to ground into the center of the earth; but many people try to hold on to their negativity and keep it. When we try to keep it, then we put up the barriers which cause us pain, disease and death.

Its like trying to hold on to our youth.. Even with our own bodies, if we don't want them to change, trouble will come. We will buy all kinds of make-up, creams and wigs to retain our "youth." If only we learn to enjoy each change, we can recognize the beauty even in aging. A ripe fruit has its own beautiful taste. When we just allow things to pass, we are free. If we allow these natural and created processes to just come and go, only then can we retain our peace.

THE STORY OF LORD INDRA AND THE PIGS FROM THE
YOGA SUTRAS OF PATANJALI, BOOK TWO, SUTRA 18



Swami Vivekananda tells a story from Hindu mythology.

At one time Indra, the king of the gods, was forced to descend from his high position and take the body of a pig.

Pigs, as you know, live in mud. So Indra got into the mire, rolled around and eventually found a female pig with whom he mated.

The outcome of their love was a number of young piglets.

They were all very happy. But the gods in heaven, seeing the plight of their king, were horrified.

When the gods could no longer tolerate it, they came down and said, "You are Indra, our king. What are you doing here? We are ashamed of your present habits." Indra replied, "Who says I am unhappy like this? You live up there and say I don't have a happy life here. What fools

you are. You should become pigs. Then you'll really appreciate the joy of it. Come on. Don't waste another minute. Get into pigs' bodies. Then you'll see how wonderful it is."

"Sir," the devas said, "we can't let you go on like this. You must come out."

"Don't disturb me," Indra replied. "I have to take care of my young ones. They are waiting for me to play with them."

The devas went wild. "All right," they decided. "Since he's so attached to his children, we'll have to take them all away." One after another they killed the piglets.

Indra began crying and wailing.

"What are you doing?" When he calmed down he went to the she-pig and clung to her, saying, "All right. I'll just have more babies." But the devas were adamant.

They pulled the she-pig from Indra and killed her.

When Indra continued to moan and cry, they decided to get rid of his body as well. As soon as they pierced open his pig body, Indra's soul came out and looked at the dead body on the ground.

"Not only were you in that body, sir, but you wanted to stay there."

"I don't want any more of this," Indra said. "Come. Let's go back."

That is how nature works.

As long as we enjoy experiencing nature, holding onto the negativity, no matter what those who understand the truth tell us, we will answer, "Oh, you just don't know how to enjoy the world.

You don't have enough education, enough money, enough power. You people come from your poor country and tell us nonsense. You want us to become beggars also. Get out. We want to enjoy all our luxuries."

And because the enlightened can't tear out your pig's body, rip up your checkbooks and finish up your bank balance, they say, "We'll wait. One day you'll learn your lesson."

When all the entanglements tie you down, when you see you have no room to move about any longer, then you will realise the truth of their words.

Its like you do not understand the, "After all that" of the first Sutra of Patanjali.

It is impossible to enjoy negativity.

When we try to do that, the result is certain Karma, certain pain.

The next step of evolution for all Humanity is the Ancient Transmutative Processes of Samadhi and Samyama, talked about in these Yoga Sutras of Patanjali for 5000 years and now taught in the Energy Enhancement Course.



LORD INDRA

THE STORY OF THE SILK WORM AND THE BUTTERFLY
FROM THE YOGA SUTRAS OF PATANJALI, BOOK TWO,
SUTRA 18



All these entanglements are like the life of the silk moth, silk yarn is a sort of fleshy, pulpy substance that comes out of the silk moth. When the moth is just a day old, it is the size of a hair. You can have more than a hundred worms within the space of a thumb. The next day you'll need the palm of your hand to accommodate them. On the third day you'll need a large tray. Within thirty days the worm is thicker than a thumb and over three inches long. They grow so big within such a short time because they do nothing but eat mulberry leaves.

The first day all hundred worms can feed on a single leaf. The second, a basket full of leaves is needed. The third, a cartload. The fourth, a truckload. Day and night they consume the leaves. The more they are given, the more they take. After thirty or forty days they are so tired they can no longer eat. Then they sleep as anyone who overeats does. When a person goes to sleep on a full stomach they roll about, this way and that, as digestion is carried on. So the worms roll and while they roll a juicy type of saliva comes out of their mouths. All that the

worms eat comes out as a stream of thick paste which forms silk thread. While the worms rotate they become bound up in the thread — the silk cocoon.

When all the thread has come out the worms go into a deep sleep wherein they know nothing. Finally they awaken to see themselves caught in the tight cage created by their own saliva. "What is this?" the worms think. "Where am I? How did this happen?"

Then they remember. "We ate and ate and ate. We enjoyed everything we could without exception.

We over- indulged and became completely exhausted, then totally unconscious.

We rolled around and around; binding ourselves up in this cocoon of all we have eaten and then spewed out of our mouths.

What a terrible thing. We should have at least shared what we had with others. We were completely selfish. Men of wisdom talk a lot about a selfless life of sacrifice but we never listened nor followed their advice.

The moment they stopped speaking we started eating again. All those wise words came in one way and out the other. We are paying for our mistakes now. Well, we repent for all our sins."

The worms repent, pray and fast.

In their deep Meditation they resolve all their unconscious impressions and decide not to live a selfish life again, instead to discriminate before accepting anything.

At this decision two wings appear on either side of each worm — one named viveka (discrimination), the other vairagya (dispassion).

These are combined with a sharp, clear intellect which turns into a sharp nose to pierce open the cocoon.

With that the worms — now silk-moths — slip out and fly up high with their fantastically colored wings where they look back to see their discarded prisons. "We are leaving and we'll never come back to that again." There is a beautiful lesson in this story.

We should ask ourselves, "Where are we now? Are we still eating? Are we in the cocoon? Are we meditating? Are we growing wings?"

Let us ask that question, and if we find ourselves still in the process of consuming, it is better to stop and dispose of what we have already taken in.

The more we enjoy the more we are bound. While enjoying we are not going to listen to wisdom unless we have extraordinary intelligence.

If we don't want to listen, nature teaches us her lesson by putting us into a tight corner.

She binds us tight to reveal her nature so we will no longer cling to that.

In other words she liberates us.

Allots liberation, although we are still in nature, we are no longer bound by it. It is as if we acquire nice thick

rubber gloves which allow us to touch any voltage without damage.

Like the silkmoth's wings, these gloves are viveka and vairagya.

When you possess them you can touch anything and no harm will come to you.

When you've learned nature's lessons she no longer has many business with you but she continues to exist to teach the many others who have not yet learned. You have passed out of the university, got the certificate. You might still go in as an alumnus, just to see how the people are faring but you are no longer attached.

By transmuting all negativity a liberated person, an Enlightened, an Illuminated, a Jivanmukhta can come into the world and be useful to it but is not affected by it.

19. The stages of the gunas are specific, non-specific, defined and undefinable.

20. The Seer is nothing but the power of seeing which, although pure, appears to see through the mind.

21. The seen exists only for the sake of the seer.

22. Although destroyed for him who has attained liberation, it (the seen) still exists for others, being common to them.

23. Sva = being owned (Prakriti); Svami = the Owner (Purusha); sakfyoh = of their powers; svarupa = of the nature; upalabdhi = recognition; hetuh = cause; samyogah = union.

The union of Owner (Purusha) and owned (Prakriti) causes the recognition of the nature and powers of them both.

Samyoga (union) is necessary for the Purusha to realize himself with the help of nature. Samyoga means perfect union. And here it doesn't mean the union of the individual self with the higher Self, but the union of the Purusha and Prakriti, Self and nature. When they are completely apart, there is no transmutation of negativity. Their connection, however, allows the transmutation to start and allows the influx of wisdom - purified knowledge.

Purusha and Prakriti help each other. Purusha is allowed to expand and evolve, raise the energy of, Prakriti. Prakriti is evolved through the inflow of nature, the energy of Purusha, the Holy Spirit. Together they form the two nodes of the ANTAHKARANA. Together with the Flow of energy of Purusha to Prakriti - The Holy Spirit - we have the Holy Trinity!!.

It is something like if you want to print with white letters you must have a black background for contrast. You can't write white letters on a white background. Through the Prakriti we realize we are the Purusha and thus this earth is the field for evolution. If not for the Prakriti we could not know ourselves. So Prakriti isn't just bondage as many people think. It is necessary.

24. Tasya = its; hetur = cause; avidya = ignorance.

The cause of this union is ignorance.

Here Patanjali laughs at the idea he has just expressed. The cause of the samyoga is ignorance. It is a joke of the enlightened. This may seem a bit confusing, but if we understand it properly there is no puzzle.

You see, in the previous Sutra we are still in the world and wondering about the reason for nature.

Once we become Enlightened, once the Purusha understands himself, he thinks, "How did this union come about? It is because I have forgotten myself. What an ignorant person I was. Because of my ignorance I had to create this union; I had to become Enlightened."

Such a person laughs at it, but this attitude comes only after realization.

It is like a dreaming man who, upon waking, laughs at his own frightening dream. The understanding behind this Sutra is a result of realization.

Once we realize, we can advise others: "I was ignorant. I had terrible experiences. I thought nature was real, happiness was real. I ran after them. But now I know what they are. I learned the hard way. Do you also want to have to learn the hard way? If you want to learn the easy way why don't you take my advice?"

These Sutras are reminiscent of the Four Noble Truths of Lord Buddha: the Pain of the world, the cause of Pain, the removal of that Pain and the method used to remove it.

Patanjali tells us that pain can be avoided. He further tells us that its cause is ignorance. Next he gives us another word, *hanam*, the removal of this misery and then *hanopayam*, the method to remove it. So, we can really see the similarity between the two.

We needn't search for who copies whom. Truth is the same always. Whoever ponders it will get the same answer.

Buddha got it. Patanjali got it. Jesus Christ got it. Mohammed got it. The answer is the same but the method of working it out may vary this way or that.

25. Tad = its (ignorance's); abhavaf = absence; samyoga union; abhavah = is absent; hanam = removal, absence; tat = that; drish = of the Seer; kaivalyam = independence.

Without this energy blockage ignorance, no such union occurs. This is the independence of the Seer.

More simply, once the junction created by energy blockage ignorance is removed, "the Seer rests in his own true nature" - Yoga Sutras of Patanjali Book 1 Sutra 3.

The Purusha is always like that although temporarily It appears to be bound by Prakriti. We should not only understand this theoretically but should remember this point in all our experiences, all our actions, all our ups and downs. Ask, "Am I tainted by this?" "Who am I?" "Who is happy?" "Who is unhappy?" If we continually ask these questions and do this kind of meditation, we will find that we are only the knower. We know that many different things happen but there is no difference in the knowing.

The Vedantins say, "Aham sakshihi...I am the eternal witness." Even if we know this only theoretically, it will help us out on many occasions. When we are worried over a loss we should ask, "Who is worried? Who knows I am worried?" Along with the answer the worry will go away. When we analyze the worry it becomes an object, something we are no longer involved with. We can have that attitude even with pain. If we burn a finger, instead!, of saying, "Oh, I'm burning!" We should ask ourselves, "Who says 'I am burning'? Who feels the burn?" The burn

will become a nice object of meditation. And this, method is only a matter of changing the mind, taking it away from a certain object.

I used to treat people for scorpion stings. In tropical climates these stings create a lot of pain. The easiest and quickest way to relieve someone from the pain was to put a few drops of a salt solution in their eyes. This has nothing to do with curing the sting but it would cause the patient to cry, kick and weep, taking the entire mind from the sting to the eye. By the time the sore eye was relieved, the pain from the sting would have been forgotten and would have gone away.

If we are sad over a minor discomfort and all of a sudden receive a telegram saying our business has suffered a tremendous loss, we immediately forget the small problem. The attention is instantly transferred. So everything is relative. Every experience in the world is mental. We might put our minds onto something and think, "This is really great," but once our attention goes somewhere else, that thing becomes nothing to us. That is the reason for the Sanskrit expression, "Mana eva manushyanam" — a man is according to his mind.

The cause of bandha and moksha (bondage and liberation) is our own minds. If we think we are bound, we are bound. If we think we are liberated, we are liberated. Because you think you are living, you are living. If you applied your mind one hundred percent to the thought that you were dying, you would die. It is only when we transcend the mind that we are free from all these troubles. The mind is the agent of Prakriti and a subtle part of that same Prakriti. We should realize we are completely different from the mind.

We are eternally free — never bound. And that doesn't mean we should simply become idle, but once we realize our freedom we should work for the sake of others who are still bound. When a strong man crosses a turbulent river, he will not walk away after crossing but will stand on the bank and help pull out everyone else.

There are many sages and saints who are involved in the world even with the knowledge that there is no happiness in it. They work for the sake of others.

26. Uninterrupted discriminative discernment is the method for energy blockage removal.



MANJUSHRI AND HIS SWORD OF DISCRIMINATION

A student of the Buddha called Manjusri and his Sword of Discrimination gives the method of Viveka - sanskrit for discrimination. Really, Viveka means to recognise that which is truly living (Vive) and to cut off (Ka) to transmute everything else so that in the end the only thing left is the purified Truth.

To cut away, to transmute that which is impermanent in an energy blockage and to realise only that which is permanent, the living core part of the Blockage which

indeed is part of God. "Only realise the truth.. There is no spoon" - the Matrix. This method heals all that is wrong in an energy blockage and leaves behind the psychic functionality, the Psychic power, for re-cycling.

Discrimination is that energy, that process, which transmutes everything which is not the truth into the Truth. For example pain transmutes living pure God energy into something perverted and wrong we call Trauma - Formed Negative Karmic Mass which coats all Energy Blockages and produces that effect called Ignorance of the chakras above the head belonging to the Higher Self. This process of discernment is the Transmutative Process we call in Energy Enhancement - The Seven Step Process of Level 2.

Another way of looking at it is that this perversion of the original Energy is a crime against God which needs to be put right through the process of dis - crime - ination.

This process of transmutation of an energy blockage or a human being goes through the stages of the Gunas during the Energy Enhancement Seven Step process of Level 2.

1. Tamasic - filled with Trauma - Formed Negative Karmic Mass. Heavy, lazy, inactive.
2. Rajasic - less Trauma - Formed Negative Karmic Mass and so therefore more active, but still ignorant, cut off from the source, and so that activity has no purpose, no direction.
3. Sattvic - the blockage talent has been purified and ready for crystallisation and use inside the energy body of the enlightened, or a student of the enlightened.

Normally, energy blockage talent functions arise through much hard work and serendipity over many lifetimes. Through the Seven Step Process of Energy Enhancement, the students start to purify and remove their blockages creating purified psychic structures which are functions or talents or psychic powers.

Only when the purified psychic structure has been crystallised by the method similar to the "Skull Melt", when the psychic structure is heated up by radiant energy given by Ascended Masters and when cooled forms an unchangeable crystalline structure which can never again become perverted by psychic implant blockages, can the student be trusted and given the Enlightenment Initiation. Before crystallisation it is easy to be perverted by the addition of implants which causes one to, "Change Ones Mind".

Masters do the same thing inside the students and these are the gifts given by the illuminated to their students.

In many ways the old methods of creating talents through hard work over many lifetimes has been superseded by these processes which can augment the functionality and talent of a person just by healing a blockage and adding that functionality from elsewhere.

This has the effect of quickly increasing the number and depth of their purified functions thus increasing the size of their energy bodies, a process which ends in Illumination, and more initiations higher than simple Illumination.

Eventually the Energy Enhancement Seven Step Process ends in being an Immortal Ascended Master.. a person who can function without a physical body.

From the Gayatri Mantra, "Lead us from the Unreal to the Real and from Death to Immortality"

27. One's Wisdom in the final stage is Sevenfold.

Wisdom, Wiseness, Sagacity, Sageness, the creation of a Sage, an Illuminated Master is a purification of Function.

Normally we think of the mind as merely the intellect but intellect comes only from the sixth chakra - Ajna Chakra.

Each of the seven chakras can become one of the seven wisdoms. Each Chakra has a functionality which needs to be purified of energy blockages and implants by the Energy Enhancement Seven Step Process - uninterrupted discriminative discernment.

When purified and crystallised, each chakra contains a wisdom which cannot be perverted, which cannot again be addicted, to the use of that function.

Purifying all the chakras is the first thing we do after teaching the seven step process in Level 2 of Energy Enhancement... Purify all the chakras. And not just the seven chakras of the body. Also all the chakras above the head and below the base within the whole ANTAHKARANA.

0. The Kundalini Chakra in the Center of the Earth given in the Alchemical Formula and guided meditation, VITRIOL. – Visita Interiora Terrae Rectificando Invenies Occultum Lapidem. Blockages along the path to Kundalini chakra create energy lacks which create a fearful slave mentality and locks people, lifetime after lifetime, into abusive slave-like situations.

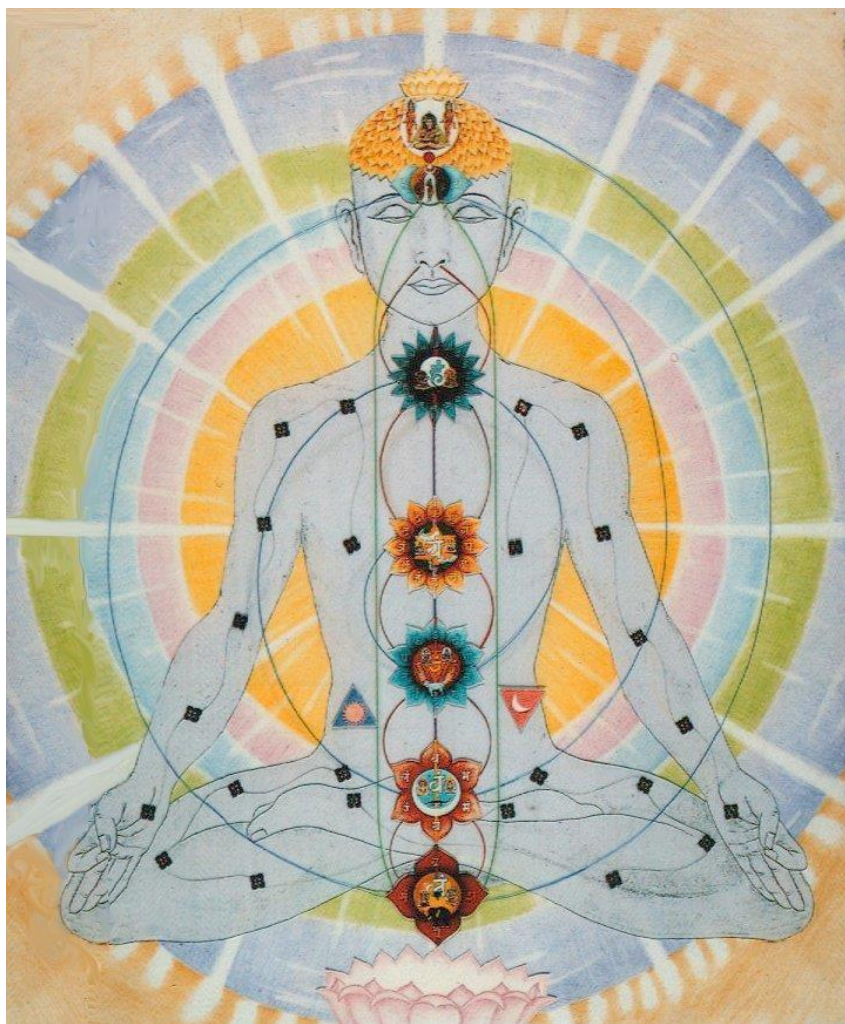
1. Base Chakra, Muladhara Chakra, when blocked has a lot of fear - a lack of security. Therefore we build strong

houses. Work to have money. Create strong police and military forces. When bad we become thieves to attain all that. When really bad we work by the law of Genghis Khan, "It is not enough that I succeed; Everyone else must fail!" Thus bad food, bad air, bad medicine, the dumming down of Education and Art and other Malthusian Policies to reduce the energy and power of everyone else. The death of a thousand cuts. Then the problems of the control of sexual energy. Then the control of addiction and good choice of food!!

2. Second Chakra, Swadisthan Chakra becomes blocked about relationships in many different ways. This chakra is the mastery of the giving and receiving of energy. The best we can achieve in business or normal life is that we equally give and receive energy. We give 50%, we receive 50%. We have to learn the necessity of doing that.

We then have to learn as Illuminates how to give 100% without expecting anything in return.

Blocked we feel the emotion or sorrow, sadness despair, depression. Removing all the blockages in this chakra removes all that.



The word “Chakra” from the Sanskrit means “Ring”.

"EVIL IS" – TOLKIEN



In Sanskrit, a Chakra is a Ring!!

If we explore the Lord of the Rings, either Book or Movie we see that the The One Ring is a Blockage.

It is Separate, sentient energy blockage put into the Ring created by the black magician Sauron.

“One Ring, to rule them all and in the Darkness, Bind them.”

And this Ring Blockage is created to control all the other rings, in our case, us!! To control the Seven parallel processors which comprise the mind. The seven chakras or Rings within us.

The Created Ring Blockage OR IMPLANT creates perversion, desire and emotion within the person who comes close to it.

As you read the book or see the film of The Lord of the Rings, you understand that the Rings action is to pervert people, and then take them over. Yet in order to be further perverted, some egoistic flaw must be there in the person which makes them think the Ring, the psychic blockage, is necessary. The blockage is drawn by the ego-flaw and exacerbates it.

The Great Ones, Gandalf, Galadriel and Aragorn refuse The Ring when it is offered to them because they know. They have been down that road many times before and they know where it ends.

"I have passed the test." says Galadriel when she is offered the ring by Frodo. "I shall remain Galadriel and pass to the West"

Thus, the ring merely exists to tempt the unwary. It, the blockage, teaches and tests us with all the addictions we consider necessary to a good life.

Those desires we feel we can not do without. Addictions to Food, Sex, Cigarettes, Drugs, Gambling, Television, Books, Power, Religion, in a way, all the aspects of the Ego. As we evolve, we learn about the effects of blockages in our system. In a way, we learn that although we have been given free choice, in the end we only have one choice, as Zen Master Hogen says, "A Choiceless choice." and that is to do the Right Thing.

This ability, the ability to know what is the right thing. That thing which puts us into alignment with the energy of the Soul, puts us into alignment with the energy of Dharma, comes through many lifetimes of painful experience.

We see that every selfish desire ends in pain as we become disappointed every time over many lifetimes.

We learn that intense disappointment can kill us. We learn, "Don't take the Ring!!" Don't open yourself to blockages. You start to know intensely, a matter of Life and Death, "The blockages must be removed!"

It is not enough to have this in software, this knowledge can only come from experience over many lifetimes. It must be hardwired in, transcending the memory loss we experience at the beginning of every new lifetime. We must know this, "From Balls to Bones!"

We can eliminate all Energy Blockages, Implants, Karma and Sub-Personalities with Energy Enhancement..

Tolkien said, "The Lord of the Rings is not a Metaphor, but it is Applicable.."

Gandalf "the G of the Masons" is the Enlightened White magician Servant of God, "I am the Servant of the Sacred Flame, Wielder of the sacred Fire of Arnor"

HE EXISTS AS AN EXAMPLE OF WHAT IS POSSIBLE FOR ALL HUMANITY

"BECAUSE THERE'S SOME GOOD IN THE WORLD, MR FRODO, AND ITS WORTH FIGHTING FOR!"

Samwise Gamgee is the Soul Infused Personality.

"My Donkey is tired and I should get off" - St Francis of Assisi, the day of his death

Frodo is the Soul. "Frodo is Master!" - Gollum

As the Soul Infused Personality is Purified and burns up its Golem Alter Egos in the Chakra in the Center of the Earth, so it becomes One Soul Infused Personality, Enlightened. And not only that, becomes an Ascended Master. This is Symbolised by the voyage to the Undying Lands of the Soul Chakras Frodo, Bilbo and Gandalf at the end of the story.

Gollum, The Golem, (A Golem is a Jewish word meaning, "One without a Soul") is the Subconscious Egotistical Blockage - Formed sub-Personality - A Psychopath.

"You would not have survived if it had not been for me"
Gollum 1

"But now Frodo is the Master, and we don't need you any more!" - Gollum 2

"Murderer!" - Gollum 1

Only by throwing the Gollum Sub-Personalities and the Sauron Created Implant Rings into the Hot Fires in Mount Doom in Mordor or Mount Orodruin - symbolising the Transmutation of Negativity in the Center of the Earth - A process called Alchemical VITRIOL - can we rid ourselves of Energy Blockage
Negative Karmic Mass Karma and thus redeem and Forgive ourselves -

Sauron - The Eye - Is a Black Magician who exists on the Astral Plane out of the Body.

He can take over another body to live on this plane, taking over the bodies of their sons every generation so as to use the family money and power eternally and thus exist for thousands of years.

Sauron Created the Implant One Ring to Control and Implant everyone on this Planet - To Rule them All.

He creates the Implant Plates above the Head and the Fuctory Smoke to stop the Light and create Cynicism and Despair.

By doing this he creates the cynical Orcs "He can't take his draught!" - Elves, Tortured and Perverted - who cannot exist in the Light of the Soul, who can't stand people who radiate the Light of the Soul.

Nazgul are slaves created from, "Great Kings of Men" who he promises to give Power by creating them Black Magicians just like him. He pretends to create other Black magicians but his real aim is to create highly evolved and energetic Slaves by De-Feeting them and putting blockages below their base chakras. That way nothing they try to do can be successful, thus Despair and Death to later become his Slaves on the Astral Plane

And all the other chakra Functions we have put into our book, "Super Energy and Sacred Symbols for Perfect Wisdom Enlightenment" by Swami Satchidanand available from Amazon.com

When ALL the chakras and the passageways between them along the spine become freed of their blockage and implant networks one experiences the end of Desire to know anything more, Desire to stay away from any thing, Desire to gain anything new, Desire to do anything, the end of Sorrow, Fear, Delusion.

Illumination!

28. By the practice of the limbs of Yoga, the energy blockage impurities dwindle away and there dawns the light of wisdom, leading to discriminative discernment.

Here is the ladder of practises - higher and higher practices called the Eight Limbs of Yoga - which are preliminary to Samyama which really is the Ninth Limb of Yoga - which is the start of the practice of purification of Energy Blockages of Viveka - dis-crime-ination.

29. The eight limbs of Yoga are:

Yama (abstinence).

Niyama (observance).

Asana (posture).

Pranayama (breath control).

Pratyahara (sense withdrawal).

Dharana (concentration).

Dhyana (meditation).

Samadhi (contemplation, absorption or superconscious state).

Samadhi and development in Samadhi unto Nirbija Samadhi is the path of simple Illumination. Sam - with, Adhi - The Light. "Brighter than ten thousand suns it shines alone" as we access the chakras above the head.

However, development in Samadhi can be speeded up by means of the Ninth limb of Yoga, Samyama, Sam - with, Yama - Death (of energy blockages) which can be used to

remove energy blockages and create psychic powers - see Book Three of the Yoga Sutras of Patanjali.

Samyama is the Seven Step Process of Energy Enhancement which creates more evolution, more Initiations unto and beyond being an Ascended Master - able to function without a Physical Body.

30. Yama consists of:

Non-violence.

Truthfulness.

Non-stealing.

Continence.

Non-greed.

31. These Great Vows are universal, not limited by class, place, time or circumstance.

32. Niyama consists of..

Purity.

Contentment.

Accepting but not causing pain.

Study of spiritual books.

Worship of God (self-surrender).

33. When disturbed by negative thoughts, opposite (positive) ones should be thought of. This is pratipaksha bhavana.
34. When negative thoughts or acts such as violence, etc. are caused to be done or even approved of, whether incited by greed, anger or infatuation, whether indulged in with mild, medium or extreme intensity, they are based on energy blockage ignorance and bring certain pain.
35. In the presence of one firmly established in nonviolence, all hostilities cease.
36. To one established in truthfulness, actions and their results become subservient.
37. To one established in non-stealing, all wealth comes.
38. By one established in continence, vigor is gained.
39. When non-greed is confirmed, a thorough illumination of the how and why of one's birth comes.
40. By purification arises disgust for one's own body and for contact with other bodies.
41. Moreover, one gains purity of sattva, cheerfulness of mind, one-pointedness, mastery over the senses, and fitness for Self-realization.
42. By contentment, supreme joy is gained.
43. By austerity, impurities of body and senses are destroyed and occult powers gained.

44. By study of spiritual books comes communion with one's chosen deity.
45. By total surrender to God, samadhi is attained.
46. Asana is a steady, comfortable posture.
47. By lessening the natural tendency for restlessness and by meditating on the infinite, posture is mastered.
48. Thereafter, one is undisturbed by the dualities.
49. That (firm posture) being acquired, the movements of inhalation and exhalation should be controlled. This is pranayama.
50. The modifications of the life-breath are either external, internal, or stationary. They are to be regulated by space, time, and number and are either long or short.
51. There is a fourth kind of pranayama that occurs during concentration on an internal or external object.

Saint Thirumoolar said, "Wherever the mind goes, the prana follows." They are inseparable. If the mind is controlled first, the breath is controlled. But which is subtler — mind or breath? Which is easier to handle, a subtle thing or a gross one? Always the gross thing. Which is easier to control, steam, water or ice? To keep ice in its place we just have to put it down. For water we need some sort of vessel. But for steam even that is not enough, a covered cylinder is needed. Even though ice, water and steam are one and the same compound, they are in different stages.

Similarly, it is easier to control prana in a grosser manifestation than in a subtler one. So, first we learn to control the physical body, then the movement of the breath, then the senses, and finally the mind. It is very scientific, gradual and easy.

Finally, through connection with the higher chakras, whenever we are in the process of channeling energy, the breath stops. We know it is happening. We know what we are doing. By it happening we know we are in the right place, doing the right thing. Channeling the Energy of the Divine into our students. Creating the Energy Impressions in products which are, "Art".

52. As its result, the veil over the inner Light is destroyed.

53. And the mind becomes fit for concentration.

54. When the senses withdraw themselves from the objects and imitate, as it were, the nature of the mindstuff, this is pratyahara.

55. Then follows supreme mastery over the senses.

So concludes the Sutras of Book Two

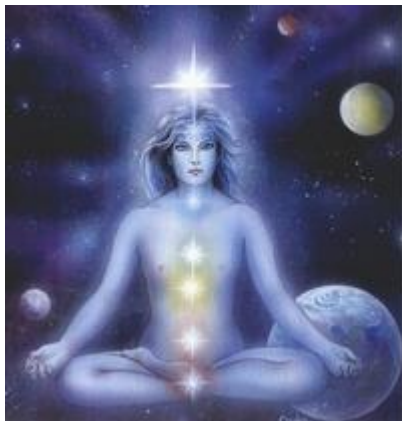
The Energy Enhancement Meditation Course

The Yoga Sutras of Patanjali -

Commentary by Sri Swami Satchidanand

Book Three

Vibhuti Pada



Portion on Accomplishments.

The third book is called the Vibhuti Pada. The vibhuti are all the accomplishments which come as by-products of your Yoga practice. They are also sometimes called the siddhis , or supernatural powers. These powers begin to come with the practice of the final three limbs of Raja Yoga: dharana (concentration), dhyana (meditation), and samadhi (contemplation) - THESE THREE ARE CALLED SAMYAMA The Ninth Limb of Yoga, or Energy Enhancement.

1. Dharana is the binding of the mind to one place, object or idea.

2. Dhyana is the continuous flow of cognition toward that object.
3. Samadhi is meditation when there is the shining from the void of the object alone (The chakras above the head - The Central Spiritual Sun of Gurdjieff).
4. The practice of these three (dharana, dhyana, and samadhi) upon one object is called Samyama.
5. By the mastery of samyama comes the light of knowledge.
6. Its practice is to be accomplished in stages.
7. These three (dharana, dhyana, and samadhi) are more internal than the preceding five limbs.
8. Even these three are external to the seedless samadhi.
9. The energy blockages which normally arise (in meditation) are made to disappear by the appearance of suppressive efforts (The projection of energy of Energy Enhancement Level 1 Initiation 5 and The Seven Step process of Energy Enhancement Level 2), which in turn create new energy blockage mental modifications (by transformation of the negative karmic mass of the blockages). The moment of conjunction of mind and new modifications is nirodha parinama.
10. The flow of nirodha parinama becomes steady through habit.
11. When there is a decline in distractedness and appearance of one-pointedness (In the efforts to remove the energy blockages through energy projection) , then comes samadhi parinamah (development in samadhi).

12. Then again, when the subsiding past and rising present images are identical, there is ekagrata parinama (one-pointedness, as the obscurity of the negative karmic mass of the sub - personality energy blockages are transmuted - so that only the one soul infused personality remains - and one purpose and will is attained).
13. By this (what has been said in the preceding three Sutras), the transformations of the (Energy blockage) visible characteristics, time factors and conditions of elements and senses are also described.
14. It is the substratum (The totality of the energy blockages of Prakriti) that by nature (The inflow of energy from the external chakras) goes through latent, uprising and unmanifested phases (As the energy blockages are transmuted and integrated).
15. The succession of these different phases is the cause of the differences in stages of evolution (Of the energy blockages as they become more and more purified).
16. By practicing samyama on the three stages of evolution comes knowledge of past and future.
17. A word, its meaning, and the idea behind it are normally confused because of superimposition upon one another. By samyama on the word (or sound) produced by any being, knowledge of its meaning is obtained.
18. By direct perception, through samyama, of one's mental impressions, knowledge of past births is obtained.

19. By samyama on the distinguishing signs of others' bodies, knowledge of their mental images is obtained.
20. But this does not include the support in the person's mind (such as the motive behind the thought, etc.), as that is not the object of the samyama.
21. By samyama on the form on one's body, (and by checking the power of perception by intercepting light from the eyes of the observer, the body becomes invisible.
22. In the same way, the disappearance of sound (touch, taste, smell, etc.) is explained.
23. Karmas are two kinds: quickly manifesting and slowly manifesting. By samyama on them, or on the portents of death, the knowledge of the time of death is obtained.
24. By samyama on friendliness and other such qualities, the power to transmit them is obtained.
25. By samyama on the strength of elephants and other such animals, their strength is obtained.
26. By samyama on the Light within, the knowledge of the subtle, hidden, and remote is obtained. (Note: subtle as atoms, hidden as treasure, remote as far distant lands.)
27. By samyama on the sun, knowledge of the entire solar system is obtained.
28. By samyama on the moon comes knowledge of the star's arrangement.

29. By samyama on the pole star comes knowledge of the star's movements.
30. By samyama on the navel plexus, knowledge of the body's constitution is obtained.
31. By samyama on the pit of the throat, cessation of hunger and thirst is achieved.
32. By samyama on the kurma nadi (a subtle tortoiseshaped tube located below the throat), motionlessness in the meditative posture is achieved.
33. By samyama on the light at the crown of the head (sahasrara chakra), visions of masters and adepts are obtained.
34. Or, in the knowledge that dawns by spontaneous enlightenment (through a life of purity), all the powers come by themselves.
35. By samyama on the heart, the knowledge of the mind-stuff is obtained.
36. The intellect and the Purusha (or Atman - the chakras above the head) are totally different (levels of the hierarchy of chakras), the intellect existing for the sake of the Purusha, while the Purusha exists for its own sake. Not distinguishing this is the cause of all experiences; and by samyama on the distinction, knowledge of the Purusha is gained.
37. From this knowledge arises superphysical hearing, touching, seeing, tasting, and smelling through spontaneous intuition.

38. These (superphysical senses) are obstacles to (nirbija) samadhi but are siddhis (powers or accomplishments) in the worldly pursuits.

39. By the loosening of the cause (of the bondage of mind to body) and by knowledge of the procedure of the mind-stuff's functioning, entering another's body is accomplished.

THE WHOLE WORLD IS CONTROLLED BY MEDITATION.. At crucial times when great things are happening, In order to change the shape of the future it becomes necessary to overshadow. Ascended Masters and certain living beings have the ability to take this path.

40. By mastery over the udana nerve current (the upward vital air), one accomplishes levitation over water, swamps, thorns, etc. and can leave the body at will.

41. By mastery over the samana nerve current (the equalizing vital air) comes radiance to surround the body.

42. By samyama on the relationship between ear and ether, supernormal hearing becomes possible.

43. By samyama on the relationship between the body and ether, lightness of cotton fiber is attained, and thus traveling through the ether becomes possible.

44. By samyama on energy blockages unidentified by and external to the body (energy blockages in the the aura or maha-videha - the great bodilessness - which we do in Energy Enhancement level 2), the veil over the light of the Self is destroyed.

45. By samyama on the gross and subtle elements and on their essential nature, correlations and purpose, mastery over them is gained.

46. From that comes attainment of anima and other siddhis (these are methods to remove energy blockages which we learn in Energy Enhancement Level 2), bodily perfection and the non-obstruction of bodily functions by the influence of the elements.

(Note: The eight major siddhis alluded to here are:

1. Anima - to become very small.

2. Mahima - to become very big.

3. Laghima - very light.

4. Garima - heavy.

5. Prapti - to reach anywhere.

6. Prakamya - to achieve all one's desires.

7. Isatva - ability to create anything.

8. Vastitva - ability to command and control everything.

47. Beauty, grace, strength, and adamant hardness constitute bodily perfection.

48. By samyama on the power of perception and on the essential nature, correlation with the ego sense and purpose of the sense organs, mastery over them is gained.

49. From that, the body gains the power to move as fast as the mind, ability to function without the aid of the

sense organs, and complete mastery over the primary cause (Prakriti).

50. By recognition of the distinction between sattva (the pure reflective nature) and the Self, supremacy over all states and forms of existence (omnipotence) is gained as is omnipotence.

51. By non-attachment even to that (all these siddhis), the seed of bondage is destroyed and thus follows Kaivalya.

52. The Yogi should neither accept nor smile with pride at the admiration of even the celestial beings, as there is the possibility of his getting caught again in the undesirable.

53. By samyama on single moments in sequence comes discriminative knowledge.

54. Thus, the indistinguishable differences between objects that are alike in species, characteristic marks and positions become distinguishable.

55. The discriminative knowledge that simultaneously comprehends all objects in all conditions is the intuitive knowledge which brings liberation.

56. When the tranquil mind attains purity equal to that of the Self, there is Absoluteness.

So concludes the Sutras of Book Three

The Yoga Sutras of Patanjali -

Commentary by Sri Swami Satchidananda

BOOK FOUR - Kaivalya Pada

Navigation



BOOK FOUR - Kaivalya Pada

Portion on Absoluteness - Purity.

Book Four has the heading Kaivalya Pada , or the portion that talks about absoluteness. The root of kaivalyam is kevala, which means without qualities or conditions, that which is Cosmic. The one who has the quality of kevala is called kaivalyam. It's an experience of absoluteness, unlimitedness, purity.

As the hierarchy of chakras above the head become purified, as we understand the nature of the hierarchy talked about in this 4th book, so we become liberated

1. atman or purusha - 2.

soul infused mind -

3. the many created minds or sub-personalities of prakriti which need to be healed of trauma - formed negative karmic mass and integrated into the soul infused mind

1. Siddhis or Psychic Powers are born of practices performed in previous births, or by herbs, mantra repetition, asceticism, or by samadhi.
2. The transformation From one Level of Human Initiation or Evolution into another is brought about by the inflow of energy (from chakras external to the body).

The evolution of the human being is brought about by the inflow of Nature, or Soul Energy, into the system from external sources.

Pure high frequency energy from the chakras above the head has the effect of transmuting all negativity, all Trauma - Formed negative Karmic mass, all Energy Blockages so as to purify the psychic bodies so that an Illuminated person can only act in a good way, in alignment with the Will of God.

External Sources - these are the Infinity of Chakras in the ANTAHKARANA, the rainbow Bridge which connects us with the chakras of the Universe. It is a Staff Like Creation, "The Staff of Life", between heaven and earth, Axis Mundi, which contains our Psychic Body of Seven Chakra Parallel Processors and also an infinity of Chakras connecting us with the Highest Energy of the One God with 10,000 names.

The first chakra above the head is called the Soul Chakra which controls all the lifetimes of our limited bodies on this planet. Thus it is Immortal. It is the Soul Infused Personality which absorbs and Integrates the Alter Ego Sub-Personalities of the Desire Filled Selfish Competitive Ego in order to become Enlightened. In this way there can only be One. This is the light of the Soul which we

contact in the Energy Enhancement Video Course and on the Live Energy Enhancement Courses Worldwide.

3. Incidental events (caused by the inflow of energy during your meditation) do not directly cause natural evolution; they just remove the energy blockage obstacles as a farmer (removes the obstacles in a water course running in his field).

The effortless movement of Soul energy does not directly cause natural evolution; Evolution naturally happens because the energy from external chakras is used to remove the blockages by The Seven Step Process of Energy Enhancement in the body as a farmer removes the blockages in a water course (Energy meridian) running in his field.

This is the process of Energy Enhancement. When the blockages to the flow of Energy are removed, naturally the Soul Energy Flows without hindrance and the Soul Energy is Maximally evolved. Higher energies need no Evolution. It is our evolution which requires the removal of all Energy Blockages. The end is Enlightenment when the Soul Light is channeled perfectly and our Aura Glows with the Light of the Soul. Soul Illumination.

4. Egoity alone is the cause of the creation of other minds (energy blockage Sub-Personalities).

The egoistic personality, channeling psychic energy, is the cause of artificially created blockages, Alter Egos or Sub-Personalities or as they are sometimes called, Implants.

5. Although the functions in the many created minds may differ, the original mind-stuff of the Yogi (The Soul Infused personality) is the director of them all.

Although the functions in the many created blockages may differ, the original mind-stuff of the magician is the director of them all. The Original Mind Stuff is the Mind Stuff of the Soul which eventually creates the Soul Infused Being or the Enlightened, Illuminated by the Light of the Soul.

Love and Light we say in Energy Enhancement. The many created minds are sub-personalities created in this and in previous lifetimes. They are created usually by trauma, and the perverted talent created by that trauma becomes an addiction desire which takes us away from our Dharma Soul Path. The many created minds are also Sub-Personalities Implanted by other people in this or in previous lifetimes in order to stop the evolution of the person and to vampirise his energies by feeding energy from the implant sub personality back to the implant creator.

6. Only the minds born of meditation (Purified by meditation) are free from energy blockage karmic impressions.

Although the functions in the many created blockages may differ, the original mind-stuff of the magician is the director of them all. The Original Mind Stuff is the Mind Stuff of the Soul which eventually creates the Soul Infused Being or the Enlightened, Illuminated by the Light of the Soul.

Love and Light we say in Energy Enhancement. Blockages CREATED in Black Magic are entities and implants which channel the energy of the victim back towards the Black Magician, using the victim as a battery, like in the Matrix Film, and creating negative emotion, control, pain and disease in him. Blockage talents in white magic are angels, healing and protection. The white magician has

the ability to dissolve all the blockages of his clients or students.

7. The actions of the purified Yogi are neither white (good) nor black (bad), but the actions of unpurified others are of three kinds; good, bad, and mixed.

8. Of these (actions), only those vasanas (subconscious impression energy blockages) for which there are favorable conditions for producing their fruits will manifest in a particular birth.

9. Although desires (Energy Blockages) are separated from their fulfillments by class, space and time, they have uninterrupted relationship because the impressions (of desire energy blockages) and memories of them are identical.

10. Since the desire to live is eternal, Energy Blockages are also beginningless.

11. The energy blockages being held together by cause (The traumatic event or person who created the energy blockage or implant), effect (the energy blockage programming, talent or function), basis (The Trauma Created Negative Karmic Mass which cuts off the blockage from the beneficial effects of Universal Spiritual Energy) and support (The energy connection from the energy blockage to the person who created it which energetically tries to prevent any changes to blockage programming), the Energy Blockages disappear with the disappearance of these four (This is the seven step process of Energy Enhancement level 2 - Samyama, which removes cause, effect, basis and support and then resolves and purifies the energy blockage back to its constituent parts which can then be used as talents and functions by the higher chakras.).

12. The past and future exist in the real form of energy blockages which manifest due to differences in the conditions of their characteristics.

13. Whether manifested or subtle, these characteristics belong to the nature of the gunas (The Characteristics of the Gunas - Tamas, Rajas, and Sattvas refers to the energy store impurity level - the amount of trauma formed negative karmic mass of the blockages) of the blockages
.

14. The reality of things is due to the uniformity of the gunas' transformations (The reality of the soul infused mind comes about by the grounding of the negative karmic mass of the energy blockage sub-personalities).

15. Due to differences in various minds (Talents or Sub - Personality Energy Blockages), perception of even the same object may vary.

16. Nor does an object's existence depend upon a single mind, for if it did, what would become of that object when that mind did not perceive it?

17. An object is known or unknown dependent on whether or not the mind gets colored by it.

18. Due to His changelessness, changes in the mindstuff are always known to the Purusha, who is its Lord (Purusha is the chakras above the head).

19. The mind-stuff is not self-luminous because it is an object of perception by the Purusha. (The energy of the mind is given by the chakras above the head)

20. The mind-stuff cannot perceive both subject and object simultaneously (which proves it is not selfluminous).

21. If the perception of one mind by another mind be postulated, we would have to assume an endless number of them and the result will be confusion of memory - which is the case in everyone.

22. The consciousness of the Purusha is unchangeable; by getting the reflection of it, the mind-stuff becomes conscious of the Self.

TELEPATHY THROUGH MEDITATION - UNDERSTANDING EVERYTHING

YOGA SUTRAS OF PATANJALI BOOK FOUR, SUTRA 23

23. The mind-stuff, when colored by both Seer and Seen, understands everything.



When we connect with external sources of energy including telepathy and intuition in Samadhi then we start to understand everything.

The Seen is Prakriti or the chakras beneath the Base Chakra. This, "Inflow of nature" is that which creates

evolution. It is the inflow of energy from external chakras of the Universe. This is the Alchemical Process of VITRIOL, Energy Enhancement Level 1, Initiation Three, The Grounding of Negative Energies.

The Seer is Purusha and exists in the chakras above the head. It rains down chit-shakti or intelligent energy into the mind along the length of the ANTAHKARANA which because the chakras above the head connect in to every human being on the planet, as well as to higher intelligences above the planet, this intuitive intelligent energy starts to inform the mind as in telepathy and vastly, exponentially, increases the intelligence of the Mind. This is Energy Enhancement Level One, Initiation Four - The Supra Galactic Orbit - connection with the Chakras above the head - Connection with the Illuminating Energies of the Soul, The Central Spiritual Sun of Gurdjieff.

As well as being a performer of Sacred Dance, having danced from the age of Four and then becoming a Prima ballerina and a teacher of Ballet at the age of sixteen. As well as being a teacher of Yoga from the age of eighteen and a meditation teacher from the age of thirty, Devi Dhyani is a Doctor of Law, a Barrister who practised her profession for 16 years. It normally takes Eight Years to become a Doctor of Law if you do not fail any examinations at University. Devi passed her examinations normally for the first four years of her course. However then she started practising meditation because she wanted to study harder and sleep less to do it. Instead of sleeping less, Devi slept much more but became much more efficient, intelligent. So much so that she passed the next four years of examinations in only two years. Such is the exponential power of meditation.

A. E. Van Vogt was one of the first writers of Science Fiction in the 1940's. Not only that, in the 1950's he became the President of the Dianetics foundation under the Aegis of L. Ron Hubbard - [Click here for my chapter on Blockages, Scientology and Elron Hubbard](#). Dianetics uses polygraphs or lie detectors to find the tension which surrounds the negative energy, ignorance lie of every energy blockage.

Once found, they have simple techniques to get rid of the energy blockage. Whilst these techniques only have the power to remove only the simplest energy blockages unlike Energy Enhancement which uses Advanced techniques used for 5000 years by Masters of Meditation, Dianetics is very efficient at removing small Blockages. When Elron outgrew Dianetics and went on to found the more Religious Scientology, A.E. Van Vogt remained behind as the President of Dianetics.

A.E. Van Vogt wrote the book, "Slan" about the next stage of Human Evolution, but he was really referring to the next stage of evolution of humanity which starts with Meditation and Dianetics and then goes on to the Removal Of Energy Blockages.. [The Energy Enhancement Energy Blockage Directory](#) is here.

Due to the power of his books, AE Van Vogt was marginalised as many Authors and Directors have been marginalised which I suppose is a euphemism for censored or banned.

I suppose Orson Welles is the most famous when after, "Citizen Kane" Randolph Hearst bought his employers RKO, he stopped the distribution of "Citizen Kane", cut the hell out of, defaced, his next picture, "The Magnificent Ambersons" and fired his sorry ass.

Similarly Michael Cimino who got an Oscar for "The Deer Hunter" almost never worked again after movie, "Heavens Gate" which exposed the mini genocide by the elite in the range wars where assassins were hired to kill a death list of 150 people.

Similarly Norman Spinrad who wrote the book, "Bug Jack Barron" exposing an immortality treatment for the elite using the bodily fluids of kidnapped children who were killed by the process of extracting them.

The wonderful movies, "The Golden Compass" where the elite develop a process to cut people off from their souls and "The Last Airbender" by Shyalaman where an elite want to take over the World by killing the Spirit but are stopped by the Avatar who develops the Heart of Resistance of all people, were successfully censored also and New Line Movies who developed The Lord of the Rings Movie Trilogy was destroyed.

Back to AE Van Vogt.. These Slans had the ability of telepathy. Here is a quote from the book saying that Slans were more intelligent than humans as a human was more intelligent than a monkey, because of the intelligent, telepathic, "Inflow of nature" which meditation brings in to the Mind of the meditator. Not only intelligent, because of the nature of Energy Blockages, Slans were more moral and could not stoop to, "Dirty Tricks" of the normal human psychopath, as happened to Jesus Christ - Meditation leads to Perfection.

Not only that, in the book he said that some of the normal humans would become so jealous that they would try to kill off all of the Slans. Remember the monkey from the Panchatantra in this book, "I suppose you think you're

really good. don't you?" Or the Myth of Hyacinthus killed through jealousy.

Jesus Christ was crucified, Buddha was poisoned because of this jealousy, because they said too much against, "Ceasar". The Movie, "Jumper" also says there are ancient organisations created for thousands of years to assassinate these advanced evolutionary human beings, - "No-one but God should have these powers!" Here is a quote from A. E. Van Vogt's Slan..

"I am giving you this information because apparently none of you has ever bothered to investigate the true situation as compared to popular beliefs. Take, for instance, the so-called superior intelligence of the Slan, referred to in the letter received from them today. There is an old illustration on that point which has been buried by the years; an experiment in which Samuel Lann, that extraordinary man, brought up a monkey baby, a human baby and a Slan baby under rigidly scientific conditions. The monkey was the most precocious, learning within a few months what the Slan and the human baby required considerably longer to assimilate. Then the human and Slan learned to talk, and the monkey was hopelessly outdistanced. The Slan and the human continued at a fairly even pace until, at the age of four, they both learned to read and the Slan's powers of mental telepathy began painfully to operate. At this point, the Slan baby forged into the lead just as a human who reads, forges into the lead and domination over those humans who do not read, or indeed those who only read State Controlled Media.



TELEPATHY PROPAGANDA

'However, Dr. Lann later discovered that by intensification of the human baby's education through reading, it was possible for the latter to catch up to, and remain reasonably level with, the Slan, particularly in quickness of mind. The Slan's great advantage was the ability to read minds, which gave him an unsurpassable insight into psychology and readier access to the education which the human child could grasp only through the medium of ears and eyes and books -- "

John Petty interrupted in a voice that was thick and harsh: "What you're saying is only what I've known all along, and is the main reason why we can't begin to consider peace negotiations with these ... these damned beings. In order for a human being to equal a Slan, he must strain for years to acquire what comes with the greatest of ease to the Slan. In other words, all except the minutest fraction of humanity is incapable of ever being more than a slave in comparison to a Slan. Gentlemen, there can be no peace, but rather an intensification of Slan extermination methods. We can't risk one of the Machiavellian plans already discussed, because the danger of something going wrong is too great.."

It is the destiny of EVERY Human Being to use Telepathy, and then to become Enlightened. We are all Slans.

But for those people who practise Energy Enhancement Meditation, consciously connecting with External Sources of Energy, the movement towards telepathy and Enlightenment is so much quicker!!

The advice of every Master of Meditation for thousands of Years to those who practise Yoga is, "Keep it secret, Keep it safe" - Gandalf, Lord of the Rings. Those who know, do not say.

So, Energy Enhancement Meditation brings about a vast exponential increase in Intelligence - for Every Human Being who practises it.

Exponentially increase your Intelligence with Energy Enhancement Meditation, the only one which connects with Chakras above the Head and Below the Base. Thus

Energy Enhancement Meditation is a thousand times more effective than any other meditation, creating incredible results FAST!!

24. Though having countless desires or energy blockages, the mind-stuff exists for the sake of another (the Purusha, God, above the chakras above the head) because it can act only in association with It (Satchidanand - by being given energy by God). When we align with the energies of God – “Not my will but thy will be done” Then all occurs by law, not ego, not paradigm, not that mass of energy blockages which so oppose anything good.

25. To one who sees the distinction between the mind and the Atman, thoughts of mind as the Atman cease forever (The nature of the hierarchy once seen means the Atman, Purusha, God, work at a higher level than the Mind and indeed power the mind by sending divine energy and thoughtforms to it. The Mind is a reception apparatus).

26. Then the mind-stuff (The soul infused mind) is inclined toward discrimination (As Manjusri wields the sword of discrimination, so the artificially created minds or sub-personalities are healed and integrated into the Soul Infused personality by the Energy Enhancement Seven Step process) and gravitates toward the purity of Absoluteness.



MANJUSRI - SYMBOL OF BLOCKAGE REMOVAL WITH HIS SWORD OF VIVEKA OR DIS-CRIME-INATION - SINCE THE CREATION OF TRAUMA - FORMED NEGATIVE KARMIC MASS IS A CRIME

27. In between, distracting thoughts may arise due to energy blockages.

28. Energy blockages can be removed, as in the case of the obstacles explained before. (see Book 4, Sutra 1,2,10,11, and 26.)

READ THE WHOLE COMMENTARY...

The Yoga Sutras of Patanjali Commentary Satchidanand

MEDITATION, DHARMA MEGA SAMADHI, KAIVALYA AND
ILLUMINATION

YOGA SUTRAS OF PATANJALI BOOK FOUR, SUTRA 29



PATANJALI BOOK FOUR SUTRA 29. However DHARMAMEGA: “Cloud of Dharma” Samadhi speeds up, intensifies, and then finishes the Energy Enhancement Meditation Course Energy Blockage removal process...



MANJUSRI - SYMBOL OF BLOCKAGE REMOVAL WITH HIS SWORD OF VIVEKA OR DIS-CRIME-INATION - SINCE THE CREATION OF TRAUMA - FORMED NEGATIVE KARMIC MASS IS A CRIME. AHIMSA - NO HARM BY WORD, THOUGHT OR DEED.

He who, due to his perfect discrimination - discrimination or sanskrit, Viveka, is the ability to transmute energy blockages and as they transmute and ground, so they go through the symptoms of the Gunas from Tamas, to

Rajas, to Sattvic as the Negative Karmic Mass is grounded - The sword of discrimination is the ANTAHKARANA - the energy connection between all the chakras above the head through the body and below the base chakra to below the Center of the Earth, which feeds energy from higher to lower levels of the hierarchy - this discriminative energy blockage transmuting flow of energy if maintained is called Dharma Mega Samadhi, - is totally disinterested even in the highest rewards remains in the constant discriminative discernment, which is called dharmamegha (cloud of dharma) samadhi.

The meaning of dharma includes goodness - next to Godness - virtue, justice, law, duty, morality, religion, religious merit, and steadfast decree - all symptoms of being Soul Infused.

Dharma is the energy of the Soul!!

GOODNESS AND MERCY SHALL FOLLOW ME ALL THE DAYS
OF MY LIFE

AND I SHALL DWELL IN THE HOUSE OF THE LORD
FOREVER..

Avatar of Synthesis

Sirius

Logos

Monad

Soul

Synthesis
of Light
One
Harmonious
Enlightened
World



THE ANTAHKARANA CROSSES THE ABYSS

DHARMAMEGA: "Cloud of Dharma" this samadhi encloses and includes all that can be known. Just as a cloud fills the heavens and with its rain quenches all thirst and soothes all dryness, this Samadhi expands as a mist through consciousness in an enlightening way. The action of Dharma Mega Samadhi is that a cloud of high frequency energy enters into Sahasrara Chakra, the Crown, "of Kings" Chakra from the infinity of, "Chakras Above the Head" which end in God. This energy is of such a high frequency that it has the ability to dissolve Energy Blockages without doing anything, just it enters into the body and we feel all the Blockages dissolving. And as we maintain ourselves in that state, so intuition also enters and we see the, "Golden Path" of our future. It is the next most powerful step after the discrimination of the Energy Enhancement seven Step Process, in the removal of All Energy Blockages prior to Kaivalya or Enlightenment.

"WHEN ALL ENERGY BLOCKAGES ARE GONE, ENLIGHTENMENT IS SURE TO FOLLOW" - Satchidanand

Another reference to dharma-megha-samadhi in classical Hindu literature is in Vidyara nyas Pancada si. In I, 60 he points out that dharma-megha-samadhi is the uppermost phase to arrive at in Yoga. He says that Samadhi is: "That state in which the mind progressively discards the concept of meditator and meditation ". The effect of this Samadhi is the dissolution, the Transmutation, of all Karma accumulated over immeasurable lives and the "expansion of pure Dharma." Bhagavad Gita VI, 19 - or the Justice and Rightness or Righteousness, "That which must be" of the Soul or Monad.

The gap linking dharma-megha-samadhi with Kaivalya or Liberation is basically indiscernible. Dharma-

meghasamadhi is the means by which contact with the high energy flow from the chakras above the head has the effect of unbinding the Energy Blockage manacles which distort and pervert our mind and which have the effect of stealing our spiritual, emotional, and physical energy, sending any arousal of energy back to the guy who made the blockage. It can be assumed that dharmamegha-samadhi, is a prolongation of the other, Kaivalya, as a same indissoluble spring.

KAIVALYA: can be translated in many ways but the closest we can get in English is: Liberation, - from any Energy Blockage - All Energy Blockages have been dissolved from this lifetime and from all our previous lifetimes - unlimited oneness with God and the Chakra Supercomputers above the Head, faultless disinterest, sovereignty, a King, an Emperor.

It's in other words by achieving the state of detachment due to the dissolution of the stupidly desiring energy blockage mind control, it reaches the astonishing transcendental state.

Kaivalya, is the ultimate liberation, here there is no struggle, no need for escape or repression of emotion and feelings.

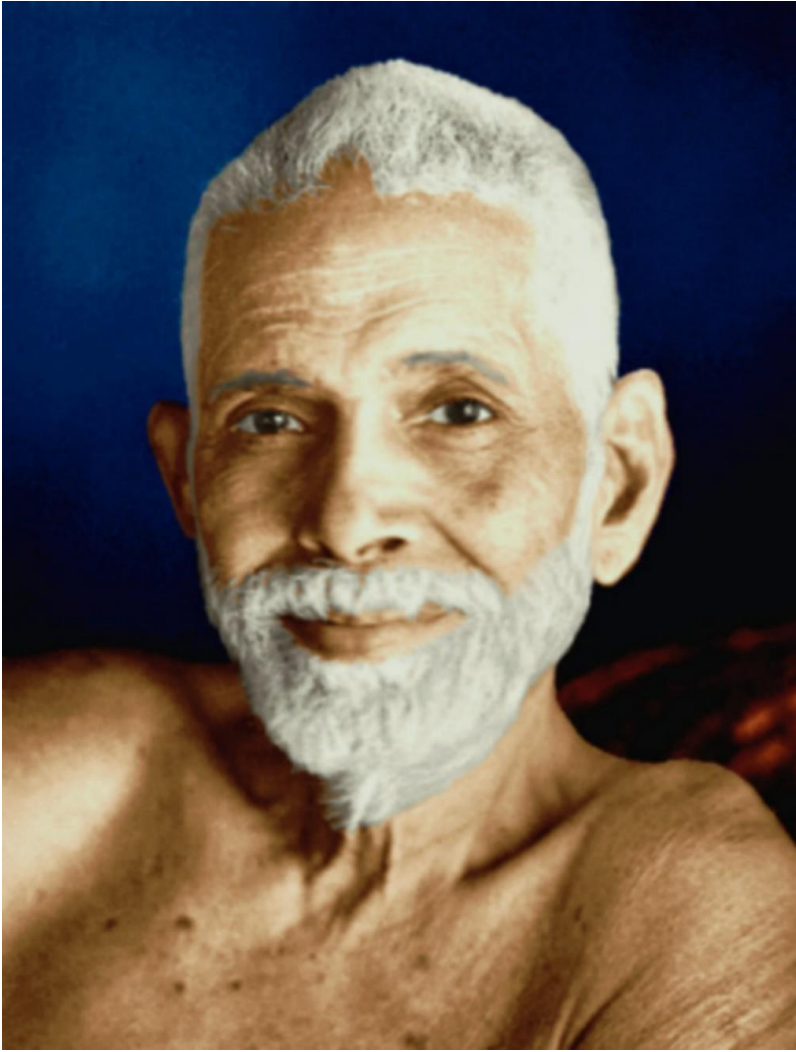
Dharma-Megha Samadhi is described by Patanjali: cloud bearing dharma Samadhi. For Patanjali the stages of Samadhi are all connected together. After sasmita comes asampranjta Samadhi of various forms, then viveka kheyati , the ultimate discrimination between the real and unreal, or prakriti and purusha. For all previous samadhi's it is possible for the sadhaka to become attached and fall back to earlier stages, but after viveka kyeyati the vritti samskara energy blockages are burned and transmuted. Dharma-megha Samadhi is next in line,

and finally Kaivalya, a non-dual state of complete isolation and liberation.

Now there is absolute scientific proof that a meditator is less prone to ulcers, less prone to heart attacks, less prone to high blood pressure. A meditator is less prone to many illnesses that happen ordinarily to everybody. A meditator is less prone to madness, to insanity, to neurosis, psychosis. And a meditator is certainly more quiet, calm, and collected. A meditator is more responsible. A meditator is more loving. And there is definite proof that a meditator lives longer than a nonmeditator. A meditator has a higher I.Q., more intelligence, than a non-meditator, more vitality, more creativity.

Meditation is therapeutic. In fact, "meditation" and "medicine" come from the same root. Meditation is a healing force, because it relaxes you and allows nature to heal you. But that is not the primary benefit of meditation. It is just a side effect. The basic benefit is the entry into the divine. Self-realization. Godrealization. Oh! the ecstasy of it, the blessing and the benediction of Dharma Mega Samadhi - the final release of all our Energy Blockage Chains.

And these are not assertions of mystics. Now scientific labs are producing papers, research work, theses, dissertations. Through scientific equipment, measurement, ways and means, now it is almost a certain fact that mind can exist in many wavelengths and meditation changes the wavelength. Meditation creates more "alpha" waves -- and alpha waves release joy, happiness, bliss, benediction.



RAMANA MAHARSHI

Ramana Maharshi spoke his Samadhi experience which ended in enlightenment in the following words:

“It was in 1896, about 6 weeks before I left Madurai for good (to go to Tiruvannamalai – Arunachala) that this great change in my life took place.

I was sitting alone in a room on the first floor of my uncle's house. I seldom had any sickness and on that day there was nothing wrong with my health, but a sudden violent fear of death overtook me. There was nothing in my state of health to account for it nor was there any urge in me to find out whether there was any account for the fear. I just felt I was going to die and began thinking what to do about it. It did not occur to me to consult a doctor or any elders or friends. I felt I had to solve the problem myself then and there.

The shock of the fear of death drove my mind inwards and I said to myself mentally, without actually framing the words: 'Now death has come; what does it mean? What is it that is dying? This body dies.' And at once I dramatized the occurrence of death. I lay with my limbs stretched out still as though rigor mortis has set in, and imitated a corpse so as to give greater reality to the enquiry. I held my breath and kept my lips tightly closed so that no sound could escape, and that neither the word 'I' nor any word could be uttered.

'Well then,' I said to myself, 'this body is dead. It will be carried stiff to the burning ground and there burned and reduced to ashes. But with the death of the body, am I dead? Is the body I? It is silent and inert, but I feel the full force of my personality and even the voice of I within me, apart from it. So I am the Spirit transcending the body. The body dies but the spirit transcending it cannot be touched by death. That means I am the deathless Spirit.'

All this was not dull thought; it flashed through me vividly as living truths, which I perceived directly almost without thought process. I was something real, the only real thing about my present state, and all the conscious activity connected with the body was centered on that I. From

that moment onwards, the “I” or “Self” focused attention on itself by a powerful fascination. Fear of death vanished once and for all. The ego was lost in the flood of Self-awareness. Absorption in the Self continued unbroken from that time. Other thoughts might come and go like the various notes of music, but the “I” continued like the fundamental sruti note which underlies and blends with all other notes”.

In this Samadhi Ramana was in the highest state of consciousness by an unbreakable connection with the chakras above the head, the central spiritual sun, the soul, the monad - absorbed in the energy of God.

Simultaneously he operated in the world in a more efficient manner. He naturally upheld the nirvikalpa samadhi state while concurrently socializing and working in the world. He was in this state while awake sleeping or dreaming, and employed the body as an ideal device to work in the physical plane.

In that state of connection with the chakras above the head one acts as everyone else except that in the deepest part of his being he is flooded with celestial enlightenment. Sahaja samadhi appears merely when oneness with the absolute is constant and unbroken. As the flow increases, dharma-megha-samadhi floods the bodymind creating freedom, liberation, Kaivalya, enlightenment.

DEVOTION AND EGO DEATH.. TRISTAN AND ISOLDE



Psychic Protection Armour and the Ego-Death of the Holy Grail

AS THE BLOOD OF CHRIST HOLY SPIRIT FLOWS FROM THE
CHAKRAS ABOVE THE HEAD INTO THE EMPTY CUP
OF THE HOLY GRAIL MIND WE HAVE ENLIGHTENMENT



KRISHNA, MIRA CARMINA BURANA, BEETHOVEN'S NINTH AND THE KISS OF THE DIVINE

The Islamist Sufi, Christian Devotional and Vaishnava Bhakti Schools describe Samadhi as an absolute absorption into an object of devotion, a deity in this case whether it is Krishna, the Virgin Mary or Carmina Burana - "The sight of God in a woman is the most beautiful of all" - Al Arabi.

They believe that instead of having the experience of "thinking of nothing," a proper samadhi can also be accomplished through uncontaminated, unadulterated love of God leading to that very same experience.

Although more dangerous because of the implantation of the Sexual Addiction Blockage in all forms, - Arabian, Chinese, Indian - of sexual tantra, in this way samadhi can be accomplished through meditation on the forms of God.

Many yogis, can leave their bodies and can intentionally die at will. -

"You know I can kill you without turning a hair.

You know I can let you do that without turning a hair"

It is at this moment in time, that the essence of being knows himself to be connected indissolubly to the chakras above the head, and by being liberated from all body restrictions, he consciously merges perfectly into the awe-inspiring and luminous eternity. The personage rises above the worlds, far from karma and returns to vastness, assimilating transcendental Bliss forever.



JESUS MEDITATOR

PATANJALI BOOK FOUR SUTRA 30. From that samadhi all afflictions and karmas cease.

PATANJALI BOOK FOUR SUTRA 31. Then all the coverings and impurities of knowledge (The Negative karmic Mass which coats all energy blockages) are totally removed. Because of the infinity of this knowledge, what remains to be known is almost nothing.

PATANJALI BOOK FOUR SUTRA 32. Then the gunas terminate their sequence of transformations because they have fulfilled their purpose (All Negative Karmic Mass is transmuted and the energy blockage is healed and integrated).

PATANJALI BOOK FOUR SUTRA 34. Thus, the supreme state of Independence, or Kaivalya, manifests while the gunas reabsorb themselves into Prakriti, having no more purpose to serve the Purusha. Or, to look from another angle, ..

"The power of pure consciousness settles in its own pure nature"

Or

The state of isolated unity in Prajna Paramita - "All Sages and Saints for thousands of years have lived from Prajna Paramita" - Heart Sutra of the Buddha - which becomes possible when the three gunas no longer continue because the Energy Blockages are totally transmuted and therefore exercise no hold over the Self.

Then your pure spiritual consciousness withdraws into an infinity of Chakras above the head, into the ONE.

So concludes the Sutras of Book Four

READ SATCHIDANAND'S WHOLE AMAZING ENERGY
ENHANCEMENT COMMENTARY...

The Yoga Sutras of Patanjali Commentary Satchidanand

Bookings: www.energyenhancement.org

"Now!! Here Are Complete Instructions on Enlightenment" After you have tried all the bad things and found they do not work - Here are complete instructions on how to attain your Infinite Peace. Yoga comes from Yoke. This Yoking or Union with the Higher self and the chakras above the head is Enlightenment.

By the loosening of the cause (of the bondage of mind to body) and by knowledge of the procedure of the mind-stuff's functioning, entering another's body is accomplished.

THE WHOLE WORLD IS CONTROLLED BY MEDITATION..

He who, due to his perfect discrimination - dis-crime-ination or sanskrit, Viveka, is the ability to transmute energy blockages and as they transmute and ground, so they go through the symptoms of the Gunas from Tamas, to Rajas, to Sattvic as the Negative Karmic Mass is grounded - The sword of discrimination is the ANTAHKARANA - the energy connection between all the chakras above the head through the body and below the base chakra to below the Center of the Earth, which feeds energy from higher to lower levels of the hierarchy - this discriminative energy blockage transmuting flow of energy if maintained is called Dharma Mega Samadhi.

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Dharma is the energy of the Soul!!

GOODNESS AND MERCY SHALL FOLLOW ME ALL THE DAYS OF MY LIFE AND I SHALL DWELL IN THE HOUSE OF THE LORD FOREVER..

"WHEN ALL ENERGY BLOCKAGES ARE GONE, ENLIGHTENMENT IS SURE TO FOLLOW" - Satchidanand